Ideals of Love

Relationship Paradigm

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Idealsoflove.com





Thank you for engaging in this revolutionary framework of ideas. Whatever challenges you are facing, I am confident that this understanding will help you break through to a new level of peace.

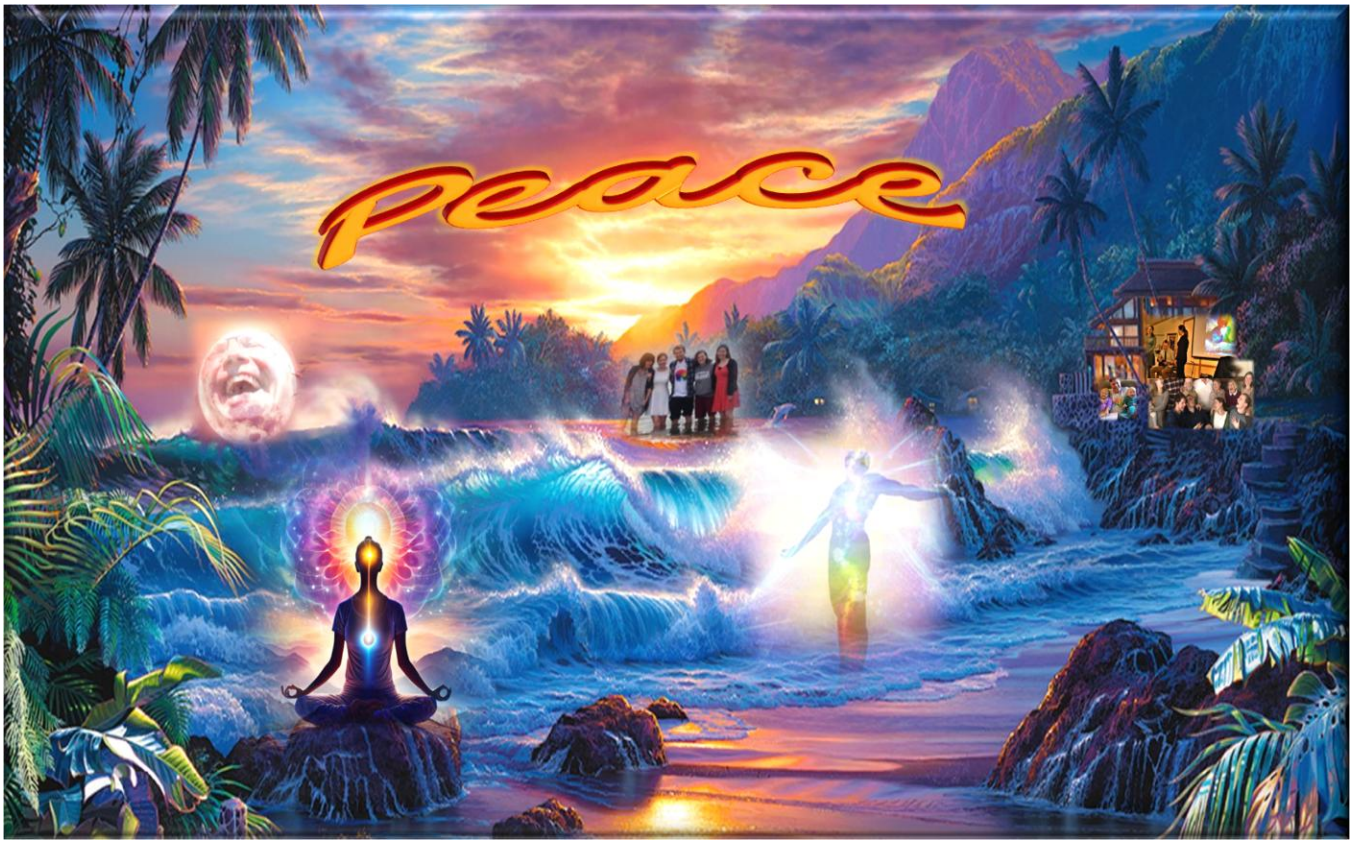
This booklet is an artistic expression of my teaching. As a visual learner, it has served to keep me inspired over many years of development. It is divided up into three parts; A Message- the introduction, A Model- the practical plan for peace, and A Movement- the implementation for our lives and relationships.

I present this content at live events and in videos you can watch on the Ideals of Love website. I look forward to hearing your impressions and any input you may have to make this paradigm even more spectacular!

Sincerely, Jas Smith


Ideals of Love Paradigm
Message Model Movement

A Message of Peace



1 It's All About Relationship!

There are so many uncertainties, yet whatever the future holds, the best way forward for our personal lives, for humanity and for everything on this planet is to build meaningful, joyful, lasting relationships.



1. Peace is the Result

Peace is the word that embodies the result we want to experience in all our relationships Be it the relationship between our mind and body, relationships with our partner, family and coworkers, relationships between communities, nations and the creation.



Inner Peace

Harmonious Relationships

World Peace

2. Our Current Reality

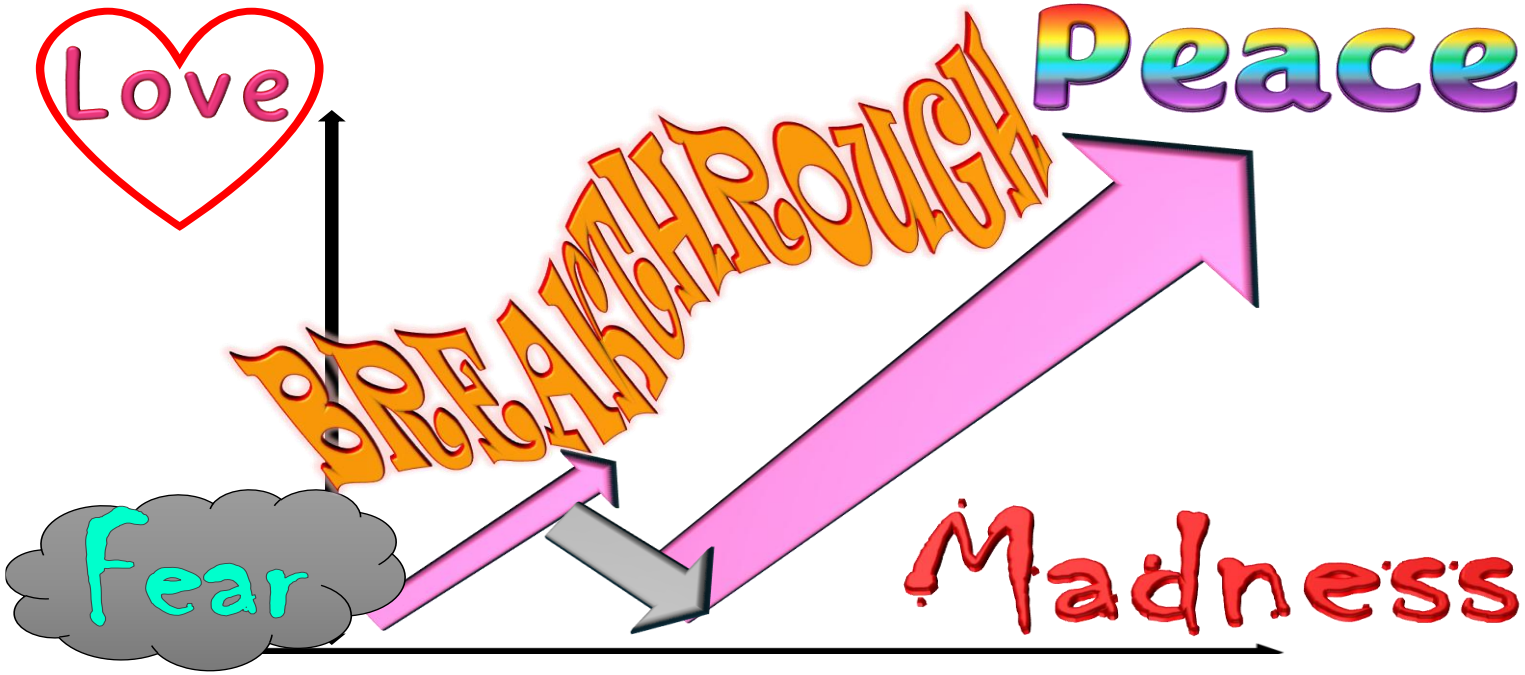
We all want to live in peace, yet we are constantly dragged down into madness. It is imperative that we break through into a world beyond war, lest we plunge into a madness the likes of which we may never return.



3. Our Breakthrough!

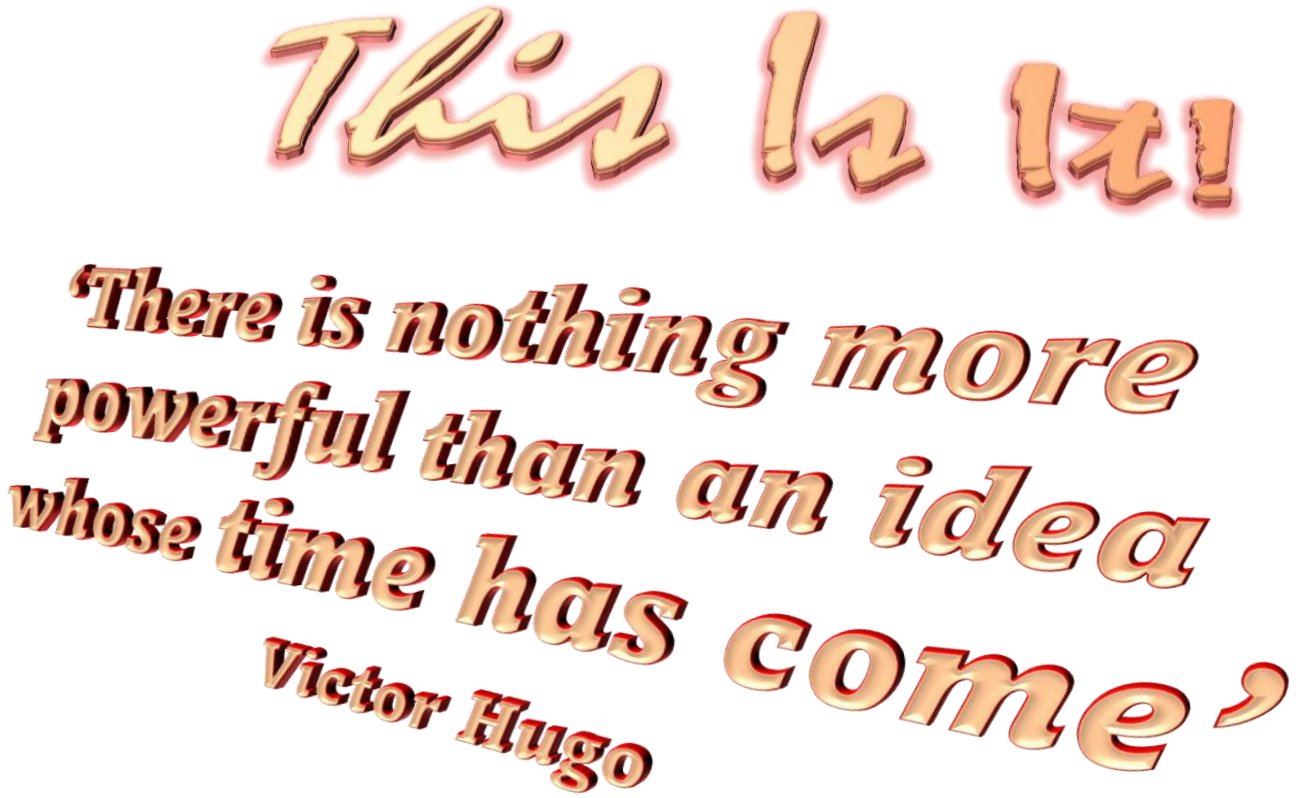
Peace is inherent within our design, it is our destiny! Yet it is up to each one of us to make it happen. A breakthrough needs to bring:

- Steps for becoming a healthy individual of peace who can build peaceful relationships
- A diagnosis of the malignancies that plague the human condition,
- Practices that deliver healing to the individual and healing to the collective, realizing lasting peace once and for all!



5. Radical, New Paradigm

The Ideals of Love Paradigm brings together the best ideas and discards the rest. It is a model for individual enlightenment, a framework for meaningful relationships, a mandate for loving stewardship of all things. It transcends our limitations and unites us in the awareness of our oneness in Peace.



6 Taking Ownership

The Audacity!

How do I have the audacity to declare this teaching our final breakthrough???



1st- Owning our story

I have no fame, no fortune, no accolades. What I do have, WHAT WE ALL HAVE IS OUR STORIES! We have our experiences that always drive our lives forward!



I was born into a wonderful family as the tenth of twelve, giving me an idealistic sense of the world. Don Quixote's 'Impossible Dream' became my life mantra. I joined Father Moon's messianic movement. Marrying people from different races and nations, he introduced me to Megan. We were married three days later. We fought like cats and dogs, but with five children we had to figure it out. Believing Love was a verb, we created a program called Ideals of Love.

2nd - Owning our Beliefs

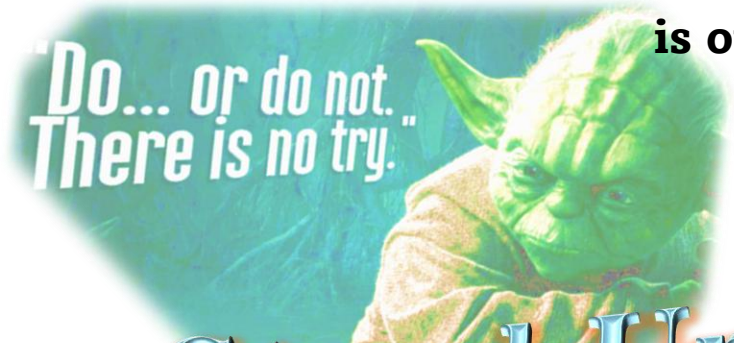
Our church became wracked with scandals. After failing to condemn the cruelty of MAGA, we left altogether. It was up to me to deconstruct my belief system and take responsibility for the negative consequences of those beliefs, figuring out what I stood for. **Now is the time for each of us to take ownership of our beliefs!**

Beliefs Have Consequences!

3rd- Owning our Power

Quantum physics reveals that everything is a wavelength of possibility until it is observed and decided upon.

Peace shall remain an unrealized possibility until we audaciously declare, with conviction, that this is our destiny!



Stand Up, Speak Out!

A Model of Peace



1. Paradigm of Peace

In building a model for peace, we start by recognizing that world peace is built upon harmonious, interpersonal relationships, which in turn are built upon individuals of peace. Ergo, our model is built upon the foundation of Inner Peace, such that this individual of peace can become an agent for collective peace.



2. Building a Framework

A Peaceful Mind, Spirit and Body is a product of the give and take expansion caused by our Thoughts, Words and Actions, which in turn originate in what we find meaningful; our Values, Visions and Missions.



3.Beliefs Shape Consciousness

Values, Visions and Missions are sourced from our beliefs,
developed by what our Intellects perceives as True,
our Emotions feel as Beautiful,
and our Will determines as Good.
This is the shaping of our consciousness and the person we become.



con·scious·ness [ˈkänSHəsnəs]
1.the state of being awake and aware of one's surroundings:
•the fact of awareness by the mind of itself and the world
-the quality of being aware of something within oneself

4. Truth, Beauty, Goodness

Wisdom fro ancient trmaditions and modern philosophies recognize truth, beauty and goodness as objective, observable phenomena in our lives and across the Universe





5. A Universe of Peace

Universal Truth, Beauty and Goodness is at the genesis of Creation,
the ineffable, driving force of our lives and the Universe,
resulting ineffable, magnificent Peace.



