



EMH SPORTS PE

November

SOFTBALL



Our November class welcomes all students as a co-ed class with the age group starting at 5 years old. Our PE coaches will introduce softball fundamental instruction such as position play, drills, and techniques. Special emphasis will be placed on catching, throwing, hitting, and base running. Helmets are provided, but your child may bring their own. Games will be played at each session. The lesson plan is adjusted for age-appropriate groups!

www.EMH Sports.com (855) 213-4443

