Strong Tower Bible Study

Agenda

Lesson # 36

Time 6:00pm -7:30pm

Topic: Learning to Be Still

Welcome

Opening Prayer:

Scripture text: Psalm 46:10, And 1 Peter 4:12-19

Psalm 46:10 "He says, "Be still, and know that I am God;

I will be exalted among the nations,

I will be exalted in the earth."

1 Peter 4:12-19 "12 Dear friends, do not be surprised at the fiery ordeal that has come on you to test you, as though something strange were happening to you. 13 But rejoice inasmuch as you participate in the sufferings of Christ, so that you may be overjoyed when his glory is revealed. 14 If you are insulted because of the name of Christ, you are blessed, for the Spirit of glory and of God rests on you. 15 If you suffer, it should not be as a murderer or thief or any other kind of criminal, or even as a meddler. 16 However, if you suffer as a Christian, do not be ashamed, but praise God that you bear that name. 17 For it is time for judgment to begin with

God's household; and if it begins with us, what will the outcome be for those who do not obey the gospel of God? 18 And,

"If it is hard for the righteous to be saved, what

will become of the ungodly and the sinner?"

19 So then, those who suffer according to God's will should commit themselves to their faithful Creator and continue to do good.

Things to know:

- God does not want His children to stress
- Followers of Christ are called to glorify God daily, in speech, action, motive, and worship
- God allows our difficulties for His purpose in our lives
- First Peter encourages faithfulness while under oppression
- The Lord does not allow hardship in our lives without good reason
- God's holy people should lead distinctive lifestyles
- There is a purpose behind every trial, test, suffering, or tribulation

Discussion Questions:

1. How should believers perceive challenges, attacks and trials? Vs 12
2. Why are followers of Christ attacked with such force?
3. In what three ways can the believer respond to the trials of life? What will be revealed? Vs 13
4. What rests on the believer who is corrected for exhibiting Christ in their life? Vs 14
5. How does the unbeliever speak of God verses the believer? Vs 14
6. How are the believers of God called *not* to suffer for his name? Vs 15
7. What is the believer's posture in suffering? Vs 16
8. Who are judged *First*? When will they be judged? Vs 17
9. What will be the outcome for those who do not obey the gospel? Vs 18 10. What are believers called to commit to God? How? Vs 19

Faith in Action:

Read a scripture before making your first phone call

Turn off your notifications-Yes, the sound

Text a young person a prayer from your heart

Call someone who is struggling and pray with them

Challenge of the Week:

1. Speak victory over your situation all week. Example:
   (Lord, you said I have victory through Christ Jesus) **1 Corinthians 15:57**
   (Lord, you told me to Take heart because you have overcome the world and I am in you) **1 John 5:4**
   Lord, you said that you will fight for me so I will hold my peace) **Exodus 14:14**

2. Get dressed in the **Full Armor of God -Ephesians 6:10-18** *(If you need help getting dressed call a brother or sister for support.*

Scripture Application:

Psalm 34:19-What hope does the believer have?

Romans 8:28- How does this scripture encourage you in your walk with Christ?

James 1:2-4-Althought the process is not pleasant, what are you grateful for?

Closing Prayer: