

PLACEMAT INSTRUCTIONS

Seniors First Meals on Wheels

*They service Western Placer County including
Roseville, Rocklin, Lincoln, Colfax, Auburn, and Granite Bay.*

Kits Include:

12" x 18" batting

Strips per placemat:

One 3" wide strip about 23" long

Various shorter and narrower strips

Backing to match size of placemat (12" x 18")

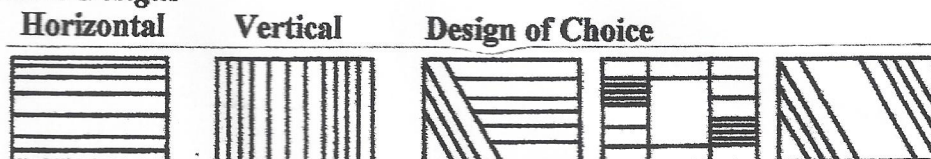


Diagonal Design

- Place 3" strip on batting on upper corner down to opposite lower corner.
- Then place next 2 strips from various size strips on opposite edges of the 3" strip (right sides together) and stitch through batting until lower left and upper right corners are reached. Press strips open.
- Continue to add strips to both sides stitching through batting until batting is completely covered.
- Press and trim covered batting after placement of strips.
- Place backing and covered batting (right sides together) and pin in place. Leave an opening on one side for turning after stitching. It may help to mark the turn opening with double pins on each side of opening as a reminder to not stitch through the turn opening. Stitch a 1/2" seam.
- Trim edges even and trim corners. Turn right side out and fold in opening. Stitch with a 1/4" top seam around all four sides to secure placemat.
- Please make sure opening is caught in top seam or slip stitch if needed.

Placemat is then ready for Senior First Meals on Wheels.

Alternative Designs



If you have extra or orphan blocks feel free to use them to design your own placemat layout.

*Your Placemat Committee
Thanks you.*

*Sandy Weis * Debbie Basile * Patty Gray * Vera Dowling
Bobbi Cornejo * Martha Overman*