

**Self Care Commitment and Accountability**

<p><b><u>Spirituality</u></b></p> <p>1. 2. 3. Accountability Partner: _____</p>	<p><b><u>Physical Health</u></b></p> <p>1. 2. 3. Accountability Partner: _____</p>
<p><b><u>Mental Health</u></b></p> <p>1. 2. 3. Accountability Partner: _____</p>	<p><b><u>Finances</u></b></p> <p>1. 2. 3. Accountability Partner: _____</p>

