

# Reclaiming Manhood: Trading a Low Bar for a Higher Standard

Part One: The Lies Men Are Told—And Sold—About Money, Power, and Respect

Money, power, and respect.

Whatchu' need in life.

Money, power, and respect.

When you eatin' right.

Money, power, and respect.

Help you sleep at night.

You'll see the light.

It's the key to life.

(The Lox, DMX, & Lil' Kim. 1998)

The phrase "keys to life" implies that money, power, and respect unlock opportunities for success, purpose, peace, security, and lasting fulfillment. Repeated in music, media, and culture, these ideals have been handed to men as the blueprint for manhood. But reality tells a different story.

Many who attain wealth, influence, and status still report feeling vulnerable, anxious about losing control, or constantly seeking validation. These patterns suggest that while money, power, and respect may offer temporary advantages, they fail to satisfy the deeper, enduring needs of the human soul. If these things were enough, why do so many men who have them still feel empty—and keep searching for more?

What's worse, most men never stop to examine their actual needs. Instead, they adopt these worldly pursuits as if they are their own needs. For instance, people say, "I need money," but rarely ask why. Over time, money becomes the foundational starting point for security, peace, purpose, and fulfillment. But money, power, and respect are not true needs—they are tools to resolve deeper issues like the fear of vulnerability, uncertainty, and low self-worth. The entire value system becomes distorted when the tool is mistaken for the need.

#### 1. Misordered Priorities:

External markers like money, power, and respect are placed at the top, while internal virtues—integrity, faith, love, humility—are pushed aside or ignored.



#### 2. Unstable Foundation:

A man's sense of purpose, peace, and fulfillment depends on unstable, external factors—things outside his control, like wealth, social opinion, or status.

## 3. Behavior Driven by Fear or Insatiable Desire:

Because the foundation is fragile, men live in a cycle of anxiety—either fearful of losing what they've gained or endlessly chasing after more.

# 4. Ends Justify the Means Mentality:

When money, power, and respect are viewed as absolute needs, men may justify unethical actions, damaged relationships, or personal compromise to protect or increase them.

The man chases after the tool, convinced it will satisfy something deeper, but never addresses the root issues driving the desire. The problem isn't just a confusion between needs and tools; it's that money, power, and respect are fundamentally insufficient tools to achieve true prosperity. This is because they were never meant to satisfy your deepest need. That need is not financial, social, or psychological—it's spiritual. Your greatest need is reconciliation with God, and that is only met in Christ. When men replace Christ with money, control, or validation, they don't just aim low—they aim wrong.

Wealth may provide temporary comfort, power may influence outcomes, and respect may provide fleeting approval. But each of these is inherently unstable; money can be lost, power can be challenged, and respect can fade as quickly as it's given. Worse still, they are entirely external, dependent on factors outside man's control: economic conditions, shifting social opinions, and the actions of others.

Each has a practical and limited purpose: money facilitates provision, power enables responsible leadership or clear lines of authority, and respect fosters relational harmony and mutual accountability. But this is the heart of the issue: When these tools are elevated beyond their intended function, they cease to serve and begin to enslave. They shift from useful tools to false sources of security, control, and identity.



### Wealth and the Illusion of Security

A distorted pursuit of security is one of the core drivers of the modern man's value system. At its root is the fear of vulnerability—the sense that without financial strength, a man is exposed, powerless, and unprotected. As a result, men chase wealth, believing money will provide the protection, comfort, and peace they long for. But the hope for financial gain often drives them to take enormous—and arguably unnecessary—risks. When the reward is uncertain and the outcome unpredictable, how can a man possibly gauge how much risk is justified?

This creates a paradox: men may jeopardize relationships, health, or integrity for a reward that is never guaranteed. It's like gambling with no clear odds, leading to potential loss without a clear sense of reward. When the reward is as uncertain as financial success, there's no solid way to judge how much risk is "worth it." It becomes a series of speculative choices—each risk hanging precariously without a firm logical basis.

In contrast, the biblical model redefines risk and reward. For example, Jesus reminds His disciples, "And do not fear those who kill the body but cannot kill the soul. Rather fear him who can destroy both soul and body in hell" (Matthew 10:28, ESV). This is not to say that physical safety is unimportant. This creates a paradox: men may jeopardize relationships, health, or integrity for a reward that is never guaranteed. David fled King Saul's pursuits, Mary and Joseph escaped King Herod's wrath by retreating to Egypt, and the prophet Elijah fled from Queen Jezebel. In addition, following Israel's return from captivity in Babylon, the nation faced the daunting task of rebuilding its walls. As threats from neighboring kingdoms loomed, the prophet Nehemiah declared, "And we prayed to our God and set a guard as a protection against them day and night" (Nehemiah 4:9, ESV). He further urged the people, "Remember the Lord, who is great and awesome, and fight for your brothers, your sons, your daughters, your wives, and your homes" (Nehemiah 4:14, ESV).

Here, the risks—whether they manifest as poverty, persecution, or even the ultimate sacrifice of life—are not gambles for transient material gain, earthly power, or self-preservation but acts of obedience grounded in truth, delivering eternal security, comfort, and peace through Jesus Christ. While practical steps for protection were taken, proper security was ultimately found in faithful reliance on God's guidance, provision, promises, and purpose.



### **Power Through the Submission of Control**

Power is rarely pursued for its own sake. More often, it is the response to an unspoken fear—that life is uncertain, outcomes are unpredictable, and without power, a man is exposed, vulnerable, and unprepared. In a world where the economy shifts, relationships fail, plans collapse, and tragedy can strike without warning, control seems like a reasonable defense. Men believe they can secure peace by predicting events, shaping decisions, and guarding their interests.

