

Proposed Schedule for 2026 Season**

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:45-8:30am	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim
8:30-9:15am	Level 7, 8 and 9	Level 7, 8 and 9	Level 7, 8 and 9	Level 7, 8 and 9	Level 7, 8 and 9
9:15-10:00am	Level 5 and 6	Level 5 and 6	Level 5 and 6	Level 5 and 6	Level 5 and 6
10:00-10:30am	Level 3 and 4	Level 3 and 4	Level 3 and 4	Level 3 and 4	Level 3 and 4
10:30-11:00am	Level 1 and 2	Level 1 and 2	Level 1 and 2	Level 1 and 2	Level 1 and 2
11:00-11:30am	Preschool	Preschool	Preschool	Preschool	Preschool
11:30-12:00pm	Space to adjust group lessons based on enrollment				
12:00-12:30pm	Maintenance Block				
12:30-1:30pm	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim
1:30-4:30pm	Open Recreation Swim	Open Recreation Swim	Open Recreation Swim	Open Recreation Swim	Open Recreation Swim
4:30-5:00pm	Private Lessons	Private Lessons	Private Lessons	Private Lessons	Private Lessons
5:00-6:00pm	Swim Team	Open Recreation Swim	Swim Team	Open Recreation Swim	Open Recreation Swim
6:00-7:45pm	Open Recreation Swim		Open Recreation Swim		
7:45-8pm	Lane Swim & Quiet Pool Time	Maintenance Block	Maintenance Block		
8:00-9:00pm		Aquafit	Lane Swim & Quiet Pool Time	Aquafit	

Time	Saturday	Sunday
8:00-8:45am	Aquafit/Adult Swim	
8:45-10:15am	Lane Swim/Adult Swim	
10:15-1:00pm	Private Party Rentals*	
1:00 - 1:30pm	Maintenance Block	
1:30- 9:00pm	Open Recreation Swim	

Swim Team is free to join for members

Maintenance Blocks are buffer time to ensure water is ready for the next swim block, if maintenance needs are low that day the guards will open the next block early.

Quiet Pool Time is open swim, but our intention here is to create a quieter/calmer space (pre-bed swim, special sensory need friendly)

* If no rental, pool is open for rec. swim - check Facebook for confirmation

** Subject to change