

## RF Microneedling Aftercare Advice



Do Not Touch the Area For 12 Hours



Do Not Use Retinol Or Harsh Treatments for 72 Hrs



Only Apply Products Recommended By Your Therapist



Avoid Vigorous Exercise, Sauna, Hot Tubs or Steam Treatments



Expect Redness, Swelling and Peeling For upto 72 Hours



Confirm Your Next Appointment