



M2M Small Group Discipleship Meeting Guide

Meetings every Saturday at 1:00 pm EST in Map2Manhood Discord (see QR Code)



Resources Needed

- A Bible
 - A Journal
 - A Prayer/Life Events Journal
 - A Pen
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Purpose of the Meeting

This gathering is designed to be a space where transformation happens through mutual growth, shared faith, and brotherhood in Christ.

- A. Experience genuine spiritual transformation.
(4x journal entries a week = 208 truths, 208 self-reflections, and 208 prayers. 1 verse a week = 52 verses of God's Word stored in your heart.)
 - B. Learn how to disciple another man through shared example.
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Intent

- A. One man discipless another man on how to disciple someone else through mutual participation in the steps of discipling.
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Participation Requirements

1. A genuine hunger to grow in Christ
 2. A commitment to consistent participation and honest engagement
 3. Confidentiality – What is shared in the group stays in the group. Trust and safety are essential for growth.
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Coordinating Instructions:

- A. Discipleship meetings can take place in-person or virtually.
 - B. Discipleship meetings range from one to two hours.
 - a. (The number of participants significantly affects the time required)
 - C. Small group 1-5 participants.
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Meeting Structure

1. Life Events Recap (Using the Prayer & Life Events Journal)

- Begin by recording the date of the meeting and all who are present.
- Each brother takes turns giving a brief update on any life events shared during the last meeting. Others refer to their previous notes and ask:
“What’s the update since then?”
- As updates are shared, new notes are written into the journal. These updates often lead naturally into prayer topics. If not, ask:
“What can I pray for you about in that situation?”
- Note the names of family members and close friends mentioned. Add details like birthdays, ages, and hobbies over time as they come up in conversation.
These details are not for curiosity but for care—so we can pray, remember, and serve better.

2. Journal Entry Sharing

- Each participant reads aloud a journal entry from their personal Bible reading.
- The entry should include:
 - The verse or chapter studied
 - The theme or topic that stood out (the “hook”)
 - A personal reason the verse resonated with them
 - The biblical truth or principle drawn from the passage
 - The prayer they wrote in response to what God revealed
- After reading, the group reflects and responds with encouragement, questions, or discussion.
The goal is not to critique but to share insights and strengthen one another in the Word.



3. Verse Memorization Accountability

- Each man chooses a verse to memorize during the week (typically the one from his journal entry).
- During the meeting, each brother recites his verse word for word to the group.
- Others follow along in their Bibles to listen and support.
 - One designated participant gives feedback by noting any missed or misplaced words.
 - If someone wants to try again, encourage them!*It's about hiding the Word in our hearts (Psalm 119:11), not passing a test.*

4. Prayer

- Each participant asks another, "What do you need prayer for this week?"
 - This may tie into what was shared in the Life Events Recap or Journal Entry.
- The inquiring brother writes down the prayer requests and then prays out loud over his brother.
- Each man should pray for someone different, creating a circle of intercession and shared burdens (Galatians 6:2).

5. Scheduling & Commitment

- Before closing, agree on the next meeting date, time, and location.
- Confirm who plans to attend and which verse each brother will memorize for the next session.

Matthew 28:19

"Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit"