



PAVLIK
FOUNDATION
ANNUAL REPORT, 2024



The Pavlik Foundation

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We are pleased to present the inaugural Annual Report for The Pavlik Foundation, reflecting on our activities and achievements in 2024. Established in 2021 by Sarah and Ian Pavlik, alongside their children Sophie and Alex, our family-run charity is committed to enhancing food security and educational opportunities for youth in Barrie, Ontario. We were inspired to launch our own initiative in 2024 – the kids pantry program.

WELCOME MESSAGE FROM THE BOARD CHAIR

Dear Friends and Supporters,

Over the past few years, our family has dedicated considerable time collaborating with local organizations deeply committed to addressing food insecurity in our community. Through these partnerships and our own experiences, we identified a significant gap: children facing food insecurity lacked consistent access to nutritious food during weekends. Recognizing this critical unmet need, we were inspired to launch our own initiative—the Kids Pantry program.

In 2023, we proudly supported pilot initiatives that align with our mission, including Psychoeducational Assessments through Glowing Hearts and the School Fuel program led by the Barrie Food Bank. Additionally, we began contributing to the Good Food Box's "Pay It Forward" (delivered by the Canadian Mental Health Association) initiative, enhancing healthy food access for local families.

Ensuring sustainability is central to our foundation's vision. Since establishing The Pavlik Foundation in 2021, we have committed to providing ongoing support to core programs while thoughtfully managing our resources. Our goal is to continue funding critical initiatives and sustainably expand Kids Pantry, creating lasting impacts for children and families in Barrie.

We deeply appreciate the support of our community partners, dedicated volunteers, generous donors, and everyone who joins us in this essential work. Together, we are nourishing minds and bodies and positively transforming lives.

With heartfelt appreciation,

Sarah Pavlik, Board Chair, The Pavlik Foundation

ABOUT THE PAVLIK FOUNDATION

Founded in 2021, The Pavlik Foundation is a family-operated charity based in Barrie, Ontario. Our mission is to combat food insecurity and enhance educational opportunities for youth. We believe in being responsive to the needs of our community, ensuring that everyone can achieve their goals, regardless of their background or circumstances.



Introduction to Kids Pantry

In 2024, we identified a critical gap in weekend food support for children experiencing food insecurity. To address this, we launched the Kids Pantry program, which is focused on providing nutritious weekend food hampers to children in select schools across Barrie. By ensuring access to healthy, balanced meals during weekends—when school meal programs are unavailable—we support children's physical development and their ability to focus and learn in the classroom.

PILOT PROGRAM (September–December 2024)

The pilot phase of Kids Pantry commenced in September 2024 at one school, serving 12 children identified as needing extra support by the principal and teachers. Each child received a discreet backpack every Friday, containing nutritious food items tailored to their dietary needs. This initiative ensured that the child did not go hungry over the weekends, promoting better academic and social outcomes.



LOOKING AHEAD (Expansion Plans)

Encouraged by the pilot's success, we plan to expand Kids Pantry as follows:

- **JANUARY 2025:** Add 10 children to the program, totaling 20 participants at 1 school.
- **SEPTEMBER 2025:** Introduce the program to a second school, adding 10 more children.
- **JANUARY 2026:** Introduce the program to a third school, adding 10 more children.

Our goal is to continue this growth trajectory, contingent upon available funds and volunteer support, to ensure more children benefit from the program.

COMMUNITY SUPPORT AND PARTNERSHIPS

While Kids Pantry is our flagship program, we recognize the importance of supporting initiatives that align with our mission. In 2024, we provided financial support to the following programs:



Psychoeducational Assessments (Glowing Hearts Charity)

A donation of \$5,000 to assist youth in acquiring assessments necessary to promote their individual learning abilities.



**PSYCHOEDUCATIONAL
ASSESSMENTS**
\$5,000



Simcoe County Regional Science Fair

Contributed \$800 to support math awards, the Love of Science Award, and administrative costs, encouraging youth interested in STEM subjects.



**SIMCOE COUNTRY
REGIONAL SCIENCE FAIR**
\$8,00



Good Food Box (Urban Pantry/CMHA)

Donated \$15,000, equating to 750 boxes, supporting 150 families for five months. Each box, costing \$20, contains approximately 30 lbs of fresh produce, improving access to healthy food.