6. Our Power to Choose

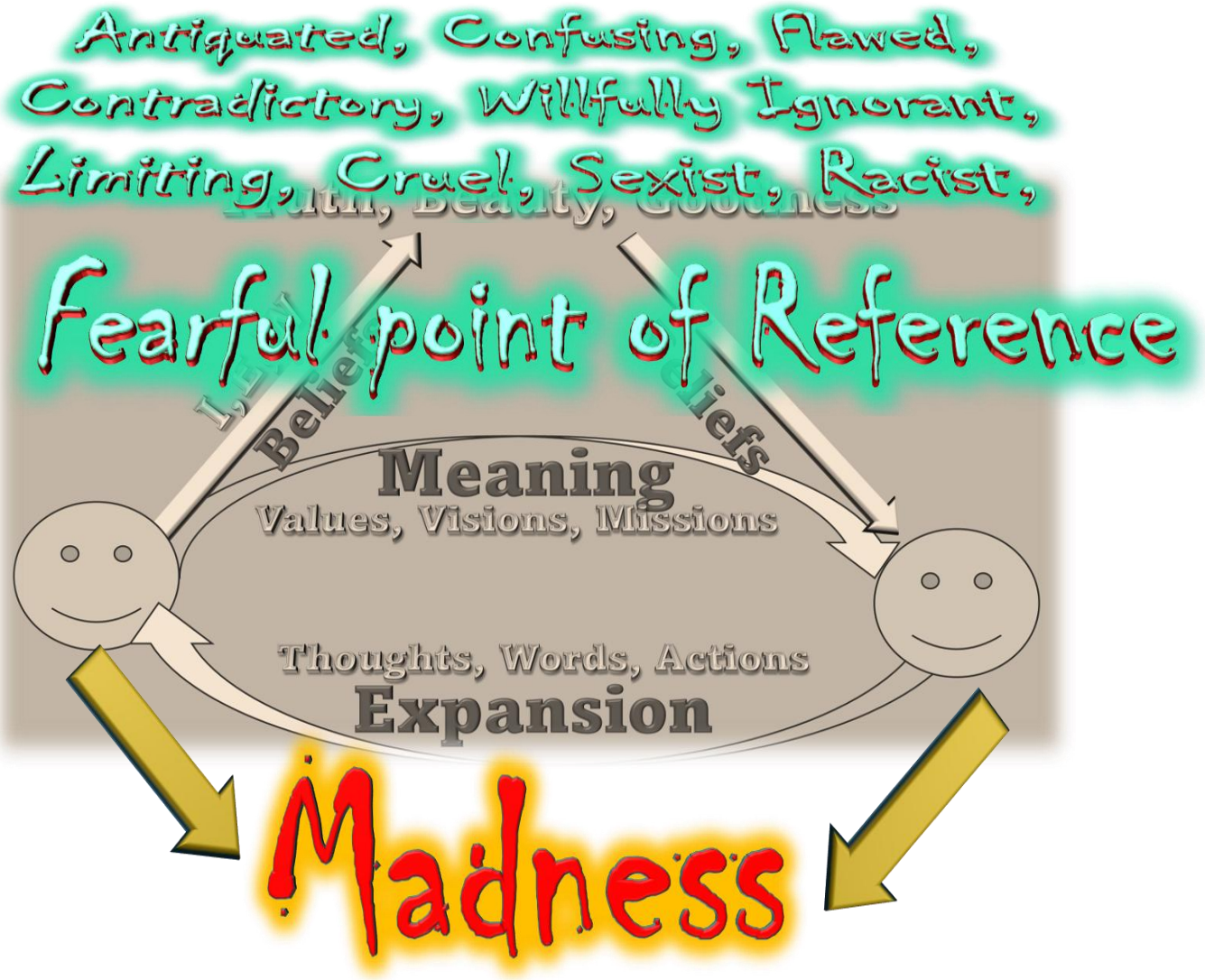
Then Along Comes Homo Sapiens!

Our ability to respond to the consequences of our choices is a spectacular development of Consciousness.
Through our Reasoning, Intuition and Free Will- Beliefs, we have the individuated subjectivity to interpret Truth, Beauty and Goodness, leading to the expansions of Peace.



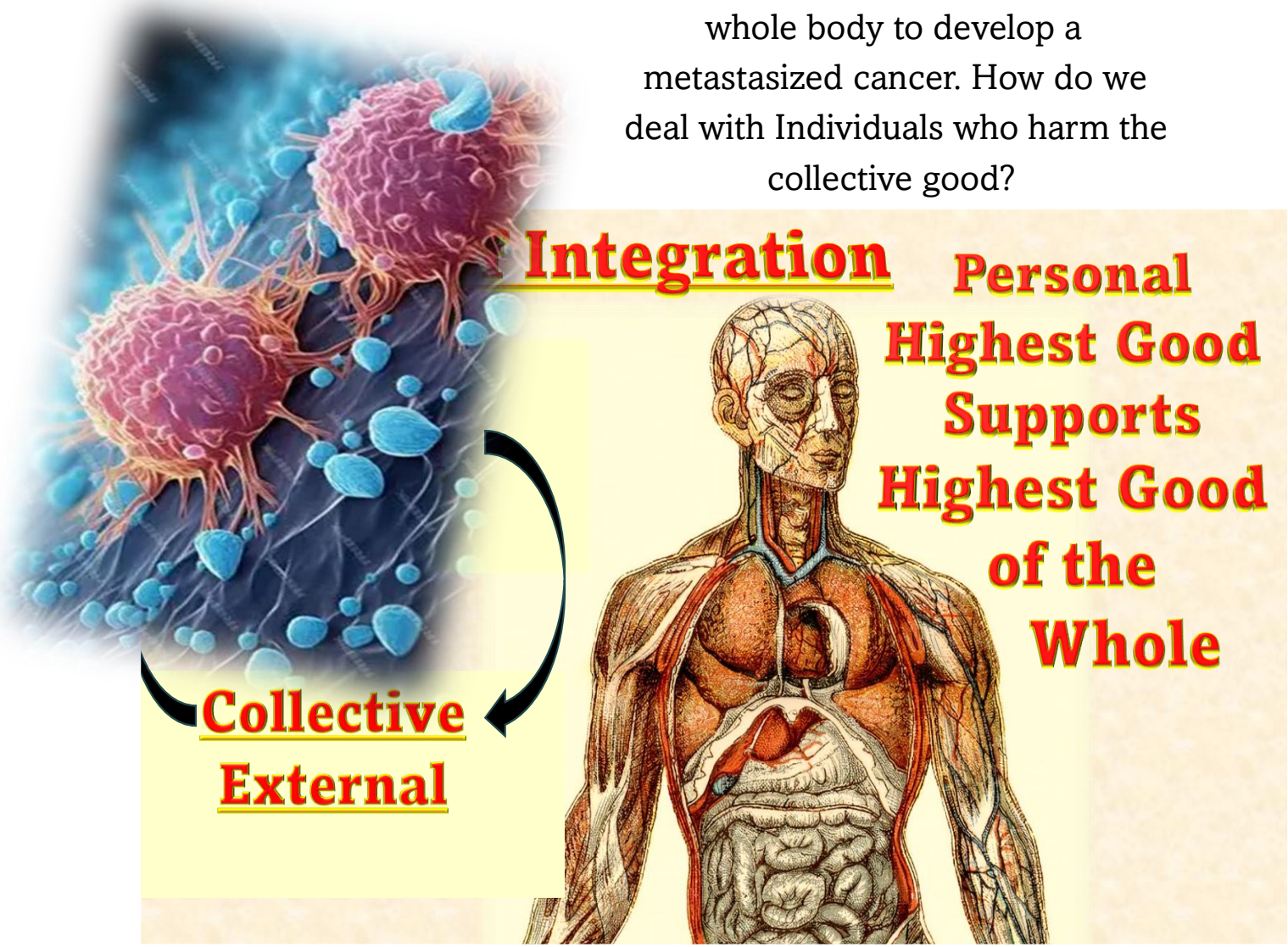
7. Fearful Point of Reference

However, if our subjective interpretation of truth, beauty and goodness comes out from a place of fear, it leads to unloving beliefs that result is madness.



