

STS Regina Chapter Annual Newsletter

August 2026



Welcome from your Chapter President

The STS Regina Chapter members and I would like to welcome the "new" 2026 Superannuates to another wonderful year of planned events, including Assemblies and Social Activities, without worrying about bells and timetables to head to classrooms.

To all Chapter members, the Executive and Committees have been busy preparing different learning events and activities to present this year, including many Assemblies and Social events sponsored by the Chapter. You will already know how relaxing and enjoyable this retired life is, without students and deadlines.

All presented activities are planned with your interest and learning in mind, and also for the enjoyment by all our members. Please check out several of the upcoming events, starting at Out To Lunch With The Bunch, on August 26, 2026 at the Atlas Banquet Room of the Atlas Hotel, at 4177 Albert Street. We are excited to welcome our "new" retirees to this initial Chapter event with a "free" breakfast. To help us pay only for those attending the event, we ask that all members purchase tickets before the cut-off date and tell the ticket seller if you are a "new 2026 retiree". If you are, your ticket price will be reimbursed at the Luncheon. No tickets will be sold at the door, or after the cut-off date.

I hope to see you there, to be introduced to your 2026-2027 elected Regina STS Executive, and welcome our "new" superannuated members attending the delicious luncheon.

The Regina Award of Merit winner this year was Doreen Mitchell. She has spent countless hours as a member of the phoning tree and also being our regular pianist at Assemblies. Doreen was awarded this honour at the May Assembly, and was also recognized at the Provincial STS 2026 AGM as Regina's Award of Merit Recipient. Congratulations Doreen!

A special thank you to all the Executive and Committee members that work behind the scenes to make the STS Regina Chapter function smoothly. Regina Chapter is so lucky to have such dedicated volunteers. Thank you for all the work you do.

All Assemblies, except Out To Lunch With The Bunch and the Christmas Banquet, are held in the Ron Mitchell Room of the Regina Public School Board Office at 1600-4th Avenue. We appreciate the support we receive from the School Board to make this happen by allowing us to use their facility. There are several parking spots at the rear of the School Board Office, with direct access to the Ron Mitchell Room, and a few parking spots available at the front of the building for those individuals with mobility issues.

For information about upcoming or future STS Regina Chapter events, check out this Annual Newsletter; or our website at stsreginachapter.com; or the emailed monthly announcements for updates. The website also has Provincial STS Executive Notes and information about what is happening at the Provincial level, and other information as well. A lot of information is captured on our Regina website— including videos!!

Joyce Hoffman, President STS Regina Chapter
Phone/Text: 306 741-5161
Email: jdhoffman@sasktel.net

Want to stay informed about STS and STS Regina Chapter Activities,
Events, Functions and much more?

Subscribe to our monthly digital 'announcements'!
Register by emailing us at info@stsreginachapter.com

Or go to <https://stsreginachapter.com>

Out To Lunch With The Bunch!

Wed. August 26th

Where: Atlas Hotel - 4177 Albert St.

Cost: Chapter Members (and one guest) \$18.00 per person
Non-Chapter Members or guests \$36.00

Tickets must be purchased no later than Wed. August 19th.
NO TICKETS WILL BE SOLD AFTER THIS DATE.

Contact the following for tickets:

Joyce (306) 741-5161 – East Regina
Chris (306) 529-0604 – South
Helen (306) 541-5743 – North

11:00 a.m. to
2:00 p.m.

Please contact the individual prior to picking up tickets or e-transferring money. E-Transfers can be made at

helens@sasktel.net

Elevators available for easy access to banquet room.
Parking on site (front and back).

Entertainment by Heather Pontius with
keyboardist/pianist Dennis King.



If you're interested in learning to play **Mah jongg** or if you already know how and want a place to play, the library is looking for you.

Show up at the Sunrise Library from 1:00 to 4:00 p.m. on
Mondays and Fridays

Drop in at the George Bothwell Library 1:00 to 4:00 on
Thursdays

(You don't have to stay for the whole time.)

You'll meet some great people and have fun playing. You will need a "card" but if you're new, they'll fill you in. This is North American Mah Jongg and no money will be won or lost.

Helen Sukovieff can answer any questions you might have. Email her at helens@sasktel.net



Doreen Mitchell
STS Regina Chapter
Award of Merit Recipient
2026

DOREEN MITCHELL was born and raised in Swift Current, SK. She graduated June, 1955 from Sask. Teachers College, in Moose Jaw.

Doreen was first hired by Regina Public School Division and began teaching grade 5 at Albert School for four years, followed by two years in Saskatoon.

Upon returning to Regina, she had 3 children and became a "stay at home" mom. For several years, Doreen was a parent volunteer at Birchwood School (where her children attended) and accompanist for the school choir and special chorus.

