**Strong Tower Bible Study**

**Agenda**

**Lesson 36**

**Time 6:00pm -7:00pm**

**Study Topic: Joy**

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Welcome

Opening Prayer

Scripture Text: Psamls 16:1-11

**Psalm 16**

**A *miktam*[**[**a**](https://www.biblegateway.com/passage/?search=Psalms+16&version=NIV#fen-NIV-14094a)**] of David.**

**1**Keep me safe, my God,
    for in you I take refuge.

**2**I say to the Lord, “You are my Lord;
    apart from you I have no good thing.”
**3**I say of the holy people who are in the land,
    “They are the noble ones in whom is all my delight.”
**4**Those who run after other gods will suffer more and more.
    I will not pour out libations of blood to such gods
    or take up their names on my lips.

**5**Lord, you alone are my portion and my cup;
    you make my lot secure.
**6**The boundary lines have fallen for me in pleasant places;
    surely I have a delightful inheritance.
**7**I will praise the Lord, who counsels me;
    even at night my heart instructs me.
**8**I keep my eyes always on the Lord.
    With him at my right hand, I will not be shaken.

**9**Therefore my heart is glad and my tongue rejoices;
    my body also will rest secure,
**10**because you will not abandon me to the realm of the dead,
    nor will you let your faithful[[b](https://www.biblegateway.com/passage/?search=Psalms+16&version=NIV#fen-NIV-14103b)] one see decay.
**11**You make known to me the path of life;
    you will fill me with joy in your presence,
    with eternal pleasures at your right hand.

**Things to know**

-The Lord will not with hold any good thing from his children

-Joy does not come from the world

-Happiness is temporary

-Joy is a gift from God

-Joy is a fruit of the Spirit.

-The JOY of the Lord is our Strength

**Discussion Questions:**

1. What are the many ways people “look for joy?
2. How can we distinguish the difference between happiness and joy?
3. How can we be tricked into “Joy”
4. Why was David filled with such worship?
5. What can we take away from David?

**Scriptures on Joy:**

Isaiah 12:3

3 John 1:4

Luke 1:47

Ecclesiastes 2:26

Luke 10:17

Romans 15:13

Philippians 4:4

**Closing Prayer**