8. The Human Paradox

Our conundrum is that individual choice can become detrimental for the wellbeing of the whole. Using the analogy of the human body, it only takes one cell to go rogue for the whole body to develop a metastasized cancer. How do we deal with Individuals who harm the collective good?



9. Universal Agreement

Peace is only possible by reconciling individual freedom while holding all people accountable to making choices that support the common good of all. To secure a peace beyond all war, humanity must establish a mutually agreed upon point of reference of truth, beauty and goodness.



10. A Supreme Authority

Where do we find it? Freedom to choose and respond to the consequences of our choices is integral for our development. To acquiesce our beliefs to an outside authority defies our development and the essence for living. **Teachers of peace demonstrated that the supreme point of reference must come from within.**





11. Our Deepest Knowing

We travel within to connect to our deepest knowing, our innate, Universal wisdom. If truth, beauty and goodness are the 'How' of realizing Peace, what is the 'Why' of existence? Why are we here? Why do we strive to live? 'What' was the original impulse of all energy and matter?

What is the Prime Motivator of the Universe?



12. The Caring Exercise

Let us embark upon a journey into the landscape of our souls

When first developing an inner journey experience, participants were asked to imagine their deepest motivators for living. However, they got stuck on the would of, should of and could ofs in their lives. So instead of focusing on the 'Me' we switched our 100% focus on someone we care about.



Caring Exercise

- ***A knowingness the Universe conspires to their highest good***
- ***A peaceful and calm mind, seeing through eyes of Love***
- ***A deep self-Love and knowing self worth/ unique value***
- ***That they develop virtues of Love, a wholesome character***
- ***A strong will to persevere in what they set out to accomplish***
- ***A nurturing and safe home life.***
- ***A hunger for learning.***
- ***A great school community***
- ***A healthy sense and respect of sexuality***
- ***Experience connection and intimacy that lasts a lifetime.***
- *They have a loving circle they call 'Family'.*
- *That they develop a parental Heart and the joy of parenting.*
- *Know the abundance of life, a Love for all things*
- *Travel the world/ experience civilization and natural wonders*
- *A deep appreciation for food and cooking, healthy diet*
- *Hobbies that put them in touch with our creativity*
- *A Fulfilling career and the comradery of loving coworkers*
- *That they enjoy the fruits of their labor,, make an impact*
- *They enjoy their golden years. surrounded by Love.*
- *That they know the eternalness of the Love they have become.*

1st Lesson
Highest Version of Self

Why does it feel good to care for someone else?
It reflects our best self, our virtuous self. Can we care about more than our loved ones? Yes, we do it all the time. We have the capacity to expand our caring, to all people and all things, which allows us to be an even greater version of ourselves.



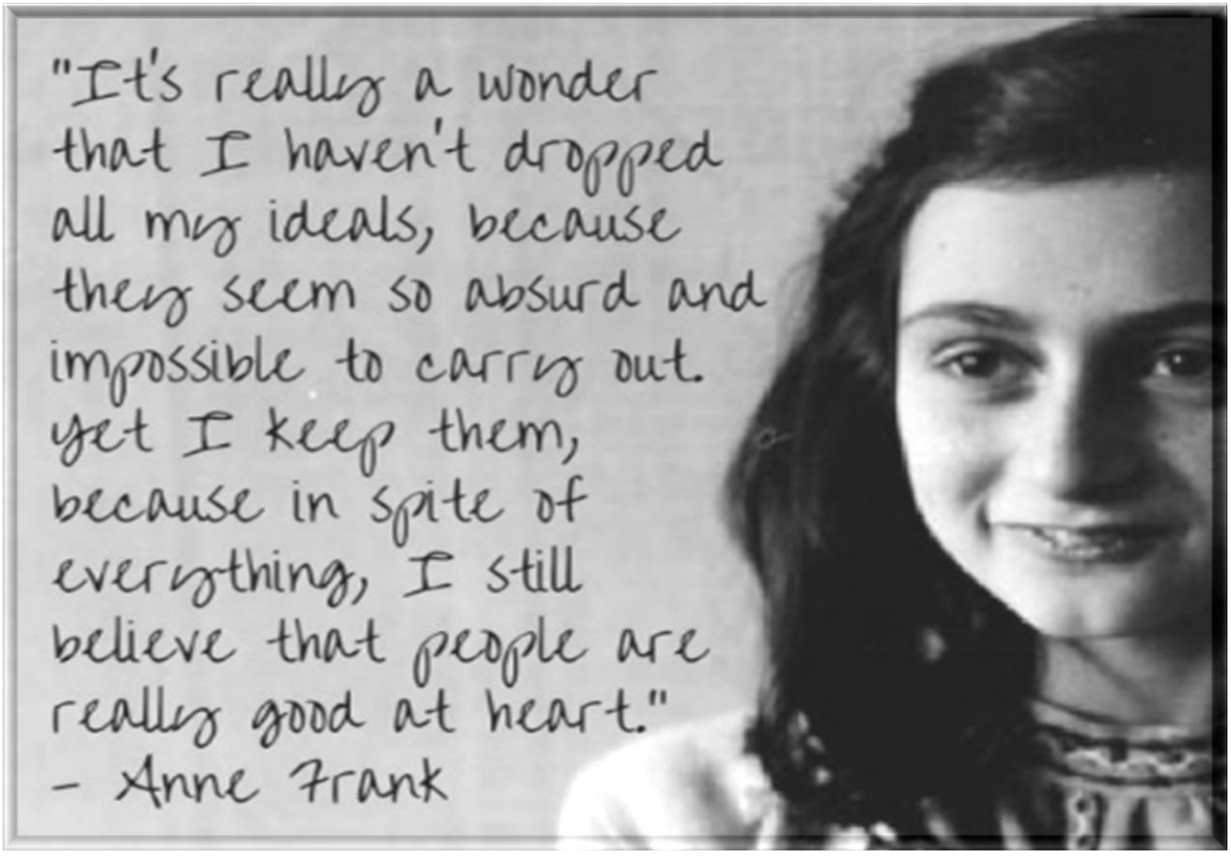


Eulogies of Love

Great people throughout history are remembered for their capacity to care and the peace it brought to others.
A poignant testimony of this can be experienced at any funeral.
Above any other life accomplishment, we want to be remembered and to remember our loved ones for how their caring for others made in positive impact and how it defined the best version of who they became.

2nd Lesson
Hold Others Capable

Does everyone have this capacity to cultivate their caring for others? Of course- to think otherwise is to doubt the potential of their own lives. Every person is born into this world with the capacity to become a spiritual giant of caring.



3rd Lesson

Our Highest Hopes and Wishes

What do these caring points have in common? They are our highest potentials and possibilities- **IDEALS** They all are calling us forward to become the best version of ourselves, a caring, kind, compassionate, serving person- **LOVE.**

Ideals of Love show up in all areas of life!



14. TBGIL

Truth, Beauty, Goodness Ideals Love

Inner Knowing is the Truth, Beauty and Goodness of the Universal Forces of Ideals of Love:



Inner Connection to Universal Truth Reveals Our Shared Knowing of Purpose

Just as Truth guides all things through laws and principles, so too is life driven by the Truth of our shared Purpose of Ideals of Love.



Inner Connection to Universal Beauty Reveals Our Shared Knowing of Heart

Just as Beauty is expressed in infinite, unique varieties so too our lie is a unique expression of the Beauty of our shared Heart of Ideals of Love.

