

## Tattoo Aftercare Instructions

### White Raven Tattoo Studio LLC

110 NW 24<sup>th</sup> St  
Fort Worth, TX 76164  
817-366-1800

Artist Name: \_\_\_\_\_



- Leave sterile bandage on for at least one hour (unless instructed otherwise by your artist).
- After removal of the bandage, thoroughly clean your tattoo using unscented, antibacterial soap. Blot gently to dry.
- Gently apply a thin layer of antibiotic ointment/cream.
- For moisture, you can apply a thin layer of A&D Ointment/Aquaphor 2-4 times daily or as needed for 4-5 days. On the 6<sup>th</sup> day, use unscented moisturizing lotion (scented lotions contain alcohol and other ingredients that could cause burning or infection).
- If/when needed, use sterile bandages or sterile dressings.
- If tattoo starts to scab, do not pick at it or scratch it.
- During the healing process, do not let anyone touch your tattoo. This could lead to bacteria infecting the tattoo.
- Do not exercise until all scabs have fallen off. Stretching the skin could pull the scabs off and leaving your skin with a loss of color.
- Avoid exposure to saunas, gyms, clubbing, tanning, direct sunlight, swimming in any type of body of water, soaking in water/baths, or anything else that could increase your exposure to bacteria or submerge your tattoo in water for long periods of time. Avoid these activities for at least 2 weeks to allow your tattoo the proper amount of time to heal.
- The sun fades tattoos, so once it is healed, use high SPF sunscreen when outdoors to keep your tattoo looking bright.
- Consult with a healthcare provider at the first sign of infection, or if you suspect an allergic reaction. Report any diagnosed infection, allergic reaction, or adverse reaction resulting from the tattoo to the artist and to the Texas Department of State Health Services, Drugs and Medical Devices Group, at 512-834-6711.

## BODY PIERCING AFTER CARE INSTRUCTIONS

### PLEASE FOLLOW THESE AFTER CARE INSTRUCTIONS:

- Properly cleanse the pierced area by using antibacterial or antimicrobial soap for the external skin and or an antiseptic or carbamide peroxide mouthwash for the oral cavity;
- For at least the first six weeks, minimize exposure to filth;
- Use sterile bandage(s) or other sterile dressing(s) when necessary;
- The client shall consult a health care practitioner at the first sign of infection or an allergic reaction, and report any diagnosed infection, allergic reaction, or adverse reaction resulting from the body piercing to the artist and to the Texas Department of State Health Services, Drugs and Medical Devices Group, at 512-834-6711.

### TO BE COMPLETED BY THE STUDIO ARTIST:

**STUDIO NAME:** WHITE RAVEN TATTOO STUDIO

**STUDIO ADDRESS:** 110 NW 24<sup>TH</sup> ST

**CITY:** FORT WORTH, TX 76164

**ARTIST NAME:** \_\_\_\_\_

**PHONE #:** 817-366-1800