## Technology Resources for Seniors

⬛ –Remote Service     👤 –In-Person Service     📞 –Phone Service

### ⯈ AARP Senior Planet Classes ⬛ 📞

- The AARP offers virtual classes on various topics under the technology umbrella, including how to use smartphones, how to protect your devices, and even how to use specific social media applications.
- Visit https://seniorplanet.org/classes/ or call 888-713-3495

### ⯈ Cyber-Seniors ⬛ 📞

- Cyber-Seniors offers free webinars for seniors to learn more about technology basics and trouble-shooting some common problems with technology. Additionally, they offer free one-on-one tech help via phone call, where a volunteer will assist with a specific issue.
- Visit https://cyberseniors.org/ or call 844-217-3057

### ⯈ Talking Tech with Wayne ⬛ 📞

- Talking Tech with Wayne offers several free technology help resources to senior citizens on its website, including a TV show, a podcast, technology FAQs, and even recommendations for technology help books.
- Talking Tech with Wayne has information on a wide array of subjects including online dating and online therapy.
- Additionally, those looking for help with specific technology questions can call the help line or join one of Talking Tech with Wayne's weekly Zoom calls.
- Visit www.talking-tech.org or call 215-406-HELP (option 3)

### ⯈ Contact Your Local Library 👤

- Many public libraries offer free technology classes for seniors.
- Use this library lookup tool to find your nearest library: https://libraryfinder.org/

### ⯈ Find Your Local Senior Center 👤

- Many senior centers host free technology classes and drop-in hours for tech help.
- Use the Pennsylvania Department of Aging's lookup tool to find the closest senior center to you:
- Visit https://www.aging.pa.gov/local-resources/Pages/Senior-Center.aspx or Call the PA Department of Aging at 717-783-1550.

## ▷▷ Find Classes at Your Local Community College 👤🖥️

- Many Pennsylvania state community colleges offer free classes for seniors, many of which are focused on technology education.
- View a list of Pennsylvania's public community colleges here: https://www.education.pa.gov/Postsecondary-Adult/CollegeCareer/Pages/Community-Colleges.aspx

## ▷▷ Penn State's Go-60 Program 👤🖥️

- Pennsylvania State College offers free in-person and online college courses for seniors through its Go-60 program. Several of these classes are focused on technology.
- Find the closest Penn State campus to you: https://www.psu.edu/academics/campuses/

## Avoiding Online Scams and Fraud

## ▷▷ How to Spot Potential Scams

- Scammers may urge you to give away personal information, financial information, or pressure you to act quickly.
- Many scammers will impersonate debt collectors; remember that the IRS will never contact you over the phone.
- Tech support scams often happen in the form of pop-ups warning you that your data has been compromised or that your device has a virus.
- Many scammers urge you to send money as cryptocurrency, gift cards, or will tell you to lie to your bank.

## ▷▷ How to Spot Identity Theft

- Look out for calls or messages requesting your personal and/or financial information.
- Look out for unusual activity in your bank account or unusual bills.

## ▷▷ How to Avoid Scams and Identity Fraud

- Ignore suspicious texts and emails, hang up on suspicious callers, and do not click on suspicious links or attachments.
- Never give out your personal or financial information over the phone.
- If you suspect you may have sent money to a scammer, contact your bank immediately.

## ▷▷ How to Avoid Scams and Identity Fraud

- If you are a victim of fraud or have been scammed, call the Senate Aging Committee's Fraud Hotline at 1-855-303-9470 and report it to the Federal Trade Commission (FTC) at ReportFraud.ftc.gov.
- If you are a victim of identity theft, report it to law enforcement and visit IdentityTheft.gov to receive a personalized recovery plan and support in your case.