

THE ENERGY BUS

Buckle Up for an energizing, entertaining, and incredibly relatable workshop based on Jon Gordon's best-selling book, "The Energy Bus." This journey takes passengers into the story of a manager hitting rock bottom in his personal and professional life. You will join George, Joy and the others on the Energy Bus and learn the 10 Rules for the Ride of Your Life.

Used by businesses, governments, sports teams, and non-profits, the principles and practices provide leaders and teams practical tools to leverage Positive Energy to Drive Vision & Focus to achieve goals and eliminate energy vampires.




10 RULES to Fuel Your Life, Work and Team with Positive Energy

Passengers work through the 10 Rules and engage in meaningful exercises that transform the story into actionable take-aways to drive success and fulfillment - personally and professionally.

Key Discussions & Insights:

- Creating Positive Energy
- Overcoming Negativity
- Strengthening Teamwork
- Leading from the Heart
- Finding Joy & Fulfillment



 90 Min to 1/2 Day Session

 Sr Ldrs, Mgrs & Supervisors

 In Person or Virtual

More information about
our Solutions at:

soulardevelopment.com