

Strong Tower Bible Study

Agenda

Lesson #11

Time 6:00pm -7:30pm

Topic: Avoiding Spiritual Shortsightedness

Welcome

Opening Prayer

Scripture text: Genesis 25:19-34

Jacob and Esau

¹⁹ This is the account of the family line of Abraham's son Isaac.

Abraham became the father of Isaac, ²⁰ and Isaac was forty years old when he married Rebekah daughter of Bethuel the Aramean from Paddan Aram^[c] and sister of Laban the Aramean.

²¹ Isaac prayed to the Lord on behalf of his wife, because she was childless. The Lord answered his prayer, and his wife Rebekah became pregnant. ²² The babies jostled each other within her, and she said, "Why is this happening to me?" So she went to inquire of the Lord.

²³ The Lord said to her,

"Two nations are in your womb,
and two peoples from within you will be separated;
one people will be stronger than the other,
and the older will serve the younger."

²⁴ When the time came for her to give birth, there were twin boys in her womb. ²⁵ The first to come out was red, and his whole body was like a hairy garment; so they named him Esau.^[d] ²⁶ After this, his brother came out, with his hand grasping Esau's heel; so he was named Jacob.^[e] Isaac was sixty years old when Rebekah gave birth to them.

²⁷ The boys grew up, and Esau became a skillful hunter, a man of the open country, while Jacob was content to stay at home among the tents. ²⁸ Isaac, who had a taste for wild game, loved Esau, but Rebekah loved Jacob.

²⁹ Once when Jacob was cooking some stew, Esau came in from the open country, famished. ³⁰ He said to Jacob, “Quick, let me have some of that red stew! I’m famished!” (That is why he was also called Edom.^[1])

³¹ Jacob replied, “First sell me your birthright.”

³² “Look, I am about to die,” Esau said. “What good is the birthright to me?”

³³ But Jacob said, “Swear to me first.” So he swore an oath to him, selling his birthright to Jacob.

³⁴ Then Jacob gave Esau some bread and some lentil stew. He ate and drank, and then got up and left.

So Esau despised his birthright.

Things to know:

- Instant gratification is a trick from the enemy
- Giving up something excellent for something instant is foolish
- The name Jacob means “heel grabber”
- We are to avoid making decisions in times of (physical, emotional or spiritual weakness)
- Self-control is a virtue that God highly values -Galatians 5:22-23 ; 2 Peter 1:5-8

Discussion Questions

1. What kind of man was Issac Vs 21
2. What type of pregnancy did Rebekah have? Was it her fault? Why or why not? Vs 22

3. What was Rebekah's relationship with the Lord? How do we know?
4. Was God specific enough? Vs 23
5. How would this impact your parenting?
6. Do you believe Rebekah's parenting was impacted?
7. Do you see any spiritual significance based on her pregnancy, prayer and God's response? Vs 24-26
8. What made each son special? And why do you think Rebekah loved Jacob more? Vs 27-28
9. What made Esau behave in such an extreme manner? Vs 29-34

Faith in Action:

- Pray with someone in your contacts you have never prayed with before.
- Pay your tithes
- Set your alarm to pray at 12:00 noon
- Invite someone to Worship with you
- Tell three people about the Love of God through His Son Jesus Christ, who offers the gift of salvation to all who believe.

Challenge of the Week:

Before making any major decision, this week Seek the Word of God for wisdom **(Read one chapter in Proverbs each day).**

Scripture Application

James 1:2-4- How can we find joy during trials?

Proverbs 18:2-How can we refrain from being foolish?

Romans 12:2-What is the instruction? How is our mind renewed?

Closing Prayer