How to Help Someone

- Reach out to your friends or family to let them know you care.
- Do not judge or criticize.
- Believe them and take the time to listen.
- Don't pressure your friend to leave.
- Respect your friend's decisions.
- Ask how he can help/support them.
- Help your friend make a safety plan.
- Agree on a secret code word that can be used in an emergency.

Mission and Services

La misión de STOPDV es mejorar la seguridad de las víctimas de violencia doméstica y aumentar el acceso a los recursos para los sobrevivientes.

We provide court advocacy, safety planning, and support to survivors of domestic violence, along with legal services while their cases are active.



matching funds **Program Sustainability**

filing fees, funds to change locks, subpoena/witness fees, private process server fees

Your financial support

Victim costs for divorce

(501)764-6401 wecanstopdv.org (800)799-7233

TELEPHONE WEB DIRECT LINE



SUPPORTING SURVIVORS OF DOMESTIC VIOLENCE



Domestic Violence...

IT IS NOT THE FAULT OF THE VICTIM

The perpetrator is responsible for their behavior and is the only one who can stop the abuse.

IT'S ABOUT POWER AND CONTROL.

Perpetrators use intimidation, isolation, as well as control devices and/or manipulate the legal system to maintain dominance in the relationship.

IT'S NOT JUST PHYSICAL ABUSE.

There are many forms including, but not limited to, emotional, verbal, spiritual, and/or financial abuse.

IT IS A PATTERN OF BEHAVIOR.

It is not an isolated incident, but a series of events. The relationship may not be bad all the time, but it usually gets worse.

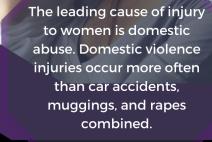
IT IS NOT CAUSED BY ANGER, ALCOHOL USE, OR MENTAL HEALTH PROBLEMS.

The perpetrator is responsible for their behavior and is the only one who can stop the abuse.

Safety Planning

Leaving an abuser is the most dangerous time for a victim of domestic violence. Here are some items to consider when creating a security plan.

- Tell someone you trust what is happening.
- Open a checking or savings account and/or credit card in your name to establish or increase your independence.
- Leave money, an extra set of keys, copies of important documents, extra medicine, and clothes with someone you trust, so you can leave quickly.
- Determine who would let you keep them or lend you money,
- Keep hotline and shelter numbers available.
- If you have a protection order, carry it with you at all times.





Important Numbers

The Rise House: (866) 358-2265 DV National Hotline: (800) 799-7233 Women and Children First: (800) 332-4443



Ways to Give

Text 'StopDV19' al 44-321 www.paypal.me/fcdvp



Connect with Us

Facebook: StopDV Instagram: @stopdvproject Website: wecanstopdv.org