She presented two children's operas, sang at care homes and music festivals for several years before going back to the U of R. for summer school and night classes. She graduated with a B.Ed. (Music Education major).

Doreen returned as a part-time music teacher at Massey, How, Peart, and Hunt schools, and later full-time music educator for K-Gr.8 at Henry Braun School. The next 9 years were the highlight of her teaching career. The staff, students, parents and of course, Mr. Braun were wonderful.

After retirement, Doreen taught community-requested classes for the Regina chapter of Osteoporosis Canada, travelled with her husband, sang for many years in the STS choir conducted by Marjorie Burns, was accompanist and conductor of the Singing Grannies, attended classes at the Seniors' Centre U of R, sang and played for years in her church choir, accompanied the Whole Notes (an SATB quartette) who sang for service clubs and nursing homes. She also became a phoner for the STS and attended meetings, tried line dancing and played bridge.

One highlight of Doreen's was an evening she attended a lecture at Luther College, U of R by Lieutenant Governor Sylvia Fedoruk where she had the opportunity to meet and speak with Sylvia after entertaining the audience.

In the fall of 1998 (a year after retirement) our chapter presented a fashion show (co-ordinated by Terry Gabriel) which showcased clothing of the 1950's, named THE LITTLE RED SCHOOL HOUSE. It was shown to an appreciative audience of STS members and was held at the Performing Arts Centre. It was her first and only time as a fashion model, but she had so much fun working with both men and women as they changed their clothing and pranced out to model the next outfit on the stage.

Doreen is now kept busy with two great-granddaughters, aged 4 and 7 and continues to enjoy being a "life-long learner".

2026-27 STS Diaries

Looking for a STS Diary? You can pick one up at Out To Lunch With The Bunch on August 26th. Or if you are unable to attend, contact Joyce by phone at (306) 741-5161 or email at jdthoffman@sasktel.net

There is a limited supply, so get in touch asap so we can make arrangements for you to pick one up.

CELEBRATING 2001 SUPERANNUATES

For many years, our STS Regina Chapter has recognized members who are marking 25 years as superannuates.

On October 26, the Regina Chapter will recognize members who retired in 2001 and are marking a quarter century of retirement from the profession.

Letters of invitation will be sent in early August to 102 members, who are noted as retiring in 2001.



If you do not receive such a letter, please contact the Chapter President, Joyce Hoffman, at (306) 741-5161 or by email: jdthoffman@sasktel.net

If you are uncertain about the year of your retirement, please contact the STS Provincial Office at (306) 373-3879. It is also possible that you retired from another jurisdiction outside of Regina and have moved here, so please contact Joyce to be included in this celebration. Certificates will be presented to individuals that attend or, if requested, will be mailed to the member, if they are unable to attend in person.

International Tours

Egypt will continue to be the main tour destination for September/October 2027.

If you are interested, contact Linda at lgalenzoski@accesscomm.ca.

Our group will meet October, 2026 to choose the trip that suits most of the travelers. The Grand Egyptian Museum in Cairo is now open - As quoted: 'A place that could finally do justice to 5,000 years of human history.'

Intro to Modern Square Dance 2026



Thursday, Sept. 3rd and/or Sept. 10th 6:15-8:00 pm.

Location: Hall at Our Lady of Peace Church (425 Broad St. N)

Cost: \$10/night

Classes continue until April 1st, 2027, 25 weeks for \$200
\$10 intro fee deducted when joining classes by Sept. 10

Take a Step into Fitness, Friendship and Fun!

Facebook: Regina Square Dancing; sksquaredance.com

For more info call or text (306) 436-7604 or (306) 725-7535

**** Singles Welcome ** ** Bring a waterbottle ****

Proposed Advocacy Hosted Events

Date	Event	Description
Wed. Sept. 9th	Walking the Wascana Wetlands with Trevor Harriot	A Guided Walk in Nature
November 2026	"Decolonizing Canadian Education" produced by Verna St. Denis for STF	Video viewing with guided discussion. Tea and snack.
January 2027	Sask Health (TBA)	Noon Zoom
March 2027	Publicly funded Research (TBA)	Noon Zoom
April 12 2027	REGINA READS for RECONCILIATION Reconcili -action!	Regina Public School Board Office

STS REGINA CHAPTER 2026

ANNUAL STU REILEY MEMORIAL GOLF

Green Acres Golf Course - Thursday, September 3

\$60.00 per golfer includes 9 holes, lunch and commemorative gift

Enter as teams, pairs or individuals.
Retired teachers, spouses and friends welcome. Non-competitive format.

9:30 am Shotgun start*

Please register by August 22nd
Registration entries contact Ron Reinhart reinhart@sasktel.net
phone / text (306) 541-8210



Payments can be made by e-transfer to Helen Sukovieff, Chapter Treasurer at helens@sasktel.net or mail (26 Kerley Bay, Regina S4R 7L1) cheques to Helen, before August 20.

