



Why Should You Join Toastmasters?

Toastmasters is for Everyone

Become a Better Public Speaker. Members work through a series of educational programs (at their own pace) designed to improve their ability to write speeches, design presentations, and deliver them.

Who Joins Toastmasters?

Anyone over the age of 18 can join Toastmasters, provided they have the desire to improve their communication and leadership skills. Beyond that, Toastmasters members are a diverse group, spanning countries and cultures, and all socio-economic backgrounds.

52% of members are female

48% are male

82% have a college degree

20% Sales, Consulting, Self Employed

15% Finance & Insurance

12% Education

69% of members are between 35 to 49

36% have an advanced degree

18% Management

15% Government

20% Other

Overcome Public Speaking Fears. The most positive and supportive audience in the world is a Toastmasters club audience. Speaking regularly in front of a group helps you calm your nerves and communicate effectively.

"Practice" Presentations for Other Audiences. Everyone has different motivations for wanting to speak better. Maybe you want to hone your presentation skills for your career. Perhaps you want to be able to speak out in your volunteer organization. Maybe you want to complement your portfolio as an author, manager, or other professional with speaking gigs? Whatever the case, Toastmasters is a wonderful laboratory for you to practice your presentations and gain valuable feedback.

Gain the Confidence and Courage to Lead. Leadership and communication skills are intimately bound. Some might argue that leadership is nothing more than the ability to effectively communicate a vision. As your communication skills improve, your ability to lead will improve as well.

How to Join Toastmasters

1. Come to a meeting as a guest. We're here to help.
2. Join. Toastmasters' dues are inexpensive, particularly compared to other training options.
3. Commit yourself to excellence. Toastmasters is a program where you only get out in proportion to what you put in.

Learn more at: www.mountaintoastmasters.com

What is Toastmasters?

Toastmasters International is a nonprofit organization, dedicated to excellence in communication and leadership, comprised of over 250,000 members in over 106 countries, represented by over 12,500 clubs.

The Mountain Toastmasters club is affiliated with Toastmasters International, utilizing Toastmasters International's program and materials. The agenda of each Mountain Toastmasters meeting generally consists of:

Prepared speeches - Members are given opportunities to prepare, rehearse, and then deliver presentations in front of their fellow members.

Speech evaluations - Whenever you speak in Toastmasters, you receive helpful and supportive evaluations from your peers.

Impromptu speaking - Members practice speaking "off the cuff" for one or two minutes by responding to general topics of interest (table topics).

When Did Toastmasters Start? The first Toastmasters club was started by Ralph Smedley in Santa Ana, California in 1924 at a local YMCA to meet the need for speech and leadership training for young men. His initial "Ten Lessons in Public Speaking" still forms the core of the

Meeting Place and Time:

**Church of the Hills
28628 Buffalo Park Rd
Evergreen, CO**
**Meeting begins at 7PM sharp
2nd and 4th Monday of each month**