GOOD FOOD BOX
\$15,000



**SCHOOL FUEL
PROGRAM**
\$15,000



School Fuel Program (Barrie Food Bank)

Provided \$15,000 to support snack programs across 26 schools, addressing child hunger and enhancing students' ability to learn and thrive.



FINANCIAL SUMMARY

Our commitment to transparency is reflected in our financial allocations for 2024:

- **Kids Pantry Program:** \$10,500 for the pilot phase, supporting 12 children.
- **Psychoeducational Assessments:** \$5,000.
- **Simcoe County Regional Science Fair:** \$800.
- **Good Food Box Program:** \$15,000.
- **School Fuel Program:** \$15,000

Amount Spent on Charitable Activities: \$46,300

Amount Spend on Administration and Overhead*: \$4,627.34

*Legal and accounting fees, website hosting, promotional assets and bank charges.

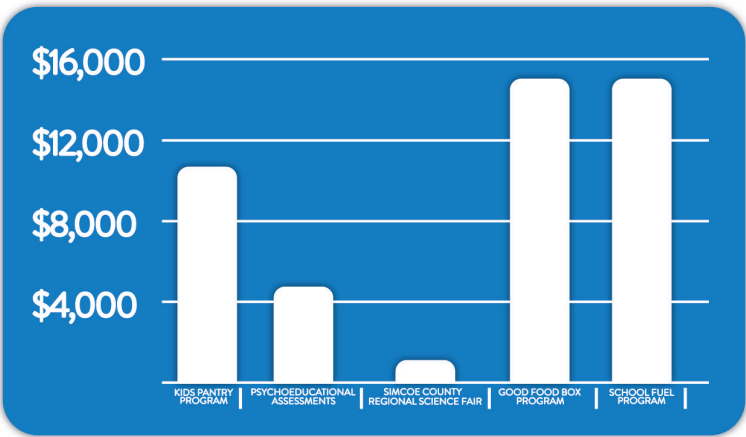
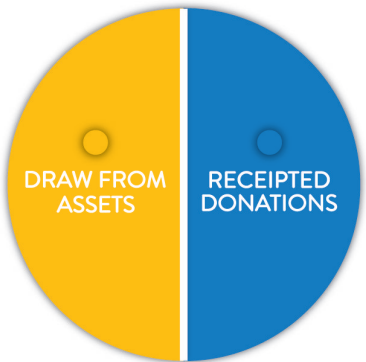
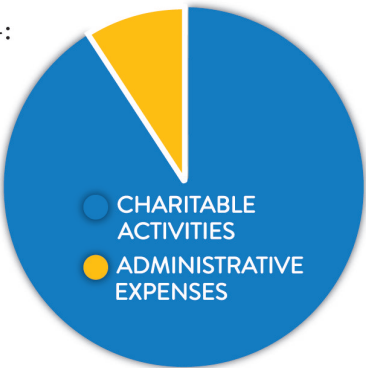
Total Expenditures: \$50,927.34

Total of Receipted donations: \$25,093.85

Amount drawn from invested assets: \$25,833.49 (5.3%).

The Foundation currently has nearly \$485,000 in invested assets.

To ensure the Foundation's sustainability, we aim to donate a minimum of 3.5% of our asset value annually to fundamental programs, while raising additional funds to maintain and grow the Kids Pantry program.



COMMUNITY ACKNOWLEDGMENTS & THANKS

We extend our heartfelt gratitude to the individuals, families, and organizations who have supported The Pavlik Foundation's mission. Your generosity—whether through financial contributions, time, or expertise—has been instrumental in helping us combat food insecurity and support youth education in our community.

We are especially thankful for the dedicated volunteers who help make programs like Kids Pantry possible each week. Your commitment ensures that children receive nutritious meals and feel supported in meaningful ways.

As we look to the future, we are excited about the opportunity to grow both our volunteer network and donor community. Expanding our reach means more children nourished, more families supported, and a stronger foundation for the future. With continued support, we are confident that the impact of The Pavlik Foundation will only deepen and expand in the years to come.

Together, we are building a healthier, more equitable future,
one meal, one child, and one act of generosity at a time.



Nourishing minds and bodies, one community at a time