

2023

ADCES IL & IN CBs 9th Annual Symposium

Annual Never Stop Exploring: Celebrating 50 Years of Diabetes Care and Education

Illinois Coordinating Body
Invites you to our
Annual Diabetes Conference
Thursday, November 2, 2023
Time: 7:30AM-4PM
Illinois State University Alumni Center
Normal, IL

Registration Link
<https://www.diabeteseducator.org/event/11CBNOV23>
\$75 members · \$100 non-members
\$50 retirees and \$25 students (no CE for students)

REGISTRATION LINK:

9th Annual Diabetes Symposium: You're Golden: Celebrating 50 Years of Excellence with Illinois ADCES LINK below

<https://www.diabeteseducator.org/events/unlisted-detail/9th-annual-diabetes-symposium-you-re-golden-celebrating-50-years-of-excellence-with-illinois-adces>

Learning Outcomes:

To improve knowledge and skills related to diabetes medications, working with diverse populations, understanding the connection between mental health and diabetes, advocacy, creating and strengthening diabetes programs, and the gut microbiome. Attendees should anticipate a better understanding of these topics.

Target Audience:

This is a knowledge-based activity designed for individuals interested in diabetes education, including RNs, RDNs, Pharmacists, Nurse Practitioners, Physician Assistants, Physicians, Clinical Nurse Specialists, and other health care providers interested in staying up to date on current practices of care of patients with diabetes and cardiometabolic health.

Requirements for successful completion:

Successful completion of full conference schedule and completion of online evaluation at the conference conclusion.

The Illinois State University Alumni Center, located at 1101 N. Main in Normal, IL

Find us at [1101 N. Main Street, Normal IL 61761](https://alumni.illinoisstate.edu/resources/alumni-center/).

<https://alumni.illinoisstate.edu/resources/alumni-center/>

<https://alumni.illinoisstate.edu/resources/alumni-center/directions/>

Symposium Schedule of Events

7:00-7:30 Set-Up and Vendor Check-in

7:30-8:00 Registration, Vendors, Breakfast

7:50-8:00 Welcome

8:00-8:30 CE 0.5: **ADCES Advocacy: Why, What, How**

Speaker: **Gayle Jennings, RDN, BC-ADM, CDCES, LDN**

Learning Objectives:

- Identify ADCES's 2023 advocacy priorities.
- Describe how diabetes care and education specialists can advocate for legislative changes.

8:35-9:35 CE 1.0: **Bridging gaps: Meeting unique needs of diverse patient populations**

Speaker: **Lorena Drago, MS, RDN, CDN, CDCES**

Learning Objectives:

- Define cultural competency.
- Summarize key factors for providing cultural competency care.
- Compare and contrast different cultural competency models.
- Design a new campaign to reach Hispanic women.

9:35-10:00 Vendors, Posters, and Networking

10:00-11:00 CE 1.0 **Diabetes and the Microbiome**

Speaker: **Kim Kelly, PharmD, BCPS, FCCP**

Learning Objectives:

- Describe the functions, architecture and structural aspects of the gut microbiome.
- Describe the role of the gut microbiome in the development of the immune system.
- Describe at least one proposed mechanism whereby the microbiome has been implicated in type 1 and type 2 diabetes.
- Describe the role of the microbiome in diabetes co-morbid conditions; cardiovascular risk and depression.

11:00-11:15 Awards

11:15-11:25 Vendor Introductions

11:30-12:30 Lunch, Vendors, Posters

12:30-1:30 CE 1.0: **Working with patients with diabetes and mental illness: Stigma, patient-centered care, and practical strategies**

Speaker: **Jay Hamm, PsyD, HSPP**

Learning Objectives:

- Demonstrate knowledge of diabetes healthcare disparities for individuals diagnosed with serious mental illness.
- Identify two primary ways stigma of mental illness contributes to these disparities.
- Describe basic practice strategies for patient-centered approach to individuals with diabetes and mental illness.

- Enhance understanding of considerations for referral to and collaborations with additional mental health services.

1:35-3:05 CE 1.5: **It's a Whole New World: The 2023 Diabetes Medication Update**

Speaker: **Sue Cornell, PharmD, CDCES, FAPhA, FADCES**

Learning Objectives:

- Summarize recent changes to the American Diabetes Association and the American Association of Clinical Endocrinology Management of Hyperglycemia in Type 2 Diabetes.
- Discuss the rationale regarding therapeutic decision making when selecting medication therapy for people with type 2 diabetes.
- Explain adverse effect considerations when recommending therapies for people with type 2 diabetes.

3:05-3:15 Stretch Break-ADCES 50th Anniversary Cupcakes!

3:15-4:15 CE 1.0: **Keys to a successful DSMES program**

Speaker: **Sacha Uelman, RDN, CDCES**

Learning Objectives:

- Explain DSMES in Illinois and the 4 critical times.
- Summarize the 2022 National Standards for DSMES and ADCES Interpretive Guidance.
- Discuss the sustainability and the value of DSMES.
- Describe billing and reimbursement for DSMT through Medicare, Medicaid and others.

4:15-4:30 Closing Remarks

4:30-5:00 Clean Up

ADCES IL CB HAS APPLIED FOR 6.0 HOURS of CONTINUING EDUCATION CREDITS FROM ADCES

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Where can you stay? ACCOMMODATIONS for Tuesday, November 1, 2023---Book your room by 10/23/2023



Holiday Inn Bloomington - Normal 8 Traders Circle, Normal, Illinois 61761

HURRY!!! Here is the booking link for the group YOU have until Oct 23rd, 2023 to book it to get the rate of \$129 Thank You <https://tinyurl.com/2tjdbfwp>

Hotel Directions: <https://www.google.com/maps/@40.5361129,-88.9969419,19z?entry=>

Who are our Speakers for the ILLINOIS CB ANNUAL SYMPOSIUM 11-02-2023?