One Heart



Inner Connection to Universal Goodness Reveals Our Shared Knowing of Integrity

Just as Goodness is the integration of all relationships,
so too is life an integration of relationships centered on our
shared Integrity of our Ideals of Love!



Our Shared Knowing

The core proposition of the Ideals of Love Paradigm is that if we unite centered upon our shared knowing of Purpose, Heart and Integrity, we can realize inner peace, harmonious relationships and a world of lasting peace!!!



15. Supreme Point of Reference

Universal TBGIL Aligns Personal Beliefs with Collective Knowing, Serving as the Supreme Point of Reference we can Unite Upon for Realizing Peace.



Universal, Objective

Truth, Beauty, Goodness

Individuated, Subjective

Truth, Beauty, Goodness

Grow to Embody Peace

Peace

16. The Great Reconciliation

This is our Breakthrough! We have resolved the intractable dichotomy of individual choice verses the common good. We have aligned individual and collective consciousness centered on realizing peace!



Revolution of Consciousness

17. Naming Our Why

If our Ideals of Love come out from our capacity to care, it stands to reason that the driving force of the Universe is also to realize greater and greater expressions of Peace. Ergo, the First motivation, the Cosmic Potential, the big bang blast of creation comes out from a deep longing to care. Our Collective Knowing has many names. In this teaching-

The Prime Source of Life is the Impulse to Care



18. Ideals of Love Symbol

To solidify our breakthrough, we shall use this elegant, sublime symbol that represents the Purpose, Heart and Integrity of all Relationships.



19. Core Fundamentals

Having identified our beliefs, we can now find meaning in our relationships, reciprocate with others, creating the give and take expansion that results in peace.

7 Fundamentals for Developing a Person of Peace

1. Heart
2. Purpose
3. Integrity
4. Beliefs
5. Meaning
6. Expansion
7. Peace



20. Process of Growth

None of this happens automatically. Just as our external maturity goes through stages of growth, so too does our internal state. The seven fundamentals are therefore a model for healthy development.



21. Reality of Madness

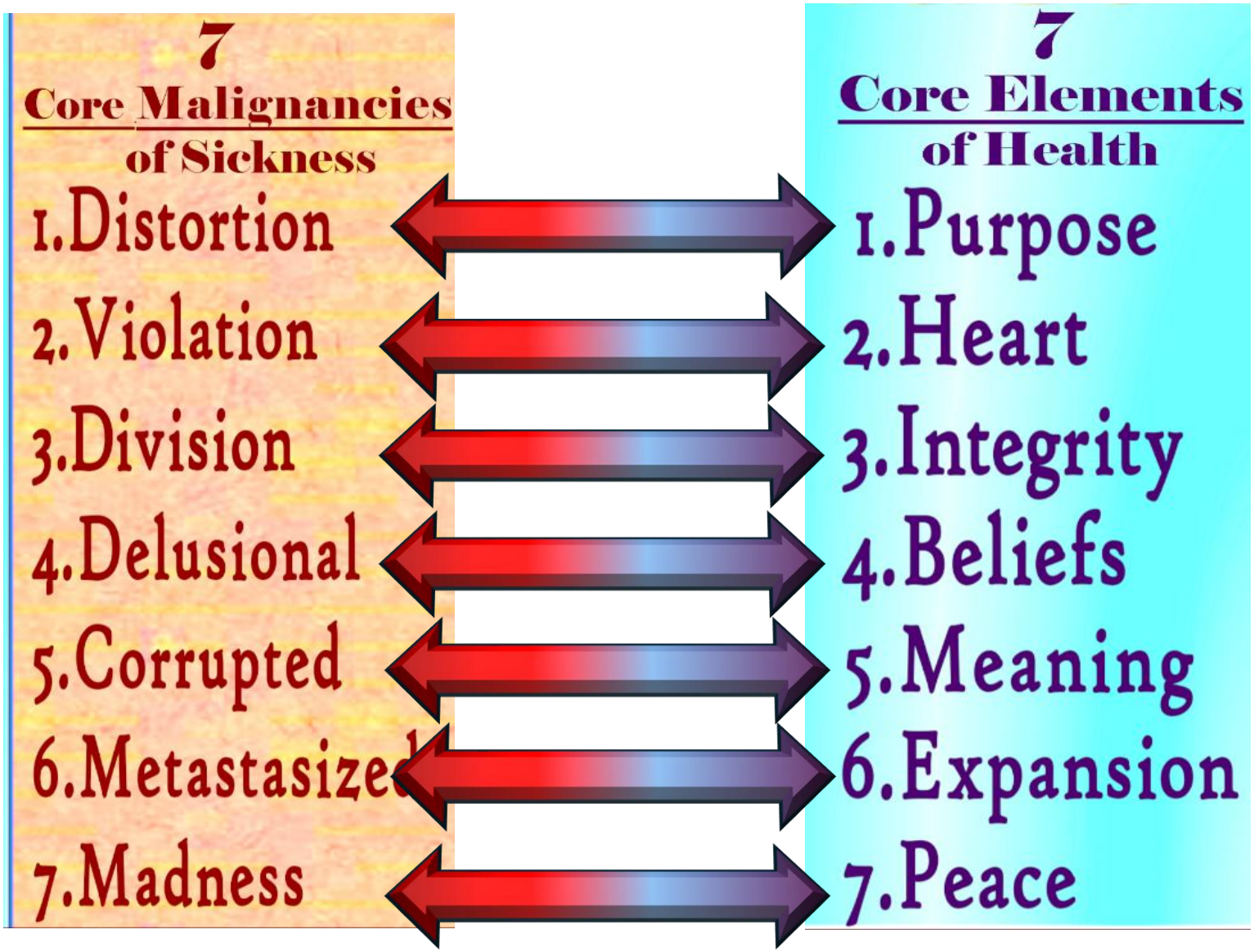
When our development is hindered by woundedness, we get stuck in our growth, entering into a state of stagnation. Instead of striving in our Ideals of Love, we languish in the depravity of Fear.





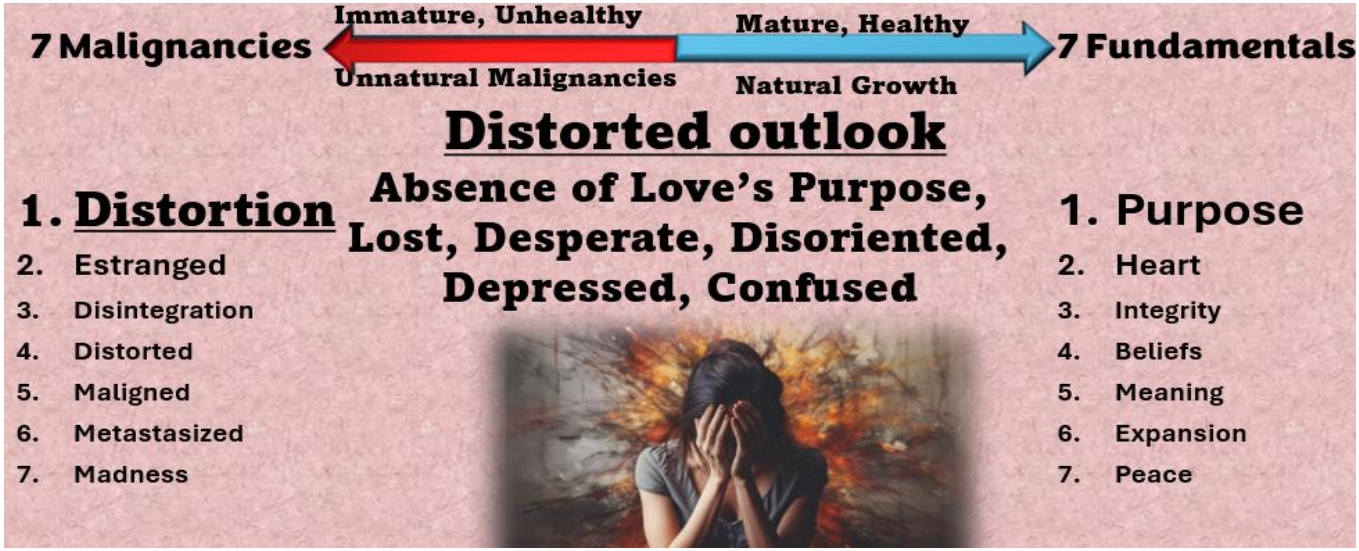
22. Opposing Malignancies

The inverted opposite of the seven fundaments of health
are the seven malignancies of sickness.



