

PLACEMAT INSTRUCTIONS

Seniors First Meals on Wheels

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*They service Western Placer County including
Roseville, Rocklin, Lincoln, Colfax, Auburn, and Granite Bay.*

347 Recipients (approx.)

Kits Include:

12" x 18" batting

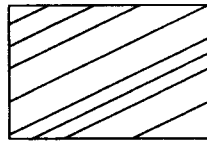
Strips per placemat;

One 3" wide strip about 23" long

Then various smaller strips

Backing to match size of placemat (12" x 18")

Diagonal Design

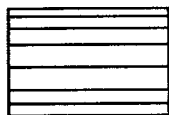


- *Place 3" strip on batting on upper corner down to lower corner*
- *Then place 2nd and 3rd strip from various size strips right sides together onto the 3" main strip and stitch through batting. Press strips open and continue adding strips to both sides stitching through batting until lower left and upper right corners are reached.*
- *Press and trim after each placement of strips*
- *Add backing, right sides together, pin in place except for turn opening on one of the sides. Mark the turn opening with double pins on each side of opening to remind you not to stitch through the turn opening. Stitch 1/2" seam.*
- *Trim edges even and trim corners. Turn right side out and fold in opening. Top stitch around all four sides 1/4" in to secure placemat.*
- *Please make sure opening is caught in top seam or slip stitch if needed.*

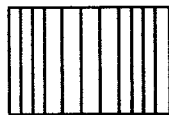
Placemat is then ready for Seniors First Meals on Wheels

Alternative Designs

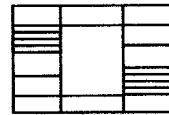
Horizontal



Vertical



Design of Choice



If you have an extra block feel free to add it

Your Placemat Committee

Thanks You.

**Sandy Weis • Kitty Cortez • Cathy Fitzgibbons • Karen Reyes
Debbie Basile • Martha Overman**