

## Lipo Injections

By definition, a lipotropic substance decreases the deposit, or speeds up the removal of fat within the liver. Lipotropic nutrients are a class of agents that plays an important role in the body's use of fat. They enhance the liver and gallbladder's role by decreasing fat deposits and by speeding up the metabolism and removal of fats. The liver is the key organ in the control of body fat. Even if you do everything right, if your liver is slow to process fats it will slow your weight loss. The lipotropic portion of our Lipo B injections is composed of three amino acids: Choline, Methionine, and Inositol. They help your liver process fats at peak efficiency, making your weight loss faster and easier to maintain.

For these reasons, we recommend weekly Lipotropic injections to help you lose weight and keep it off. After just 4 weeks of injections, you will look and feel healthier and your liver will thank you.

**Lipo-B Injection:** Vitamin B12 + Lipotropic amino acids: Choline, Methionine, and Inositol

The different ingredients of this mixture are known to have the following attributes:

- Aids in proper metabolism of fats and removal of fat from the liver
- Provides an energy boost
- Boosts your metabolism by helping to digest food faster
- Speeds up thought processes and improves mood
- Provides essential components for normal cell and brain function
- Helps control cholesterol levels and gallstones
- Helps emulsify cholesterol and detoxify amines
- Helps keep skin tone healthy and nails strong
- Promotes healthy hair growth
- Helps transform carbohydrates into energy,

The Drip Bar: Nutritional IV Cocktails

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Vitamin B12: B12 is used in the metabolism of fats, proteins and carbohydrates. It is involved in making DNA, necessary in the production of new healthy cells. It is a nutrient that helps keep the body's nerves and blood cells healthy. B12 lowers homocysteine levels, a protein associated with an increased risk of heart attack, stroke, and dementia. It is often used to give an energy boost, helping to increase activity levels.

While B12 is found naturally in a healthy diet, factors like stress and poor eating habits can lead to a deficiency. Our Lipo-B injection utilizes a highly absorbable form of Vitamin B12 called Methylcobalamin. It is felt that this form of B-12 may also be better retained within the body. Methylcobalamin has also been studied in sleep-wake rhythm disorders, where it appears to yield benefits.

*Choline:* Choline supports the health of the liver, in its processing and excretion of chemical waste products within the body. Moreover, it is required for the transport and metabolism of fats and cholesterol within the body.

*Methionine*: Methionine is one of the sulfur-containing amino acids and is important for many bodily functions. It acts as a lipotropic agent to prevent excess fat buildup within the liver, is helpful in relieving or preventing fatigue, and may be useful in some cases of allergy because it reduces histamine release.

(Patients with a Sulfa allergy should be advised on possible reactions to this injection.)

*Inositol*: Inositol, a nutrient belonging to the B vitamin complex, is closely associated with choline. It aids in the metabolism of fats and helps reduce cholesterol within the blood. Inositol participates in the action of serotonin, a neurotransmitter known to control mood and appetite.