

SOCIAL MEDIA COVID-19

These days a lot of prescription is circulating on social media for covid-19 treatment using garlic, ginger, onion, lemon, cloves etc., but still these remains uncertain solutions and we are not sure whether it really works in curing or treating Covid-19 virus. Our only chance is to improve gut-health as 80% of our immunity resides here. Most of us ignore and look for temporary solutions circulating on social media. In fact human body itself is a big vaccine manufacturing unit which can produce any type of antibodies against bacteria and viruses provided we put right fuel into our system and let it function properly. These days people cannot eat little extra masala, dal, or pakodi due to gastric problem. Do you know even these small gastric issue can be a disturbing factor for your immunity? Even though you may be eating the most health food or costly vitamin tablets available in medical store, but a damaged gut lining can't absorb any of these. Then what's the use of eating? Once the digestive system is compromised there is no chance of proper digestion and absorption of food. So, if someone follows these social media tips without knowing his or her digestive system and puts the wrong food into the system it can further damage the gut lining leading to a compromised immunity which can be risky. So, before trying any of these free tips we should always 'KNOW THE RIGHT FOOD WHICH OUR BODY CAN DIGEST AND ABSORB'. Eating the right food will not only help to restore your gut health but also improve your digestive and immune system.



No, you can't treat COVID-19 with garlic


Selection of claims debunked by AFP Fact Check about how to prevent,

Debunked: NOT EFFECTIVE ...

FOR PREVENTION, TREATMENT, TESTING OR CURE ...



NutriGene recommends: Test | Know | Boost your Immunity!
Food is medicine pick up your prescription in the kitchen!

Book your test now!  **91-0000-9026** www.nutrigene.in