



Whispers from Within

Journal



A Soul Awakening Journal

THIS JOURNAL
BELONGS TO:

Whispers

from Within



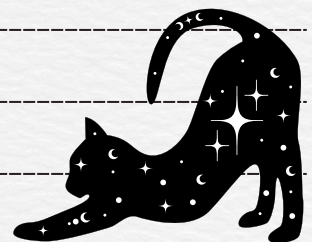
This journal invites you to pause, reflect, and tune into the subtle signs guiding your awakening.

Let curiosity lead you home to yourself.

With wonder, presence, and a heart wide open— may you meet yourself in every page.

Nefia

What synchronicities or signs have shown up in your life lately?
What might they be pointing to?



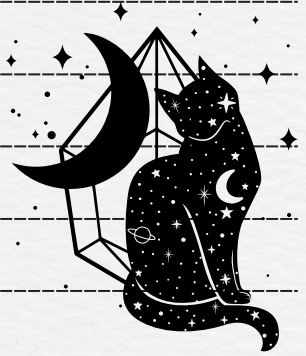
Where in your life are you feeling stirred, called, or cracked open?

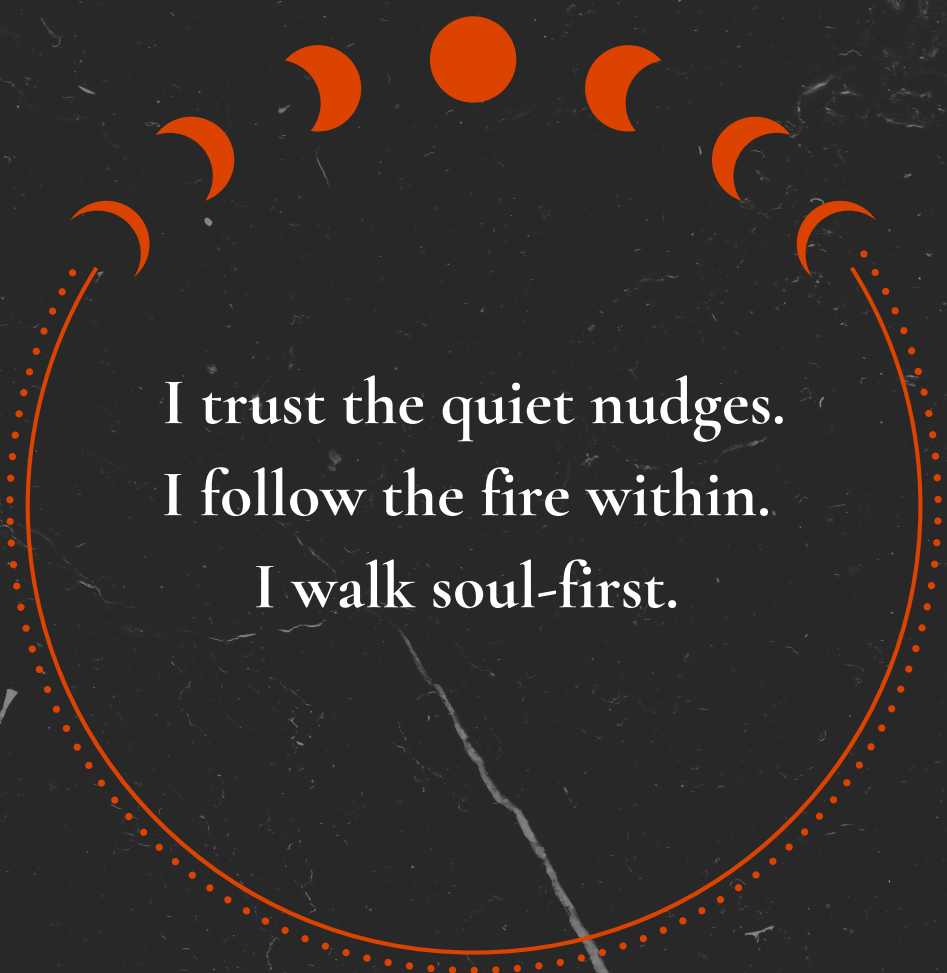


If your soul could whisper one thing to you right now, what would it say?



What steps do I need to take to live soul-first, with purpose and confidence?





I trust the quiet nudges.
I follow the fire within.
I walk soul-first.

If anything within this journal speaks to you, moves you,
or brings something to the surface,
I'd love to hear from you.

Feel free to share your reflections with me at:
carnelianheart183@gmail.com

With love,
Nelia – Carnelian Heart