



Social **Prescribing** Unit

WHO WE ARE

Established in 2021 and connected to the Institute of Creativity, Communities and Culture (ICCC) & the Centre for Community Connectedness and Cooperation (4C), the Social Prescribing Unit draws together colleagues with expertise and passion for social prescribing from a wide range of disciplines and from across the university. This unit is a focal point for collaborative development activity with a range of external partners, and wider communities, in three strategic priority areas:

- Research, outcomes and evaluation
- · Learning and teaching at undergraduate and postgraduate levels, including CPD, student placements and work experience programmes
- Engaging communities supporting the value of community assets in social prescribing outcomes.

WHO IS INVOLVED?

Lead by Sam Pywell, the unit has over 80 members of staff (ranging from health and social care, sport, dance, the outdoors, arts and creative industries), plus links to a range of external academic and community partners, all with a passion for social prescribing.

"Empowering communities through education, research, and innovation is at the heart of our mission. Our partnership ensures that social prescribing continues to evolve, informed by evidence and driven by collaboration locally and

- Gareth Presch, Founder & CEO, World Health Innovation Summit, CEO, Global Social Prescribing Alliance.















WHAT DO WE DO?

We are a research active unit working on local, national and international research projects, and are the educational delivery partner of the World Health Innovation Summit (WHIS). We take students on placement and host a wide variety of spaces for knowledge exchange, collaboration and innovation specific to social prescribing. These include:

Consultancy & bespoke CPD

- · Consultancy appointments on social prescribing
- Bespoke CPD tailored to your organisation needs
- . Training (half day/ full day) packages available
- · MSc Social Prescribing module (20 credits)
- · BSc Social Prescribing module
- · L3 Apprenticeship for Social Prescribing link workers (Training 2000)

Seminars

- Social Prescribing Day
- · Semester updates on research projects
- Local, National and International presentations
- · Summits and HLPF

Research

- · Nature Based & Green Social Prescribing
- · Sustainable models of nature based social prescribing
- The Creative Forest (NIHR internship)
- · International advance of social prescribing in Norway & Pakistan
- Research placements (MBBS students)
- · Teaching and Learning forum
- Lead & co-author research bids and publications

External network launched in 2025 with the Social Prescribing Network "Specialist Interest Group: Social Prescribing Pedagogy" (SIGSPN) connecting those teaching social prescribing across the UK

Community Projects, Events and Partnerships

- · Nature Mind conference
- International Yoga for mind-body practice conference
- Adventure Mind conference
- LancsCan
- · University of Gujrat, Pakistan
- · Western Norway University of Applied Health Sciences

World Health Innovation Summit (education partner)



RESEARCH

We are supporting and promoting the development of research activities relating to social prescribing, professional and community practices



COMMUNITY

We aim to work with and for all communities involved in social prescribing. We have coproduction and health equity at the core of our work.



TEACHING AND LEARNING

We teach MSc Social Prescribing module (MW4045), BSc Social Prescribing module (CG 2050) and CPD on social prescribing.