

Manifesting is a method that you can use to create WHATEVER you want in your life.

Add to the below list what you:

- A. must have,
- B. could have,
- C. definitely can't have,
- D. Then write down 20 sentences about how GOOD it will feel when you have them.

It took me three days to manifest an INCREDIBLE intimate relationship with the most incredible man, and the list was 36 things long, and he had them all.

Yes, it sounds more like a MIRACLE, and maybe it was, but I am also positive that I attracted him by having a list, feeling the emotions, and having an open heart and a willingness to be just me, authentic Kat.





Here are your FREE manifesting scripts below:

JUST ADD YOUR OWN DESIRES

He/She must be:



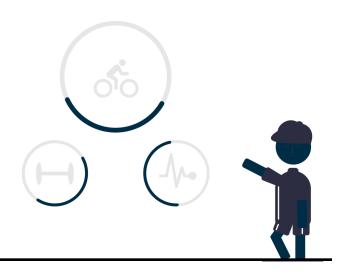
☐ Growing and Learning	
☐ Inspiring	

Here are your FREE manifesting scripts below:

JUST ADD YOUR OWN DESIRES

He/She could:

☐ Like cooking	
☐ Like gardening	
☐ Like cars or motorbikes	
☐ Like animals	
☐ Like beach activities	
☐ Likes exercising	
☐ Taller than me	
☐ A farmer	
☐ Have kids	





Here are your FREE manifesting scripts below:

JUST ADD YOUR OWN DESIRES

He/She definitely can't be:

☐ Unfaithful		
☐ Alcoholic		
☐ Taking Drug	S	
☐ Smoker		
☐ Unfit Mental	ly Or Physically	
☐ A Criminal		
☐ Sexually Dif	ferent To Me	
☐ Unemployed	b	
☐ Immature		
☐ Rude		
☐ Crude		
☐ Whinger		
☐ Financially U	Jneducated	
☐ Uninspiring		
□ Not Affection	nate	
□ Not Clean		
□ Lazy		
□ Unfocussed		



The trick is to read your list and use your imagination to actually feel deep inside.

EACH EMOTION attached to your sentences each day, preferably before bed.

For example:

- I want a forever relationship that lasts through tough times.
- He/she is going to be happy and kind to me and I am going to be happy and kind.
- They will be intelligent and we will grow and learn together through the stages of life.
- He/she will be healthy mentally and physically and we will both be strong for each other.
- They will be honest and faithful to me and my team.
- He/she will be mature and reliable each day, we will trust each other with our souls.
- They will be affectionate everywhere we go, we will be proud to hold each other's hands.
- He/she will be understanding when I am low and I will do the same for him/her.
- They will be masculine without being a dick about it and I will stay in my feminine energy.
- We will make decisions together and stand by each other even when times are tough.





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Each day read your sentences whilst imagining in your quiet time how happy and GRATEFUL you feel inside when you have them.

You will need to stay focused and be patient while the universe lines up your partner, they may still be healing from past relationships or relocating to a new job which could take a few months.

Keep your eyes open to who is around you, everywhere you go, be your best self and you will see him/her.

Expect to meet them each day, so be ready.



For my full book on how to be ready for your Dream Partner see my full series on Relationships 5.0 at https://www.katmurdock.com

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