



Code of Conduct (young member)

October 2026

The basics...

As a member of Nossa BJJ Academy, please:

- Keep yourself safe by listening to your coaches, behaving responsibly and speak out when something isn't right.
- When you're with us, stay in the places where you're supposed to be, don't wander off or leave without telling your coach.
- Look after the equipment and facilities as if they were your own.
- Do not wear any outdoor footwear on the mats.
- Bring the correct kit to class and make sure your gi is clean and fresh every class.
- Maintain personal hygiene and cleanliness; please trim your nails and cover over any open cuts or grazes.
- Do not train if you are unwell. Go home and get better.



- Tell your parents or coach if you find you have any skin rashes.
- Make sure any loose items are removed (earrings, rings, necklaces, wrist bands, watches).

Behaviour

- Respect and celebrate difference in our group. Do not discriminate against anyone else on the grounds of gender, age, race, sexual orientation or ability.
- Report any incidents of bullying to a coach or the Designated Safeguarding Officer- Coach Danni -even if you're just a witness.
- Treat other students with respect and appreciate that everyone has various levels of skill and talent.
- Make Nossa BJJ Academy a welcoming and friendly place to be.
- Support and encourage your fellow teammates.
- Be respectful of your coaches, and they will be respectful of you.
- Play by the rules and have fun.
- Follow our safety policies.



As a student at Nossa BJJ, we understand that you have the right to:

- Enjoy the time you spend with us and know that you are safe.
- Be aware who you can talk to if something's not right and be listened to.
- Know who the Designated Safeguarding Officer is and have their contact details – Coach Danni Thomas-Watson Nossabjjsafeguarding@gmail.com
- Be respected by coaches and other students and be treated fairly.
- Feel welcomed, valued and not judged based on your race, gender, age, sexuality or ability.
- Be encouraged, supported and develop skills with our help.
- Be looked after if there's an accident or injury and have your parents informed if necessary.