

Strong Tower Bible Study

Agenda

Lesson #5

Time 6:00pm -7:30pm

Topic: The Power of the Holy Spirit

Welcome

Opening Prayer

Scripture text: Galatians 5:13-26

Life by the Spirit

¹³ You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love. ¹⁴ For the entire law is fulfilled in keeping this one command: “Love your neighbor as yourself.” ¹⁵ If you bite and devour each other, watch out or you will be destroyed by each other.

¹⁶ So I say, walk by the Spirit, and you will not gratify the desires of the flesh. ¹⁷ For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want. ¹⁸ But if you are led by the Spirit, you are not under the law.

¹⁹ The acts of the flesh are obvious: sexual immorality, impurity and debauchery; ²⁰ idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions ²¹ and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God.

²² But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, ²³ gentleness and self-control. Against such things there is no law. ²⁴ Those who belong to Christ Jesus have crucified the flesh with its passions and desires. ²⁵ Since we live by the Spirit, let us keep in step with the Spirit. ²⁶ Let us not become conceited, provoking and envying each other.

Things to know:

-The Holy Spirit is the third person of the Trinity.

-The Holy Spirit aids us in our Christian life.

-Without the Holy Spirit we cannot please God.

-The “Law” is the first five books of the Bible (Genesis, Exodus, Leviticus, Numbers, Deuteronomy) Also known as the Torah

Old Testament:

- **Ten Commandments**: Core moral guidelines (Exodus 20).
- **Ceremonial Laws**: Rules for worship, sacrifices, feasts, and purity (Leviticus).
- **Civil Laws**: Regulations for Israelite society.
- **Mosaic Law**: Showing how people sought acceptance through obedience.

New Testament:

Law of Faith/Christ/Spirit: The principle of salvation by faith and life in Christ, fulfilling the law through love (Romans 8, Galatians 5).

Law of Sin and Death: The bondage of sin (Romans 7).

-Before Jesus went to heaven, He told the disciples to put their missionary work on HOLD until the Holy Spirit arrived (Luke 24:49)

-The Holy Spirit enters the believer's life the moment of salvation and sets to about the work of producing spiritual fruit.

-Spiritual fruit is the outward expression of a transformed heart.

-For the Holy spirit to bring forth Christlike character we can't be passive bystanders.

-We must decide to make the wise decision to allow the Holy Spirit to lead us daily

Discussion Questions:

1. What are believers "Free from"? What is the warning to that freedom? Vs 13
2. How important is humility in your Christian journey? What is a quick way to tear down a congregation? Vs 14-15
3. How do we keep ourselves in check? Vs 16
4. What is the challenge believers face daily? What is the difference between being led by the spirit verses the law? Vs 16-17.
5. What do verses 19-21 look like in action? What is the consequence?

6. What do verses 22-24 look like in action?
7. How do we keep in step with the Holy Spirit? Vs 25
8. What is the air of caution for followers of Christ? Vs 26

Faith in Action

-Prepare for Lent season: “Lent is rooted in the biblical story of Jesus Christ’s 40 days of fasting and prayer in the wilderness, where He resisted temptation from Satan (Matthew 4:1–11). This period symbolizes spiritual purification and preparation, mirroring the 40 years the Israelites wandered in the desert before entering the Promised Land. *(see your attachments)*

Keep your fasting to yourself (Fasting is between you and the Lord)

Challenge of the Week:

Prepare for bed one hour early, prepare yourself to read Psalm 24. Meditate on how the Psalmist David expressed God’s faithfulness, Mercy, Protection, Guidance, Provision and Forgiveness. You have received everyone as well.

Scripture Application

Romans 8:14- How can you identify your brother or sister?

2 Corinthians 3:17-What freedom do we have in the spirit?

Acts 1:8-Who are we called to be?

Closing Prayer