

Facilitated by **Judi Kelly Cleary, ADC, ALFA, CDP, CADDCT**

40-HOUR CERTIFICATE COURSE • VA DSS APPROVED

Assisted Living Activity Programming Course

Planning & providing quality programming for Assisted Living residents

FORMAT: Live via Zoom (audio + video required)

DATES: Tuesdays: Sept 15, 22, 29 & Oct 6, 13, 2026

TIME: 8:30 AM – 5:00 PM each day (all 5 days)

MEETS: 22VAC 40-73-1120 F 5 requirements

\$285 for the 40-hour program

*Each session must be attended in full — no make-up sessions.
\$50/student discount for 2+ from the same facility.*

COURSE HIGHLIGHTS

- Adult group activity types and benefits; Activity standards and domains of wellness
- Assessing resident needs, Enriching programming
- Understanding and supporting dementia & cognitive loss
- Approaches & therapeutic interventions
- Communication techniques that improve engagement
- Calendar and program preparation and planning

8-HOUR COURSE • LUNCH & LEARN FORMAT

Alzheimer's Disease & Dementia Care Seminar

Required seminar for Certified Dementia Practitioner (CDP®) certification

FORMAT: Live via Zoom, 4 sessions (audio + video required)

DATES: Sept 1, 3, 8 & 10, 2026

TIME: 12:00 – 2:00 PM (at the latest)

7.5 hour certificate, (nurse CEUs available, added fee)

\$185 per person

Attend all four sessions to receive your certificate. Bring your lunch!

COURSE HIGHLIGHTS

- Overview, diagnosis, prognosis & treatment of dementia
- Communication, feelings, depression & repetitive behaviors
- Wandering, hoarding, aggression & catastrophic reactions
- Personal care, pain, nutrition & activities
- Staff/family support, cultural competence & end-of-life care

NEW • 8-HOUR COURSE • 2-PART FORMAT

Alzheimer's Disease & Dementia Care Seminar

FORMAT: Live via Zoom, 2 sessions (audio + video required)

DATES: Thursdays: October 8 & 15, 2026

TIME: 10:00 AM – 2:00 PM each day

7.5 hour certificate, (nurse CEUs available, added fee)

\$185 per person

Ideal for those preferring fewer sessions. Attend both dates to receive your certificate.

COURSE HIGHLIGHTS

- Overview, diagnosis, prognosis & treatment of dementia
- Communication, feelings, depression & repetitive behaviors
- Wandering, hoarding, aggression & catastrophic reactions
- Personal care, pain, nutrition & activities
- Staff/family support, cultural competence & end-of-life care

Register or view all upcoming classes at **www.SeniorSageConsulting.com**

Questions or group registration? info@SeniorSageConsulting.com | jcleary@clearysconsulting.com