1st Malignancy: Distortion

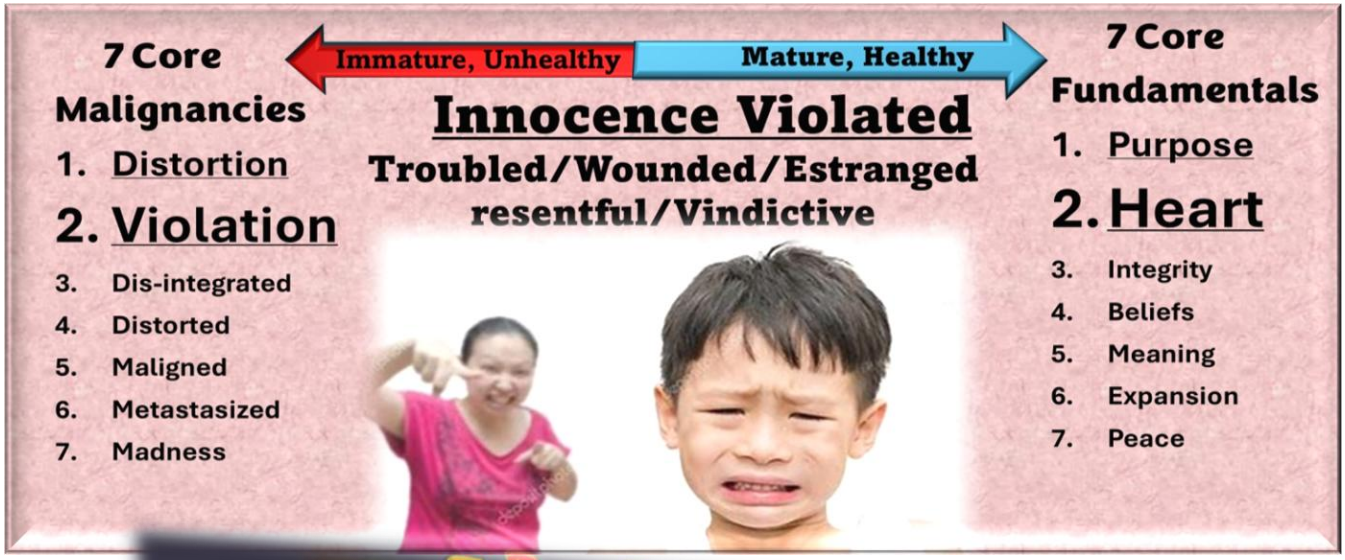
Deprived of knowing our Purpose of Ideals of Love, our perception of what is true becomes distorted,

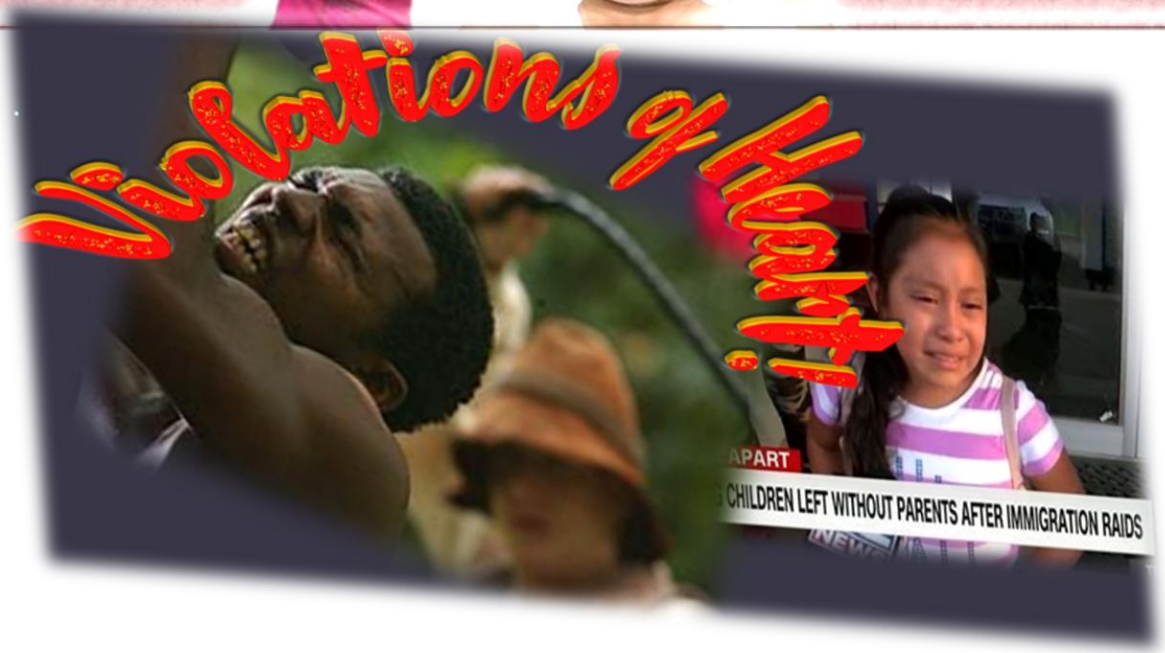




2nd Malignancy: Violation

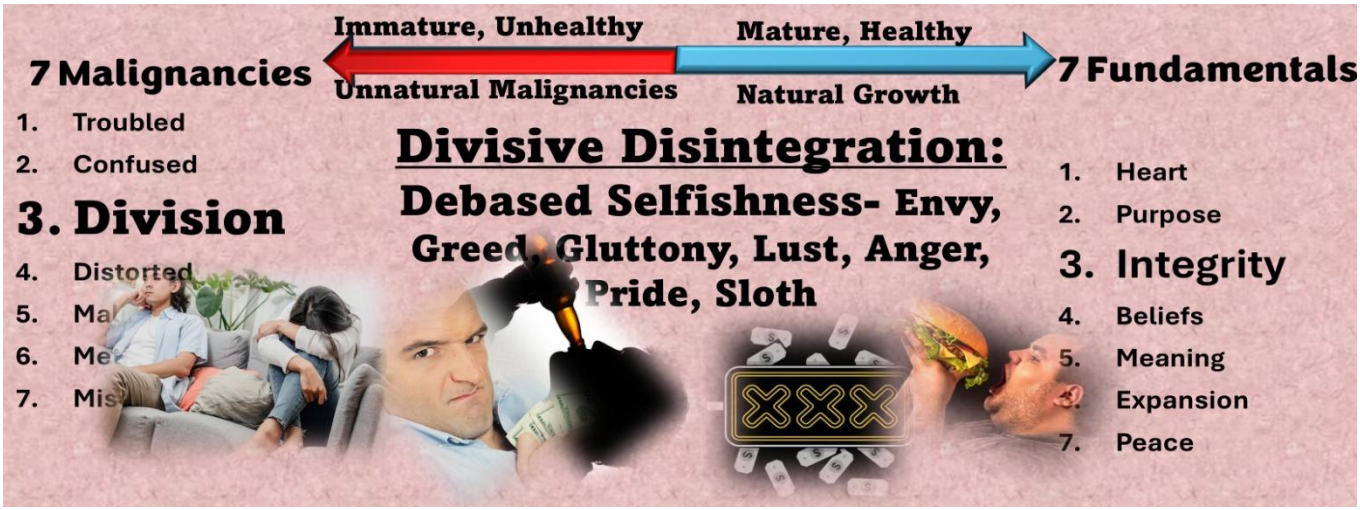
The heart is exposed and easily violated by those who lack a knowing of Love's purpose.

