



Happy September Beautiful Souls!

Fall is here! I look forward to the leaves changing colors here in Massachusetts. While summer is my favorite season, there are things about the fall that make me grateful for growing up in New England- The fall foliage is one!

During August, I presented at two very successful workshops. The first was in

collaboration with fellow lightworker and life coach, Clara Angelina. Her day retreat was restorative and gave all of the participants a space to connect and to feel supported. The second was my very first workshop, Manifest the life that you desire. That workshop provided an overview of several holistic and grounding supports and practices. Reiki Master, Margarita Campos led a session on Reiki and Clara Angelina led a session based off of her book, Create Your Best Year. I shared a brief overview of the uses of essential oils and participants even had an opportunity to create their own essential oil blends. The sun was shining that day at the Boston Nature Center. The next workshop will be at the end of October and will focus on intention setting practices.

Lastly, I'd like to thank you all for your continued support as I follow my heart by spreading light and love every where that I can.

-Rose



Margarita Campos- Reiki Master

If you are interested in receiving any Reiki or NLP (Neuro-Linguistic Programming) Services, you can contact Margarita at congruencepnl@gmail.com.

September Special- 20% any doTerra Enrollment Kit. Feel free to email me, or schedule a free essential oil consultation with me online if you have any questions.



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