	desk, or journal. Let it become a conversation between your fire and your future self.	
REFLECTION	DATE:	(
Hunger & Drive: igniting your sacred fire	SMTWTFS	

TODAY I'M GRATEFUL FOR

1	
2	
3	
	"Ogratitude turns fuel into fire"

MY SOUL-FIRST INTENTIONS TODAY ARE... **MY FIRE-DRIVEN AFFIRMATION**

Print this page as often as you need. Keep it on your altar, fridge,

"() are fueled by purpose, not pressure" or write your own:

1	or write your own:
2	
3	

(Choose actions that feel aligned, not forced.)

What's lighting me up today?

Where am I feeling resistance?

One step I can take with devotion:

Even if no one sees it, I will show up for...



"Discipline with soul is sacred commitment, not control"