

## LIGHTHOUSE COUNSELING SERVICES

### “BRINGING HOPE AND DIRECTION DURING STORMY TIMES”

**JOHN LUCAS**, M.S., M.F.T. is a licensed therapist (#36679) working within the practice of Lighthouse Counseling Services. Mr. Lucas has over 3000 supervised hours and has been a member in good standing of CAMFT for the last 26 years. John has been practicing in this area for the last 24 years. John Lucas earned a Bachelor of Science degree at Biola University. Mr. Lucas did his postgraduate work at Talbot Seminary and San Diego State University and graduated with a Master of Science degree in Counseling.

**CONFIDENTIALITY:** The therapy relationship is a professional and confidential relationship enforced by legal and ethical standards. With a few important exceptions, all material is confidential and not released without your written consent. Ethically and legally, however, if there is a reasonable possibility of harm to you or to others, the therapist is responsible to inform the appropriate parties. Also, the state of California requires that if there is reasonable suspicion of child, dependent or elder abuse, this must be reported as soon as possible to the appropriate agencies. This will result in an investigation to determine if the law has been broken and if legal action is warranted.

**RELEASE OF INFORMATION TO THE HEALTH PLAN:** If you choose to use a health plan you are allowing the release of personal information to the health plan including personal history, a mental health diagnosis, and any other relevant information for the purpose of reimbursement.

**THERAPY:** The client plays a major role in the success of therapy. The purpose of therapy is to improve one's life. Therapy is not always successful. It can also be difficult and uncomfortable at times and it can get worse before it gets better. If the client is a minor, a parent or legal guardian's signature is necessary to consent for therapy. In couple's counseling the couple is the client and in family therapy the family is the client. The client and the therapist may terminate therapy at any time. The therapist may terminate therapy if he or she believes it is in the best interest of the client. Both parties may terminate therapy without explanation. I have read and understand the above information and consent to therapy.

Signature: \_\_\_\_\_ Date : \_\_\_\_\_