

2026 Conversation Guide For Adults

The “Directions” for Lumber City Church Life Groups, or any discipleship conversations

Open in Prayer

Have someone pray for God’s blessing on the time you’re spending together.

CONVERSATION FAST TRACK

If you’re short on time, use these three simple “READ, REFLECT, RESPOND” questions to guide your group through a quick, but deep study.

1 – Read

Jesus quoted scripture all the time! There’s power in God’s Word. There’s even more when it’s read aloud together!

Have someone read the passage aloud to the group. If doing this as a family devotion, take turns reading together. Maybe pick someone new!

Read from different translations if you’d like

2 – Reflect

Sometimes the words that stand out to us are the very ones God is using to get our attention. Have everyone in the group or family share here.

1. What word or words jump off the page to you, and why?
2. How do those words connect to the Big Idea this week?
3. Why do you think those words stood out to you today?

3 – Respond

Spiritual formation doesn’t stop at insight. It moves into transformation. Transformation comes through relationship.

If what God is showing you is true, what’s one step you should take this week in response?
Who can help you stay committed to helping you respond to the way God is leading you?

DEEPER STUDY

Use the following six-movement questions to go deeper, especially in group settings. These can be used for extended time, journaling, or second-level discussion.

Truth – What does this passage say about who God is and what He’s done?

Problem – What brokenness or sin does it expose in people – *in us*?

Solution – How does Jesus meet us or redeem us in light of this problem?

Change – How could this truth shape or transform our thoughts, behaviors, or desires?

Response – What can I do today to align more with what God is doing?

Mission – How can I share this truth or live it out in the world or with others?

Pray to Close

Talk about things that each person may want the group to pray for. Pick someone to pray! **(1-2 minutes)**