

**Exertional heat illness** – Although exertional heat illness is one of the leading causes of death among U.S. high school athletes, it is preventable, especially when quickly recognized and properly treated by an **athletic trainer**.

Sickle cell trait -

Athletic trainers are equipped

with best practices in identification and

management of sickle cell trait allowing the patient to thrive in work, life and sport.

Concussion –

Athletic trainers provide a safer return to work, life and sport after a concussion.



16 Asthma

-17 Diabetes

Sudden cardiac arrest – Sudden cardiac arrest is the No. 1 cause of sudden death in sport; however, survivability is greater when an *athletic trainer* is able to provide immediate care.



Spinal injuries – Athletic trainers are at the forefront of best practice management and prevention of spinal injuries.

ACL injuries

Osteoarthritis 48

46 Skin disease



Musculoskeletal injuries – Athletic trainers evaluate, treat and prevent these acute and chronic injuries, from head to toe.

From concussions and sprains to general medical conditions, there's an AT for that. As culturally competent health care professionals, athletic trainers are equipped to prevent, diagnose and treat a variety of health issues, often providing necessary preemptive, emergency and lifesaving care for all.

Celebrate athletic trainers throughout National Athletic Training Month in March and every day. Learn more at nata.org/natm.

## THERE'S AN A FOR THAT.