


OCTOBER 2023



	2 Spaghetti Salad Garlic Bread Fresh Fruit Milk	3 Chicken Noodle Soup Vegetables Cheese Crackers Treat Milk	4 Pepperoni or Cheese Salad Fresh Fruit Cookie Milk	5 Cheese Omelet Fried Potatoes Ham Fresh Veggies Fresh Fruit Milk	6 Grilled Cheese Tomato Soup Cheese Salad Fresh Fruit Milk	7
8	9 Corndogs Savory Potatoes Fresh Veggies Fresh Fruit Treat Milk	10 Chicken Spaghetti Greenbeans Garlic Bread Cheese Fresh Fruit Milk	11 Sausage or Cheese Salad Fresh Fruit Cookie Milk	12 	13 Pasta Alfredo Salad Garlic Bread Cheese Fresh Fruit Milk	14
15	16 Meatloaf Mashed Potatoes Greenbeans Dinner Roll Fresh fruit Milk	17 Chicken Enchilada Rice Chips & Queso Lettuce & Cheese Fresh Fruit Milk	18 Pepperoni or Cheese Salad Fresh Fruit Cookie Milk	19 NO SCHOOL FALL BREAK	20 NO SCHOOL FALL BREAK	21
22	23 Sloppy Joes French Fries Lettuce & Cheese Fresh Fruit Milk	24 Orange Chicken Vegetables Fried Rice Fresh Fruit Fortune Cookie Milk	25 Sausage or Cheese Salad Fresh Fruit Cookie Milk	26 Scrambled Eggs Hash Browns Bacon Scrambled Eggs Milk	27 Cheese Ravioli Salad & Cheese Dinner Roll Fresh Fruit Milk	28
29	30 Cheeseburger Soup Vegetables Crackers & Cheese Fresh Fruit Treat Milk	31 Oven Fried Chicken Mashed Potatoes Greenbeans Dinner Roll Fresh Fruit Milk	