

Understanding Your Pelvic Anatomy

The Sacroiliac Joint: A Keystone of Stability

Located where the spine meets the pelvis, the sacroiliac (SI) joints play a crucial role in transferring energy between your upper body and legs. These joints are supported by a robust network of ligaments and are designed for stability over mobility. When these joints move beyond their intended range or suffer from injury or wear-and-tear, discomfort and dysfunction can follow, manifesting as pain in the lower back and hips, affecting your mobility and quality of life.

Embarking on a Path to Relief

Your journey begins with a comprehensive consultation with your surgical team, designed to fully prepare you for the procedure and post-operative recovery. Together, they'll walk you through every step of the process, ensuring you're informed, comfortable, and ready to move forward toward a life free of SI joint pain.

For more information and to schedule an appointment to see if SI Joint Fusion could be right for you, contact your surgeon:

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Your Guide to Understanding SI Joint Fusion

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Recognizing Sacroiliac (SI) Joint Pain

Identifying the Source of Your Discomfort

SI joint pain can arise from acute injuries or chronic degeneration, leading to symptoms like sharp, sudden back pain, numbness, or a feeling of instability in the legs. Chronic pain often escalates over time, emphasizing the importance of early consultation with your healthcare provider. Through physical exams, imaging tests, and diagnostic injections, your doctor can pinpoint the pain's origin, setting the stage for effective treatment.

Exploring Your Treatment Pathways

From Conservative Care to Surgical Solutions

Initially, your doctor may recommend non-invasive treatments such as medications, physical therapy, or injections. However, if these measures fail to provide lasting relief, surgical intervention, specifically sacroiliac joint fusion, also known as SI joint fusion, might be considered to restore your quality of life.

SI Joint Fusion with SImmetry

A Minimally Invasive Approach to Lasting Stability

SiVantage's SI joint fusion procedure utilizes the SImmetry Sacroiliac Joint Fusion System, which is designed to stabilize the SI joint so it can fuse and alleviate pain caused by disruptions or degenerative sacroiliitis. Performed through a small incision with the aid of cutting-edge implants, instruments, and bone graft technologies, this approach seeks immediate stability to achieve solid fusion and long-term relief. Most patients are able to resume their normal activities within weeks.

Navigating Your Recovery

Recovery varies, influenced by your health, lifestyle, and adherence to post-surgery instructions. Your care team will design a recovery plan tailored to your needs, including physical therapy, activity modifications, and nutritional support to facilitate healing and restore mobility.

Understanding & Mitigating Risks

While all surgical procedures carry some risk, SiVantage's minimally invasive technique is engineered to minimize complications. However, should you experience new or worsening symptoms post-surgery, immediate consultation with your healthcare provider is essential to address any concerns promptly.

While adverse side effects are uncommon with SI joint fusion, some risks include wound infection, pain, bone fracture, nerve impingement, hematoma, anesthetic complications, blood clots, and other possible risks include device migration, implant malposition, and trochanteric bursitis (hip pain). Most complications can be managed with medications or rarely a repeat procedure.