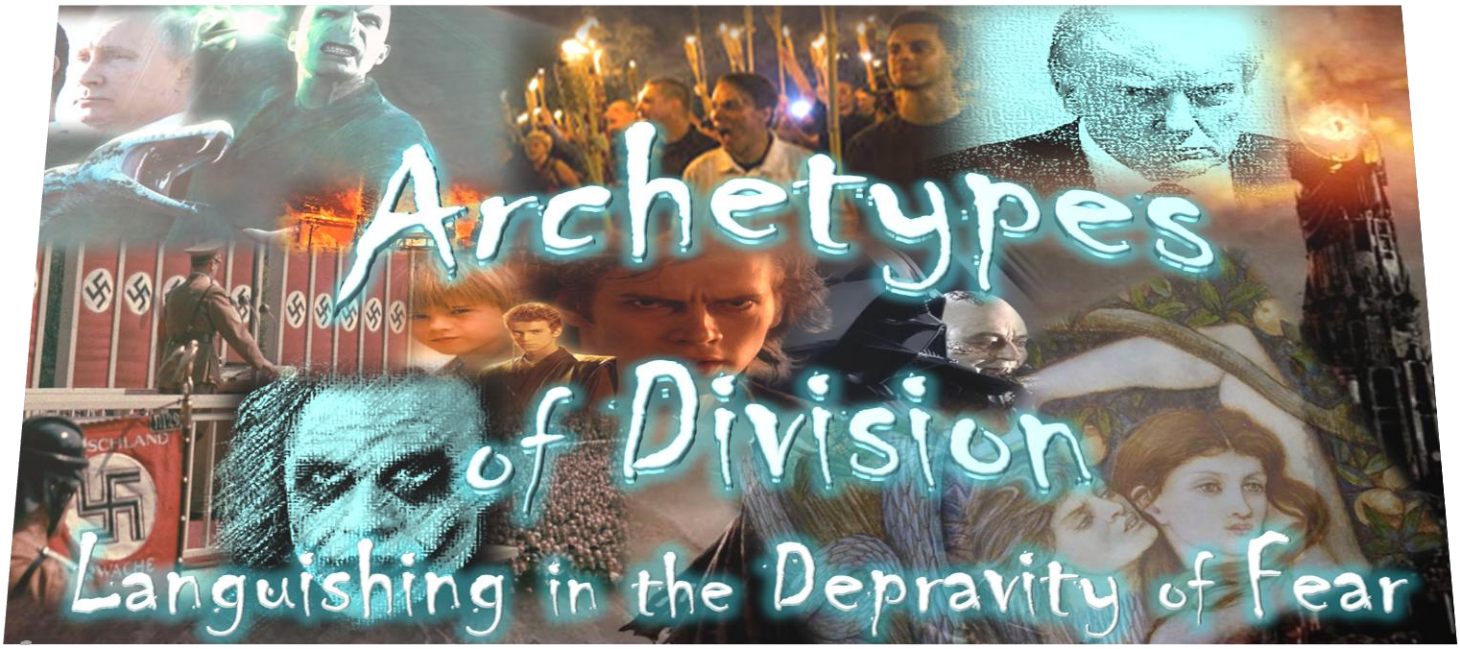




3rd Malignancy: Division

Lacking all Integrity, we abandon unity and our relationships dis-integrate, sowing division and ultimately Madness.





4th Malignancy: Delusional

A distorted, violated, divisive point of reference leads to a delusional belief system.

7 Malignancies ← → **7 Fundamentals**

1. Blocked
2. Confused
3. Dis-integrated
4. **Delusional**
5. Maligned
6. Metastasized
7. Madness

Delusional:

Unloving Beliefs- Blame, lies
Acquiesce Critical thinking,
Willful Ignorance, Unexamined





Delusional Beliefs

We are Animals:
Conflict is Inevitable

Star Wars Theory:
Conflict is Inherent

Salvation Doctrines:
Conflict is Necessary

5th Malignancy: Corrupted

Instead of relationships grounded in meaning, our relationships are corrupted, misaligned towards madness



7 Malignancies

Immature, Unheal

Unnatural Maligna

Fundamentals

Maligned:

Unhealthy, Unexamined Self-Serving

1. Unexamined
2. Confused
3. Dis-integrated
4. Dissonance
5. **Corrupted**
6. Metastasized
7. Madness







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tegrity

4. Beliefs
5. **Meaning**
6. Expansion
7. Peace

6th Malignancy: Metastasized

Fear mutates us into monsters,
hatred spreads like a cancer.



7 Malignancies

1. Troubled
2. Confused
3. Dis-integrated
4. Dissonance
5. Maligned
6. Metastasized
7. Madness

Immature, Unhealthy ← **Unnatural Malignancies**

Mature, Healthy → **Natural Growth**

Metastasized:
Use of Force to Spread Sickness, 'Flood the Zone'

