



Hand Dominance Observation Chart

Use this chart to observe and record a child's hand preference during a variety of activities.

Mark the hand(s) used for each task and add notes about consistency or switching.

Observations should be conducted over time.

18-24 months hand dominance starts to emerge

3 year - children will regularly switch back and forth between hands

4-6 years - hand dominance will become firmly established

Date	Activity	Right	Left	Both	Notes
	Drawing				
	Cutting with scissors				
	Brushing Teeth				
	Eating with a spoon				
	Throwing a ball				
	Building with blocks				
	Reaching for objects				