RELEASE AND WAIVER OF LIABILITY, AGREEMENT NOT TO SUE, INDEMNIFICATION AND HOLD HARMLESS AGREEMENT

I HEREBY ASSUME ALL OF THE RISKS OF PARTICIPATING IN ANY and ALL

ACTIVITIES of Pioneer Quilters Guild (herein after, Activity). On behalf of myself and my next of kin, heirs and representatives, **I release from all liability and promise not to sue** the Pioneer Quilters Guild, its officers, directors, volunteers and agents (collectively "Guild") from any and all claims, **including, but not limited to, claims of the Guild's negligence**, resulting in any physical or psychological injury (including paralysis and death), illness, damages, or economic or emotional loss I may suffer because of my participation in this Activity, including travel to, from and during this Activity.

I am voluntarily participating in this Activity. I am aware of the risks associated with traveling to/from and participating in this Activity, which include but are not limited to physical or psychological injury, pain, suffering, illness, disfigurement, temporary or permanent disability (including paralysis), economic or emotional loss, and/or death. I understand that these injuries or outcomes may arise from my own or other's actions, inaction, or negligence; conditions related to travel; or the condition of the Activity location(s). Nonetheless, I assume all related risks, both known or unknown to me, of my participation in this Activity, including travel to and from the Activity.

I agree to **hold** the Guild and its officers, directors, volunteers and agents **harmless** from any and all claims, including attorney's fees or damage to my personal property that may occur as a result of my participation in this Activity, including travel to, from and during the Activity. If the Guild incurs any of these types of expenses, I agree to reimburse the Guild. If I need medical treatment, I agree to be financially responsible for any costs incurred as a result of such treatment. I am aware and understand that I should carry my own health insurance.

I am 18 years or older. I understand the legal consequences of signing this document, including (a) releasing the Guild from all liability, (b) promising not to sue the Guild, (c) and assuming all risks of participating in this Activity, including travel to, from and during the Activity.

I understand that this document is written to be as broad and inclusive as legally permitted by the laws of the State of California. I agree that if any portion is held invalid or unenforceable, I will continue to be bound by the remaining terms.

I have read this document, and I am signing it freely. No other representations concerning the legal effect of this document have been made to me.

Participant Signature:	
Participant Name (print)	Date: