

St. Joseph Catholic School

2026-2027 Athletics

Parent/Athlete Handbook

Let's Go Cardinals!



Mr. Dominguez – Athletic Director

Mr. Yarbrough- Head Coach

Ms. Kim- Head Coach

Miss Heather- Assistant Coach

Miss Scarlett- Assistant Coach

Ms. Stephanie- Assistant Athletic Director

Mission of St. Joseph Athletics

The mission of St. Joseph Catholic School Athletics is to develop student-athletes who strive for excellence in faith, academics, sportsmanship, and competition. Athletics are an extension of the classroom and provide opportunities for students to grow spiritually, mentally, physically, and socially while representing St. Joseph Catholic School with integrity. Participation in athletics is a privilege, not a right. Student-athletes are expected to uphold the values of St. Joseph Catholic School at all times, both on and off campus.

Student-Athlete Expectations

Student-athletes are expected to:

- Demonstrate Christian character both on and off the playing field.
- Treat teammates, opponents, coaches, officials, teachers, and spectators with kindness and respect.
- Display good sportsmanship in victory and defeat.
- Represent St. Joseph Catholic School in a positive manner at all times.
- Follow all school rules and team rules.
- Respect school property, athletic facilities, and equipment.
- Encourage teammates and create a positive team environment.
- Use appropriate language and behavior during all athletic events.

Students are ambassadors of St. Joseph Catholic School. Their actions should always reflect the values and teachings of our Catholic faith.

Behavioral Expectations

Student-athletes are expected to model respectful behavior throughout the school day.

Students may be placed on **Behavioral Probation** for:

- Repeated classroom disruptions.
- Disrespect toward teachers, staff, coaches, classmates, officials, or opponents.
- Unsportsmanlike conduct.
- Violations of the Student Handbook.
- Poor behavior reports from any classroom teacher.
- Conduct that negatively reflects on St. Joseph Catholic School.

Behavioral probation may include restrictions from practices, competitions, or other athletic activities as determined by the Athletic Director and Administration. Repeated or serious behavioral concerns may result in suspension or dismissal from a team.

Sportsmanship

St. Joseph Catholic School expects exemplary sportsmanship from all athletes, coaches, parents, and spectators. Unsportsmanlike behavior including taunting, profanity, disrespect toward officials, fighting, or intentionally attempting to injure another participant will not be tolerated. Athletes should remember that they represent Christ, their family, their school, and their teammates at every event.

Academic Eligibility

Academic success is the first priority of every student-athlete. Student-athletes are expected to maintain satisfactory academic progress in all classes. A student earning a grade of **70% or below** in any class will be placed on **Academic Probation**.

Academic probation includes the following:

- The student will have **one school week** to improve the grade above 70%.
- During probation, the student may continue to practice and participate unless otherwise determined by school administration.
- If the grade is not raised above 70% by the end of the probation period, the student will become **athletically ineligible** until the grade is brought back above 70%.
- Eligibility will be reviewed by school administration.

The goal of academic probation is to help students prioritize their education while continuing to encourage personal growth and responsibility.

Attendance

Student-athletes are expected to attend school regularly. Students who are absent from school may not participate in practices or games unless prior approval is granted by the administration. Students are expected to arrive at practices and games on time. Repeated tardiness or unexcused absences from practices may result in reduced playing time or additional disciplinary action.

Uniforms and Equipment

Athletes are responsible for properly caring for all school-issued uniforms and equipment. Uniforms must be returned promptly at the conclusion of the season in good condition, excluding normal wear. Families may be financially responsible for lost, damaged, or unreturned equipment.

Parent Expectations

Parents are expected to model Christian sportsmanship by:

- Supporting coaches and officials.
- Encouraging all student-athletes.
- Displaying respectful behavior toward players, coaches, officials, and spectators.
- Addressing concerns through appropriate communication with coaches and administration.
- Refraining from negative comments toward athletes, coaches, officials, or opposing teams.

Positive support from families contributes to a successful athletic experience for every student.

Required Forms

Before participating in athletics, each student-athlete must have all required paperwork on file with the school. Required documents include:

- Current Athletic Physical
- Medical Information Form
- Emergency Contact Information
- Parent/Guardian Consent Form
- Insurance Information
- Concussion Acknowledgement (if applicable)
- Any additional forms required by St. Joseph Catholic School or the governing athletic association.

Students may not participate until all required documentation has been received and approved.

Athletic Participation

Participation in athletics is a privilege that carries responsibility.

Student-athletes who consistently demonstrate academic success, good citizenship, Christian character, and respect for others help strengthen the tradition and reputation of St. Joseph Catholic School.

Together, we strive to honor God through competition while developing the whole student—mind, body, and spirit.

Parent / Athlete Acknowledgement

I _____ have read and understood the
Parent/Athlete handbook. I understand athletics are a privilege and can be taken
away at anytime.

_____ I understand I must uphold the image of St. Joseph

_____ I understand I must keep my grades in good standing

_____ I understand my athletic privileges maybe taken away for behavior

Athlete Signature

Parent Signature

Parent Signature

Date