Program Learning Outcomes:

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Title: **ADCES Advocacy: Why, What, How**

Speaker: Gayle Jennings, RDN, BC-ADM, CDCES, LDN

Gayle has been working in the field of Nutrition and Dietetics for over 20 years. She completed training as a Certified Diabetes Care and Education Specialist in 2012 and a Board-Certified Advanced Diabetes Management in 2017. She has a special interest in working with those interested in diabetes management, weight loss or management, and other medical nutrition-related concerns. She also specializes in Medical Nutrition Therapy and Intensive Behavioral Therapy for Obesity. She has served the ILCB for the past 10+ years and currently serves as the Illinois CB's Chair of Advocacy.



Title: **Bridging gaps: Meeting unique needs of diverse patient populations**

Speaker: Lorena Drago, MS, RDN, CDN, CDCES

Lorena Drago is a registered dietician with experience in nutrition and diabetes education, cultural competency and health literacy to health care professionals, organizations, and people with diabetes. She is owner of the Hispanic Foodways in Forest Hills, New York. She customizes, implements, delivers, and evaluate culturally appropriate diabetes self-management programs. She is an author of consumer and health care professional publications in nutrition, multicultural diabetes management, health literacy and Hispanic/Latino health. Ms. Drago has held various national and state leadership roles. This includes involvement with the Association of Diabetes Care and Education Specialist. In 2019, she was the program committee chair of the Annual Meeting of the ADCES and is currently the Chair of the ADCES Inclusion Council. She is also the Department Editor in the ADCES In Practice Journal. <https://lorenadrago.com/>



Title: **Diabetes and the Microbiome**

Speaker: Kim Kelly, PharmD, BCPS, FCCP

Dr. Kelly is President of Kelly Diabetes Associates, LLC. He was formerly an Associate Professor of Medicine and Pharmacology at the University of Missouri, School of Medicine in Kansas City. His responsibilities included Director of the Metabolic Support Service at Truman Medical Center, President of the American College of Clinical Pharmacy (ACCP), and Chairman of the Board of Directors of the ACCP Research Institute. He joined LifeScan, Inc. in 1992, where his responsibilities included Director of Professional & Government Affairs, and Director, Diabetes Programs. He was the founding Director of the Johnson & Johnson Diabetes Institute for North America and served in that position until March 2009. Dr. Kelly's research and experience includes a number of publications, participation on editorial boards and review panels of several journals, and various committees of professional organizations. He currently serves as a consultant to several companies on issues related to diabetes care and marketing strategy. In addition, he also serves as faculty for Children with Diabetes and serves on the Board of the College Diabetes Network. Kelly KL, Klinger S. Diabetes and Gut Health: From Pathophysiology to Use of Various Biotics. ADCES in Practice. 2023;11(3):20-29. doi:10.1177/2633559X231166930



Title: **Working with patients with diabetes and mental illness: Stigma, patient-centered care, and practical strategies**

Speaker: Jay Hamm, PsyD, HSPP

Dr. Hamm is an experienced Clinical Psychologist established in Indianapolis, Indiana with more than 11 years of experience and a demonstrated history of working in public sector settings. His clinical practice is focused on the provision of recovery-oriented psychotherapy to adults diagnosed with psychosis and other severe mental health difficulties. Experienced clinical supervisor of graduate students and multidisciplinary mental health staff. Scholarship interests include metacognition, psychosis, and recovery.



Title: *It's a Whole New World: The Diabetes Pharmacotherapy Update*

Speaker: Susan Cornell, PharmD, CDCES, FAPhA, FADCES

Dr. Cornell is associate director of experiential education and associate professor of pharmacy practice at Midwestern University Chicago College of Pharmacy. She is also a diabetes care and medication management provider at the Bolingbrook Christian Health and Will-Grundy medical clinics, where she trains and supervises students as they provide diabetes education and medication management for patients in underserved communities. Dr. Cornell has received numerous awards in community service and teaching. She is also an active member of the American Diabetes Association and the Association of Diabetes Care and Education Specialists (ADCES), where she served on the board of directors from 2004 to 2007. In addition, she has served as editor and author for several peer reviewed journal articles and/or book chapters and has provided multiple radio and web interviews. Dr. Cornell is the current associate editor of the Association of Diabetes Care and Education Specialists Diabetes Desk Reference.



Title: *Keys to a successful DSMES program*

Speaker: Sacha Uelman, RDN, CDCES

Director of Diabetes Education and Prevention Programs for Association of Diabetes Care & Education Specialists

Sacha has a BA in Sociology from the University of Michigan and BS in Dietetics and Nutrition from Eastern Michigan University. She obtained her CDE in 2010. Since 2019, Sacha has been the Director of Diabetes

Education and Prevention Programs at ADCES.

Education Committee
Education Co-Chairs

Jennifer Rosselli, PharmD, BCPS, BCACP, BC-ADM, CDCES
Sneha Srivastava, PharmD, BCACP, CDCES, DipACLM
Nurse Planner: Iori Iocca, APRN, MS, CDCES

Members:

Becky Antonacci · Starlin Haydon-Greatling · Gayle Jennings ·
Raja Hanania

Disclosure for no conflict of interest from planners or presenters:
Becky Antonacci is an employee of Novo Nordisk
Kim Kelly is a consultant for Pendulum Therapeutics
Sue Cornell is speaker and consultant for Novo Nordisk and
Consultant for Sanofi and Bayer
Sneha Srivastava is a Speaker for Xeris Pharmaceuticals