Tennis

at Anderson Hills Swim & Tennis Club

2021 SUMMER SESSION DATES

June 1 - 30 • July 5 - August 6

JUNIOR PROGRAMS

RED BALL AGES 5-8

Children learn fundamental tennis skills along with movement, balance, and coordination to build a foundation for future athletic development.

Monday	3:00-4:00 pm
Tuesday	9:00-10:00 am

ORANGE BALL AGES 9-12

Players transition to full court and work on quick, efficient movement while focusing on swing shapes, spin, rallying and serving.

Tuesday	4:00 - 5:00 pm
Wednesday	10:30-11:30 am

YELLOW BALL AGES 13-16

Players work on refining stroke shape and spin, using specific patterns, adapting movement and quick reaction while becoming more tactically aware of the opponent.

Monday	4:00-5:00 pm
Wednesday	11:30-12:30 pm

ADULT PROGRAMS

BEGINNER

Participants have little to no tennis playing experience and need instruction on basic techniques.

Monday	5:00-6:00 pm
Tuesday	10:00-11:00 am

ADVANCED BEGINNER

Participants improve court positioning and consistency while learning basic tactics for singles and doubles.

Tuesday5:0	0-6:00	pm
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INTERMEDIATE

Participants develop the use of lobs, overheads, approach shots and volleys and are seldom out of position in singles or doubles.

Monday 1	10:00-11:00 am
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^{*} Additional classes can be scheduled according to demand.

Cost/5-Week Session: \$80 AHSTC Members / \$100 AHSTC Non-members *Registration is due no later than 48 hours prior to the start of class.*

Private lessons also available. Contact Linda at 513-233-6806 or lvbstafford@mercyhealthplex.com for more information.





Reserve your spot today! Name: _____ DOB: ____ Address: Phone: Email: Are you currently enrolled in a Mercy HealthPlex Tennis program? ☐ Yes: What level? ____ ПΝο Choose Your Session(s) ☐ JUNE 1 – 30 ☐ JULY 5 – AUGUST 6 **Choose Your Class(es) JUNIORS ADULTS** RED BALL ☐ Mon 3pm ☐ Tue 9 am BEGINNER ☐ Mon 5pm ☐ Tue 10am ORANGE BALL ☐ Tue 4pm ☐ Wed 10:30am ADV. BEGINNER ☐ Tue 5pm YELLOW BALL ☐ Mon 4pm ☐ Wed 11:30am INTERMEDIATE ☐ Mon 10am * Note: You are committing to the same day each week for the length of the session. Fee is for one class per week. Classes require a minimum of 3 players to run and a max of 8 players. **Payment** Payment: ☐ Visa ☐ MasterCard ☐ AMEX Card #: _____ Expiration Date: Name on Card: _____ Cardholder Signature: Date:

Drop off, mail or email completed form at least 24 hours before the start of class:

Linda Van B. Stafford Mercy HealthPlex Anderson 7495 State Road Cincinnati, OH 45255 Ivbstafford@mercyhealthplex.com