

Woodcrest Schedule - July 2025 (starts on Saturday, June 28th)

Time	Sunday	Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday	Time
8:00-8:45am	AquaFit	8:00-8:30am	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	8:00-8:30am	AquaFit	8:00-8:45am
	Lane Swim/Adult Swim								Lane Swim/Adult Swim	
8:45-9:15am		8:30-9:15am	Level 7,8 & 9	Level 7,8 & 9	Level 7,8 & 9	Level 7,8 & 9	Level 7,8 & 9	8:30-9:15am		8:45-9:15am
9:15-9:45am		9:15-10:00am	Level 5 & 6	Level 5 & 6	Level 5 & 6	Level 5 & 6	Level 5 & 6	9:15-10:00am	Private Lessons	9:15-9:45am
9:45-10:15am		10:00-10:45am	Level 3 & 4	Level 3 & 4	Level 3 & 4	Level 3 & 4	Level 3 & 4	10:00-10:45am	Private Lessons	9:45-10:15am
10:15-11:00am	Lesson Times to be provided	10:45-11:15am	Level 1 & 2	Level 1 & 2	Level 1 & 2	Level 1 & 2	Level 1 & 2	10:45-11:15am		10:15-10:45am
11:00-11:45am		11:15-11:45am	Preschool	Preschool	Preschool	Preschool	Preschool	11:15-11:45am		10:45-11:30am
11:45-12:30pm		11:45-12:00pm	Space to adjust group lessons based on enrollment	Space to adjust group lessons based on enrollment	Space to adjust group lessons based on enrollment	Space to adjust group lessons based on enrollment	Space to adjust group lessons based on enrollment	11:45-12:00pm	Private Party Bookings	11:30-12:00pm
12:30-1:00pm	Swim Team	12:00-12:30pm						12:00-12:30pm		12:00-12:30pm
		12:30-1:00pm	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim	12:30-1:00pm		12:30-1:00pm
1:00-1:30pm		1:00-1:30pm	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim	1:00-1:30pm		1:00-1:30pm
1:30-2:00pm		1:30-2:00pm						1:30-2:00pm		1:30-2:00pm
2:00-2:30pm		2:00-2:30pm	Open Recreation Swim	Open Recreation Swim	Open Recreation Swim	Open Recreation Swim	Open Recreation Swim	2:00-2:30pm		2:00-2:30pm
2:30-3:00pm		2:30-3:00pm						2:30-3:00pm		2:30-3:00pm
3:00-3:30pm		3:00-3:30pm						3:00-3:30pm		3:00-3:30pm
3:30-4:00pm		3:30-4:00pm						3:30-4:00pm		3:30-4:00pm
4:00-4:30pm		4:00-4:30pm						4:00-4:30pm		4:00-4:30pm
			Private Lessons/ Lane Swim	Private Lessons/ Lane Swim	Private Lessons/ Lane Swim	Private Lessons/ Lane Swim	Private Lessons/ Lane Swim			
4:30-5:00pm	Open Recreation Swim	4:30-5:00pm						4:30-5:00pm		4:30-5:00pm
			Group Pool Event ie: Full Pool Game		Group Pool Event ie: Full Pool Game				Open Recreation Swim	
5:00-5:30pm		5:00-5:30pm		Swim Team		Swim Team		5:00-5:30pm		5:00-5:30pm
5:30-6:00pm		5:30-6:00pm						5:30-6:00pm		5:30-6:00pm
6:00-6:30pm		6:00-6:30pm		Open Recreation Swim		Open Recreation Swim		6:00-6:30pm		6:00-6:30pm
6:30-7:00pm		6:30-7:00pm						6:30-7:00pm		6:30-7:00pm
7:00-7:30pm		7:00-7:30pm	Open Recreation Swim		Open Recreation Swim		Open Recreation Swim	7:00-7:30pm		7:00-7:30pm
7:30-8:00pm		7:30-8:00pm		Ending of open swim prep for AquaFit		Ending of open swim prep for AquaFit		7:30-8:00pm		7:30-8:00pm
8:00-8:15pm		8:00-8:15pm						8:00-8:15pm		8:00-8:15pm
8:15-9:00pm		8:15-9:00pm						8:15-9:00pm		8:15-9:00pm

*** 8:30-12:30pm weekdays - would be group lessons during Group lesson week and Private lessons during private Lesson weeks*** Schedule is subject to change