But the logic begins to break down. How can a man control what is, by nature, uncontrollable? He cannot predict the market, read every intention, or eliminate every risk. And when circumstances can't be controlled, the temptation is to control people instead. Manipulation becomes a strategy—an attempt to manage outcomes by managing others. But the human heart cannot be mastered. As the prophet Jeremiah says, "The heart is deceitful above all things and desperately sick; who can understand it?" (Jeremiah 17:9). Power, then, becomes a tool not for stability but for self-preservation. It creates anxiety, not assurance, because even at its height, it still leaves a man exposed to the unknown.

But in the biblical model, confidence in God transcends uncertainty. It allows a man to thrive within it. Scripture never promises that life will be predictable. It promises that God will be present, faithful, and sovereign in the midst of the unknown. From the book of James, it says, "You do not know what tomorrow will bring... Instead you ought to say, 'If the Lord wills, we will live and do this or that" (James 4:14–15). Faith, then, is not the absence of uncertainty but the result of surrendering to God's Word in the face of it.

Abraham offers one of the clearest depictions of faith that transcends uncertainty and dismantles self-preservation. When God commanded him to sacrifice Isaac, "Abraham rose early in the morning, saddled his donkey, and took two of his young men with him, along with his son Isaac" (Genesis 22:3). He didn't question, resist, appeal, or rationalize—he obeyed. From a human perspective, everything was at stake: his fatherhood, his future, and God's covenant fulfillment. He loved Isaac. Yet, as he and his son walked up the mountain, he told his servants, "Stay here with the donkey; I and the boy will go over there to worship and return to you" (Genesis 22:5). When Isaac asked where the lamb was, Abraham replied, "God will provide for Himself the lamb" (Genesis 22:8).



Abraham's confidence wasn't rooted in the situation's predictability but in God's character. That understanding liberated him from anxiety, even in the face of devastating loss. It released him from the responsibility to preserve Isaac or secure God's promises. He was willing to give everything, believing God could still fulfill His word—even through death (Hebrews 11:17–19). In Abraham, we see the antithesis of worldly power: a man not driven by control but sustained by faith, not clinging to outcomes but resting in the assurance of God's character, not grasping to protect what was his, but willing to sacrifice what mattered most, trusting that God would provide.

### Respect and the Search for Identity and Self-Worth

The third false pursuit—respect—is often rooted in a deeper need for identity. At the heart of every man is the question: "Who am I?" When he lacks self-worth, he instinctively begins to look for ways to earn it. Respect becomes the goal, and the strategy to gain it is through the accumulation of impressive identities—his image, his accomplishments, and his reputation. He hopes that if he can become someone others admire, he'll finally feel like someone of value. But the foundation is flawed.

Respect becomes the currency of belonging, and external validation replaces inner conviction. This confusion often shows up in everyday conversation. Ask a man who he is, and he'll often respond with what he does: "I'm a doctor," "I'm a soldier," "I'm a business owner." But those aren't answers to the identity question—they're descriptions of occupation or social function. These are roles he has chosen or earned, often shaped by cultural expectations or personal ambition. They describe how a man operates in the world but not who he is at his core. And when identity is built on roles or achievements, it becomes fragile. It must constantly be maintained, defended, and re-earned. A bad decision, a lost job, or a failed relationship can unravel his entire sense of self. Identity built on human approval is only as secure as the opinions it depends on—and those opinions are always shifting.

But there is another way. True identity isn't built from the outside in—it's received from the inside out. In Christ, a man doesn't have to wonder who he is. He is chosen, redeemed, and called to a greater purpose than himself. He is a member of the body of Christ, meant for God's glory and His work.



In contrast, God-given roles are not meant to define a man but to express who he already is in Christ. Within a secure identity as a son of God, a man is entrusted with assignments: he may be called to be a husband, a father, a pastor, or a provider. These are not performances to validate worth, but sacred responsibilities that flow from being a son, an heir, and a servant of the King. His value doesn't come from how well he performs in those roles but from the One who gave them to him.

In Christ, identity is not unstable—it's secure. A man doesn't need to chase recognition, prove his worth, or earn a seat at the table. He has already been given a name and a place. He is a son of God (Galatians 4:7), a new creation (2 Corinthians 5:17), chosen and beloved (Colossians 3:12), and a member of Christ's own body (1 Corinthians 12:27). These truths dismantle the need to maintain a false image, fight for social belonging, or measure himself by the world's approval. His identity is not his performance—it's his position in Christ.

# The High Standard

The world has offered men a counterfeit roadmap paved with money, power, and respect. These are not true needs but distorted perceptions of what men believe will bring security, control, and identity. They promise peace of mind, assurance, and self-worth—but deliver anxiety, instability, and isolation. They are low bars, not high standards.

A fear of vulnerability drives the pursuit of wealth, yet true security is not found in material gain but in trusting the God who provides and never fails.

A fear of uncertainty drives the pursuit of power, yet true peace is not found in controlling outcomes but in surrendering to God's sovereignty. A crisis of identity drives the pursuit of respect, yet true belonging and self-worth are not found in recognition but in knowing we are already sons of God, redeemed and called according to His purpose.

Biblical manhood does not begin with what a man can prove or possess—it begins with who he belongs to. It does not rise by striving but by surrendering. And it is not defined by outward success but by inward transformation. When a man knows who he is in Christ, he is no longer enslaved to the world's definitions of success. He walks in peace, strength, and purpose—not because he has gained control but because he knows the One who reigns over all.