

Sweet Lightning

COPPER KNOB
STEPSHEDS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Dan Albro (USA) - September 2016

Music: Lightning - Olivia Lane



#16 count intro. Start with vocals

Alt: "Sweet Delights" by: Dan Albro - 32 count intro. Start with vocals

[1-8] □ □ WALK FWD 3 STEPS, HITCH W/CLAP, WALK BACK 3 STEPS, HITCH W/CLAP

1,2,3,4 Step fwd R, step fwd L, step fwd R, hitch L knee clapping hands

5,6,7,8 Step back L, step back R, step back L, hitch R knee clapping hands

[9-16] □ □ VINE RIGHT, TOUCH, VINE LEFT, TOUCH

1,2,3,4 Step side R, cross L behind R, step side R, touch L next to R

5,6,7,8 Step side L, cross R behind L, step side L, touch R next to L

[17-24] □ □ 2 HIP BUMPS RIGHT, 2 HIP BUMPS LEFT, BUMP RIGHT, LEFT, RIGHT, LEFT

1,2,3,4 Step side R bumping hips right, right, bumping hips left, left

5,6,7,8 Bump hips right, bump hips left, bump hips right, bump hips left (weight on L)

[25-32] □ □ KICK, BALL, CHANGE, KICK, BALL, CHANGE, STEP ¼ TURN, KICK, BALL, CHANGE

1&2 Kick R fwd, step back on ball of R, step L in place

3&4 Kick R fwd, step back on ball of R, step L in place

5,6 Step fwd R, pivot ¼ left weight on L - □9:00

7&8 Kick R fwd, step back on ball of R, step L in place

Last Update – 24th April 2017 □