

GIRL GET OUT THE HOUSE
PRESENTS THE

Rich Black Auntie Experience

RESERVE YOUR STAY NOW

Luxury Healing Retreat For Women Hosted in Atlanta, Georgia

Are you tired of putting everyone else's needs before your own? Do you find yourself yearning for love, peace, and happiness, yet struggling to prioritize your health and well-being? The constant hustle leaves you drained, the toxic cycles repeat, and the regret of not investing in yourself looms over you like a shadow.

Retreat dates: November 7-10th 2024

[SECURE YOUR SPOT](#)

It's Time For Self-Care and Personal Growth

In the whirlwind of your bustling life and the pursuit of your thriving business, raising kids, navigating relationships, and everything in between, it's all too common to neglect the most important person in the equation—you. At the Rich Black Auntie Experience, we provide a sanctuary for self-care, healing, and personal transformation.

Our retreat is a harmonious blend of personal development, mindfulness, and wellness activities designed to help you regain your equilibrium and rediscover your inner balance. It's a holistic approach that empowers you not only to succeed but to thrive while effortlessly aligning with your higher self.



**Make each day count by
putting yourself first.**

Healing starts here Sis



Self-Care & Success

You deserve the complete TLC package.

We firmly believe that success is not solely about achievement—it's about the power of visualization, the wisdom of mindfulness, and the grace of alignment. These are the cornerstones of your journey at our retreat, where healing, business, and self-care converge in a unique and unparalleled experience.

We' put together a 4-day itinerary that integrates business elevation with personal growth and self-care. Check it out:

- **Powerful Workshops:** Immerse yourself in transformative coaching sessions that will elevate both your business and personal growth. Gain insights, strategies, and tools to take your success to new heights.
- **Self-Care Oasis:** Take the time to rejuvenate, reflect, and co-create with yourself. Our retreat provides you with the perfect environment to rest and recharge, ensuring you return to your daily life with renewed vigor.
- **Mindfulness Practices:** Dive into mindfulness practices and meditation techniques that will help you access your inner wisdom, reduce stress, and foster a deeper connection with your authentic self.

A Retreat Like No Other

The Rich Black Auntie Experience is not just another retreat; it's a life-altering experience designed exclusively for women like you. It's a journey that will leave you transformed, with a clear vision of your empowered, higher self.

It's time to invest in yourself, your success, and your well-being. Join us for a retreat that harmonizes business and pleasure, where every moment is an opportunity to grow, heal, and flourish.

What You Can Expect:



Thursday: Arrival and Welcome:

You'll get settled in and have time to check out the area before the welcome dinner and after party!



Friday: Empowerment and Communication

You'll have a full day of brunch, workshops, solo time, followed by a night of fun!



Saturday: Wellness and Giving Back

Today is all about your health and wellness! And we'll end the day with our last party of the weekend!



Sunday: Reflection and Farewell

We'll wrap up our time together with a morning stretch and meditation exercise, to set our intentions going forward.

Just Throw It In The Bag



A Weekend to Remember

You get to choose you this weekend Sis. This retreat is meant to reawaken your spirit, reignite your passion, and rediscover your purpose.



Wine and Dine

You deserve a relaxing break with good food, good people, and good vibes.



420 Friendly

We believe in holistic healing, and you will find infused specialty treats for you enjoyment.



Build lasting connections with a supportive community of high-achieving women.

You deserve a life filled with love, peace, and happiness. The journey begins with you. Don't wait another day to put yourself first.



Who We Are



Coach Libra is the Founder and CEO of Fitmom Fitness Situation, LLC. She strives to enhance the lifestyle of women who feel stuck, trapped and unhealthy! She has a strong desire to help women change their lifestyle!

Coach Libra J Hicks



Angela is the founder and CEO of Back To Her, a Digital and Brand Marketing Specialist, and she teaches women how to create profitable digital products and services using digital and content marketing.

Angela M Mitchell



Idalia is the founder of Dignify A Diva, Inc. where she reconnects women and girls to their personal strength and dignity to help them achieve a happy and successful life!

Idalia Blopleh

SPOTS ARE LIMITED

Ready to invest in yourself and experience a retreat like no other?
There are only 20 spots available so reserve your spot now.

Don't let this opportunity slip away. Join us at the Rich Black Auntie
Retreat Experience from November 7th to November 10th, 2024.

Reserve Your Spot Now

You deserve a life filled with love, peace, and happiness. The journey
begins with you. Don't wait another day to put yourself first.

See you soon —
We'll be waiting for you.