Ad Hoc Social Committee Proposed Events

Date	Event	Venue
Sept./Oct. 2026	Corn Maze or Par3 Golf	Cedar Creek/ Lakeview
February 2027	Puzzle Contest/ Games Day	Regina Public School board Office
March 20th 2027	Glow Bowling	<u>Glencarin</u> or Golden Mile
April 17 th (tentative)	50's & 60's Spring Fling	Serbian Club

Chapter Outreach

If you know any members who are ill, hospitalized, convalescing from surgery, grieving, celebrating a milestone, or being recognized in the community – please contact Myrna Switzer (Outreach Coordinator) at (306) 352-3982 or myrnaswitzer@hotmail.com.

In 2025-26 we sent Cards of Sympathy 42; Get Well 13; Thinking of You 4; Celebrations 3; Thank You 3; for a Total of 65.

Senior Bean Bag Throw Activity (better known as Cornhole)

When: Wednesday afternoons 12:45pm – 3pm
Starting Sept. 16th <https://saskcornhole.ca/>

Where: The Backyard, 2363 2nd Ave. Regina

Cost: \$10 (Canteen & Bar available)

What: Cornhole or bean bag toss is a Super Fun activity. The game is easy to Understand, easily played by most, and a very social game. Come out and Laugh and play. No experience necessary!



Retired Persons (formerly Retired Teachers league) 5-pin Non-Competitive Bowling 2026-27

When: Tuesdays 1:00pm – 3:00pm
Glencairn Bowlodrome

Cost: \$17 per week (Sept. 8th-Dec.15th and Jan.5–Apr. 13th)

Includes: all registration fees, two banquets and year end prize payouts.

New Players welcome – contact Judy Ziegler (306) 533-6410
Or email judyziegler@sasktel.net

Enter a team or individually by Aug. 22nd or offer to be a substitute.



Meet Your 2026-27 Chapter Executive

President – Joyce Hoffman

(306) 741-5161

jdthoffman@sasktel.net

Vice President – Chris Atkinson

Secretary – Linda Galenzoski

Treasurer – Helen Sukovieff

Members at Large – Mike Markesteyn, Lisa Nenson-Catley, Lorna Brierley
Geri Skilnick, and Heather Pontius

Committee Chairs:

Ad Hoc Social – Linda Galenzoski

Advocacy – Susan Moore

Communications – Jeff Perry

Program – Joyce Hoffman & Helen Sukovieff

Recreation – Dan Danforth

Refreshments – Sandy Nasewich

Resolutions – Don Gabel

Specialized Roles:

Archivist – **vacant**

Membership – David Cawood

Outreach – Myrna Switzer

Photographer – Jim Slough

Social Media Moderator – **vacant**

Telephone Tree – Geri Skilnick

Tour Coordinators – Local – Joyce Hoffman & Helen Sukovieff
- International – Linda Galenzoski

Web Master – David Statt

Visitation Coordinator – Myrna Switzer

Your 2026-27 Provincial Executive Representatives

Chris Atkinson – STF Councillor
Helen Sukovieff – Member at Large

Learn to play Duplicate Bridge



The Regina Duplicate Bridge Club on 1440 Broadway Ave. is holding an open house:

Sunday September 20th from 2 - 4p.m.

Bridge lessons begin on Tuesday September 22nd.

There are 12 lessons costing \$120.

For more information contact Tanya at 306-570-2998.

Calendar of Events 2026-2027

Date	Day/time	Event	Location
August 26	Wednesday 11:00 am – 2pm	Out To Lunch <u>With The Bunch</u>	Atlas Hotel 4177 Albert St.
September 29	Monday 1:30 - 3pm	Assembly Meeting	Ron Mitchell room RPSB Division Office
October 26	Monday 1:30 – 3pm	25 th Year Celebration	Ron Mitchell room RPSB Division Office
November 30	Monday 1:30 – 3pm	Assembly Meeting	Ron Mitchell room RPSB Division Office
December 7	Monday 5:30pm	Christmas Banquet	Atlas Hotel 4177 Albert St.
February 22	Monday 11:30am - 2pm	Welcome Back Luncheon & Assembly	Ron Mitchell room RPSB Division Office
March 29	Monday 1:30 - 3pm	Assembly Meeting	Ron Mitchell room RPSB Division Office
April 12	Monday 1:30 - 3pm	Regina Chapter Reads	Ron Mitchell room RPSB Division Office
April 26	Monday 11:30am- 2pm	Annual General Meeting	Ron Mitchell room RPSB Division Office
May 11-13	Tues. Wed. & Thurs.	Provincial STS Annual General Meeting	Dakota Dunes Whitecap Reserve

****Post me on your fridge – and watch for additional information about events on our website at stsreginachapter.com and in our monthly email announcements**

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