

Days 1-14

- **Keep your saniderm bandage on for up to 24 hours. If it loosens early or becomes compromised, do remove the dressing sooner. Your plasma will help to heal the tattoo but after 24 hours under saniderm it will “Go off”. If the dressing is breached, the plasma will “go off”.**
- **If cling film is used, leave on no longer than 2-8 hours, as this isn’t a breathable dressing and will be a problem if left too long.**
- **After 2 - 24 hours, you may remove your saniderm bandage (cling film, after 2-8 hours), carefully with clean, washed hands. If it sticks too much, carefully wet the bandage and remove it slowly.**
- **Once uncovered, gently clean your tattoo with mild warm water and a non-alcohol-based soap, then gently blot to dry. Do not scrub, rub, wipe, or scratch the treated area.**
- **Wash your tattoo 2 or 3 times per day for 14 days.**
- **After each wash, use aftercare ointment, Bepanthen or recommended product. Apply a thin layer 2-4 times per day to prevent your tattoo from drying out. If it feels dry and tight, apply the ointment. Be careful not to put too thick of a layer on. If you put the ointment on too heavy, you will lose colour and definition and get spots. Continue to apply a thin layer of ointment at least twice a day until you no longer have scabs.**
- **DO NOT double dip a tub of ointment. This means touching the tattoo, then touching the ointment. This is a no! Use clean hands and if you need to add more ointment, use a new finger for each dip, or re wash hands.**
- **Never peel or pick any part of your tattoo. If you do, you will lose colour, resulting in additional expense in re-colouring.**

DOs and DON'Ts

- **DO NOT use alcohol to clean your tattoo.**
- **DO NOT pick, peel, rub or scratch your tattoo.**
- **DO NOT let your tattoo dry out to the point of discomfort.**
- **DO NOT expose your tattoo to direct sunlight or tanning beds for at least two weeks. (After two weeks, you may use a sunblock of a minimal SPF 30 to prevent burning or colour fading of your tattoo.)**
- **DO NOT soak in the sauna, steam bath, bathtub, dams, rivers, or oceans for at least two weeks.**
- **DO NOT allow water to beat directly onto the tattoo while showering for at least one week.**
- **DO NOT expose the tattoo to chlorine—no swimming in pools or hot tubs.**
- **DO NOT wear makeup or apply any products other than the supplied ointment on the treated area.**
- **Allergic Reaction or Infection: It is rare, but there is a chance of allergic reaction or infection. If you are uncomfortable, please visit your physician for further information and inform your artist.**

ONCE HEALED:

- **Avoid hot steam showers as they can cause dehydrated skin and inflammation/cellular breakdown.**
- **After the healing period, always use a sunblock with SPF to prevent sun fading.**