



**"ASK DR. APPLEwhite"**  
with Dr. Danita Applewhite, PhD CRC (Ret.)  
A Podcast produced by the  
Differently-Abled Network (DAN).

DAN is an outreach and mentorship  
program of White Apple Institute  
a veteran, woman and disabled operated  
nonprofit 501 C(3) public charity.

Changing the PERCEPTION of DISabled  
to DIFFerently-abled for success! Phone: 888-56APPLE (888.562.7753)  
[www.whiteappleinstitute.org](http://www.whiteappleinstitute.org)

**"Why Doesn't 'God' Stop My Pain?"**  
**ASK DR. APPLEwhite and Members of**  
**the Differently-Abled Network (DAN)**  
**about the Nine Tips to Relieve Pain**  
**When Asking "God" Doesn't Work.**

**Sunday, January 25, 2026**  
**12:00 -1:00 pm MST(Arizona)**  
**3:00 – 4:00 pm EST**

**Join us on ZOOM**

<https://us06web.zoom.us/j/88654888225?pwd=sz4jqLJlw14W6CwDo6AJwe4kwO6QxT.1>

Meeting ID: 886 5488 8225 Passcode: 001604

Distinguished Guests: Kiamesha Guy of Global Maternal Wellness; Dr. Jane Garcia

**Meet Danita Applewhite PhD CRC, Army Veteran, Advocate, Founder/Director of White Apple Institute; Host of the ASK DR. APPLEwhite Program**

*Referred to affectionately as "Dr. Apple" by her clients and students, she is a retired professor of psychology, Independent Living & Rehabilitation Counselor, and former chair and vice chair of AZ State Independent Living (SILC) and State Rehabilitation(SRC) Councils .A life member of DAV, PVA and a member of MWAN, WACVA, VMLC-Emeritus, IAVA, Unite US and more!*

*Dr. Applewhite started the **Differently-Abled Network (DAN)** as an outreach, education, and mentorship program of the **White Apple Institute (WAI)**, a veteran, disabled, and women-operated nonprofit 501C (3). The mission is to **connect, educate, and support underserved veterans and civilians with both visible and non-visible disabilities** with resources, so they can succeed in the workforce and /or higher education, and have a quality life. We don't just listen, we take action!*

*Join our DAN meeting if you are: Facing homelessness? Lost your job? Failing classes?  
Think you are too old or disabled to finish your degree? Feeling depressed like giving up sometimes?  
Overwhelmed with discrimination on the job? Need to ask for accommodation  
after injury or illness? Dealing with chronic pain, stress, and more? Scared and lonely?  
**All colors, genders, labels, wheelchair users are WELCOME!***

*To address the specific needs of women veterans recognized at DAN meetings we launched the **Place Your B.E.T.S. On Women VETS** project, sponsored by Reintegr8.*

*Your tax-deductible **donation or sponsorship helps us** pay for bus passes, minor car repairs, exam fees, equipment repairs, work uniforms, permits, and more, when there are no support systems.*

[www.whiteappleinstitute.org/donate](http://www.whiteappleinstitute.org/donate)

**Learn more at [www.whiteappleinstitute.org](http://www.whiteappleinstitute.org)**

**Call/text 888-56APPLE (888-562-7753). Email [info@whiteappleinstitute.org](mailto:info@whiteappleinstitute.org)**

**Ask about sponsorship and volunteer opportunities.**