



**“ASK DR. APPLEwhite”**  
with Dr. Danita Applewhite, PhD CRC (Ret.)  
A Podcast produced by the  
Differently-Abled Network (DAN).

DAN is an outreach and mentorship  
program of White Apple Institute  
a veteran, woman and disabled operated  
nonprofit 501 C(3) public charity.

**Changing the PERCEPTION of DISabled  
to DIFFERently-abled for success!**

Phone: 888-56APPLE (888.562.7753)  
[www.whiteappleinstitute.org](http://www.whiteappleinstitute.org)

### “Doesn’t Everyone Have Some Form of Disability?”

Ask Dr. Applewhite and the Differently-Abled Network about the many degrees of visible and non-visible disability, and how society’s negative perceptions can effect success.

**Sunday, May 31st 12:00 -1:30pm PDT (Arizona), 3:00 - 4:30pm EDT**

Click here to join the DAN meeting on ZOOM:

<https://us06web.zoom.us/j/88654888225?pwd=sz4jqLJlw14W6CwDo6AJwe4kwO6QxT.1>

Meeting ID: 886 5488 8225 | Passcode: 001604

**Are you struggling with...**

- **Health & Stress:** Chronic pain, injury/illness recovery, or needing job accommodations?
- **Mental Health:** Feeling overwhelmed, depressed, or facing age/race discrimination?
- **Stability:** Facing job loss, homelessness, or failing classes?

**Meet Your Host:** Dr. Danita Applewhite PhD, CRC, Army Veteran, & Advocate Dr. Applewhite is the Founder of the White Apple Institute and host of the ASK DR. APPLEwhite program. As a retired professor of psychology and former state chair of Independent Living, she founded DAN to connect underserved veterans and civilians with the resources needed to succeed in the workforce and achieve a high quality of life.

Learn more: [www.whiteappleinstitute.org](http://www.whiteappleinstitute.org) Call/Text: 888-56APPLE (888-562-7753)

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FOR YOUR SERVICE  
AND SACRIFICE!

