



Hello Beautiful Souls!

Happy February! This has been quite a busy month for me! I hope that your month has been going well and that you were able to shower yourselves with some extra love- the winter months are difficult for many. Spring will be here before you know it, so hang in there!

I'll be sharing information with you about February BOGO's, DIY Recipe and Workshop Facilitation. Please do not hesitate to contact me with any and every question that you might have about purchasing any doTerra products.

Peace, Love and Blessings,

-Rose



February BOGO!

Special doTerra products will be offered as buy one get one free each day this week. BOGO items are posted everyday on my Facebook and Instagram pages, as well as in my private FB Group, [Health and Wellness with Essential Oils FB Group!](#) Links to those pages are located at the bottom of every newsletter.

Feeling Creative? Try this DIY Creamsicle Lip Balm Recipe:

Ingredients

½ ounce beeswax
½ ounce coconut oil
¼ ounce shea butter
¼ ounce cocoa butter
30 drops Wild Orange oil
2 teaspoons pure vanilla extract

Instructions

Place everything, but Wild Orange oil and vanilla extract into glass measuring cup or bowl.

Fill large saucepan with one to one and a half inches of water. Bring to boil.

Once boiling, place glass measuring cup in center of saucepan.

Stir every few minutes until ingredients have melted and are combined.

Once all wax is melted, remove from heat and let sit three minutes.

Add vanilla extract and Wild Orange oil.

Pour mixture into lip balm containers and let cool.



Workshop Facilitation

Contact me if you are interested in having me facilitate a group workshop. The list of topics can be found here: [Workshop Facilitation](#). Email me at roselightandlove@gmail.com to do so.

Free Consultations and other Coaching Services

Please take advantage of the Free Essential Oil and Life Coaching appointments that I offer. I'm here to help you reach your health and wellness goals. You can book your appointments here: [Consultations and Services](#).



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