ls

2. Purpose
3. Integrity
4. Beliefs
5. Meaning
6. Expansion
7. Peace

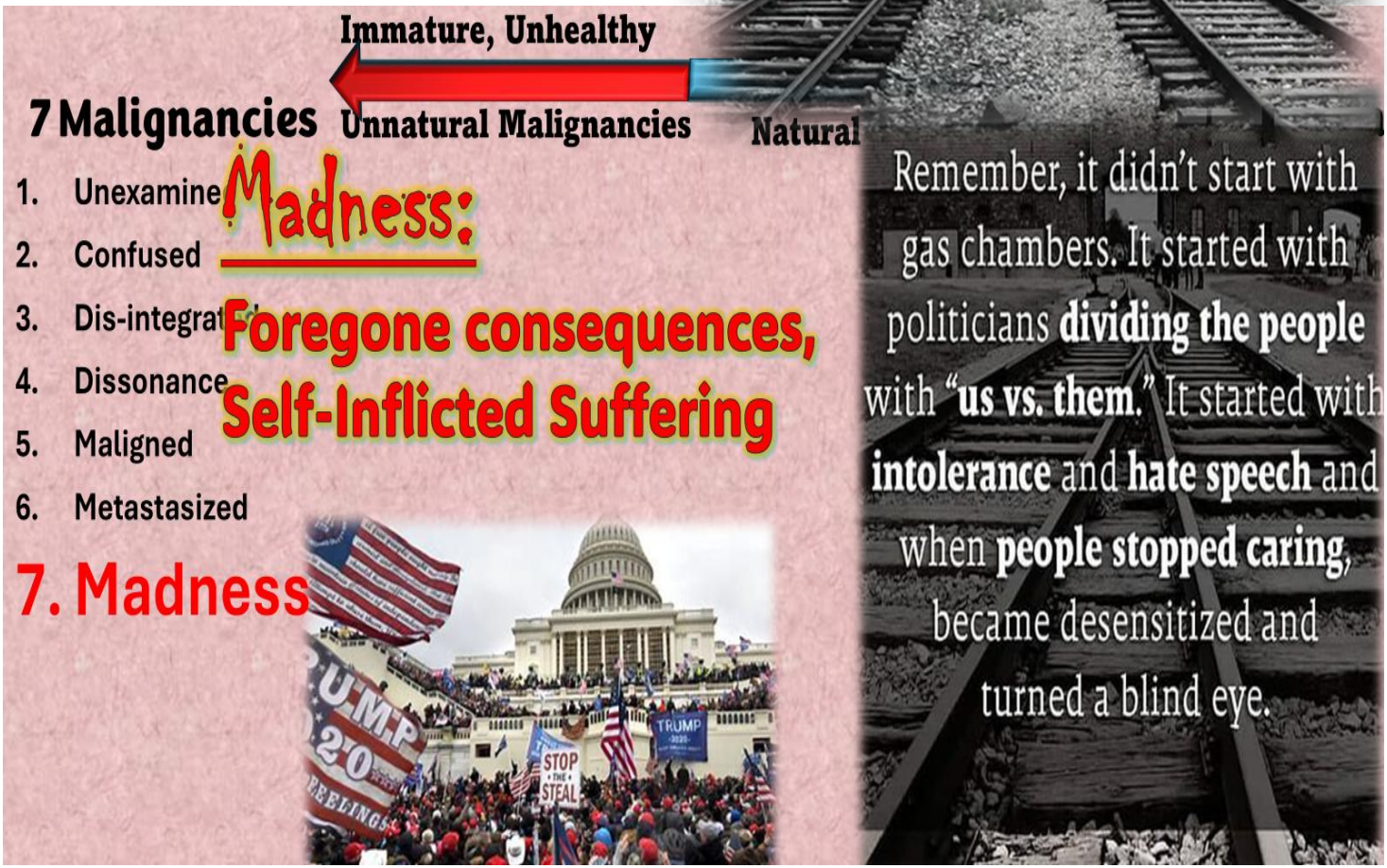






7th Malignancy: Madness

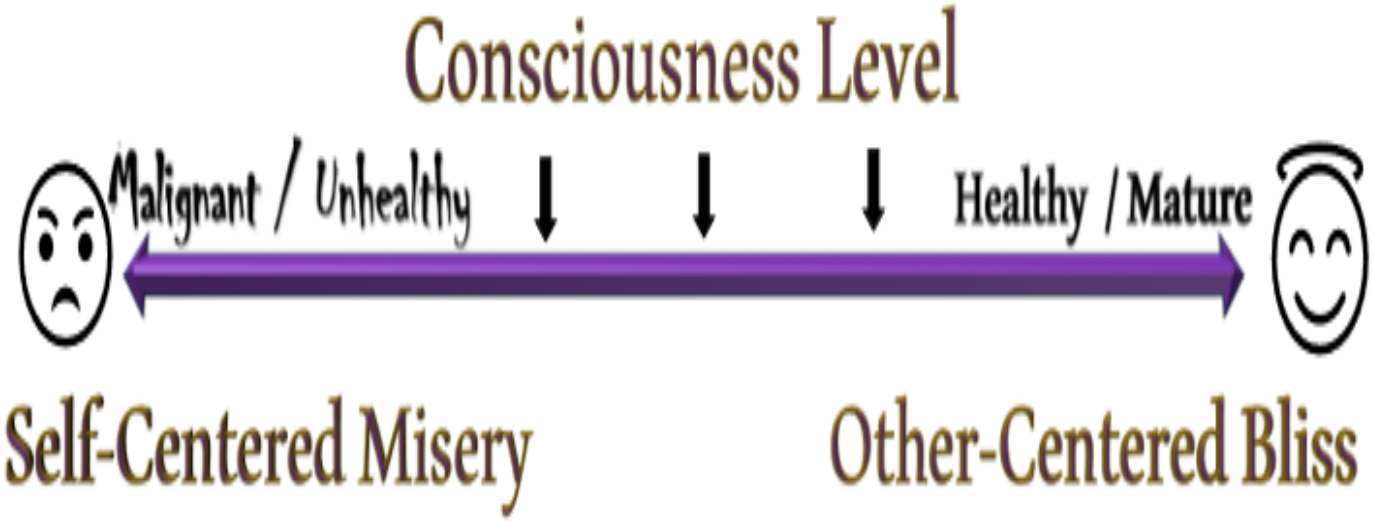
Just as Peace is the result of Ideals of Love, Madness becomes the forgone result of our malignancies.



21. On the Spectrum

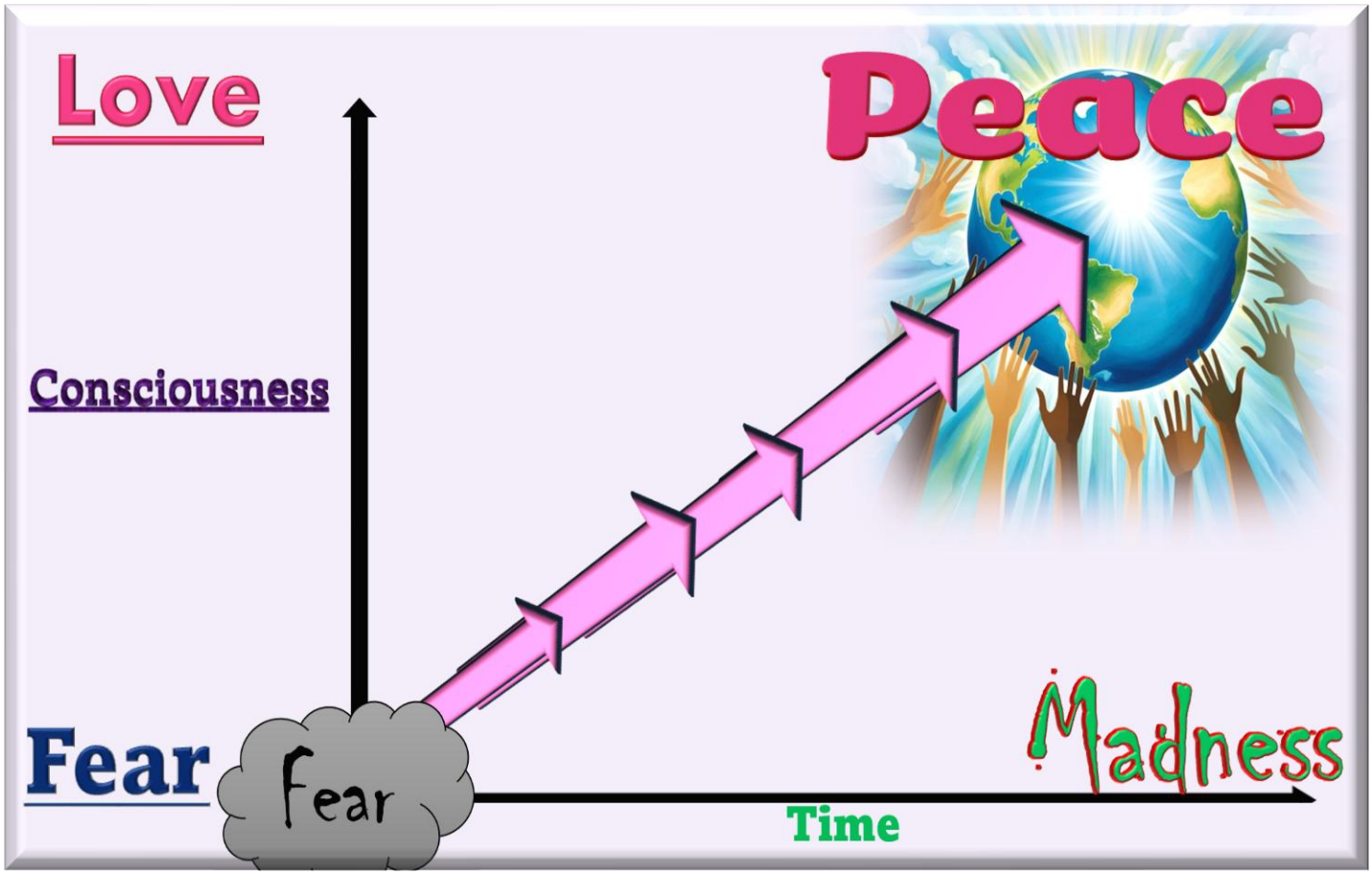
All of us are on this spectrum of health and sickness. The hope for humanity is that we are compelled to seek out a peaceful state of being. We seek to heal ourselves and restore our world to health.





22. A History of Progress

History is a testimony of our longing to return to our intended state of peace. The driving force of our Ideals of Love comes out from our inherent care for others.
We are closer now than we ever have been



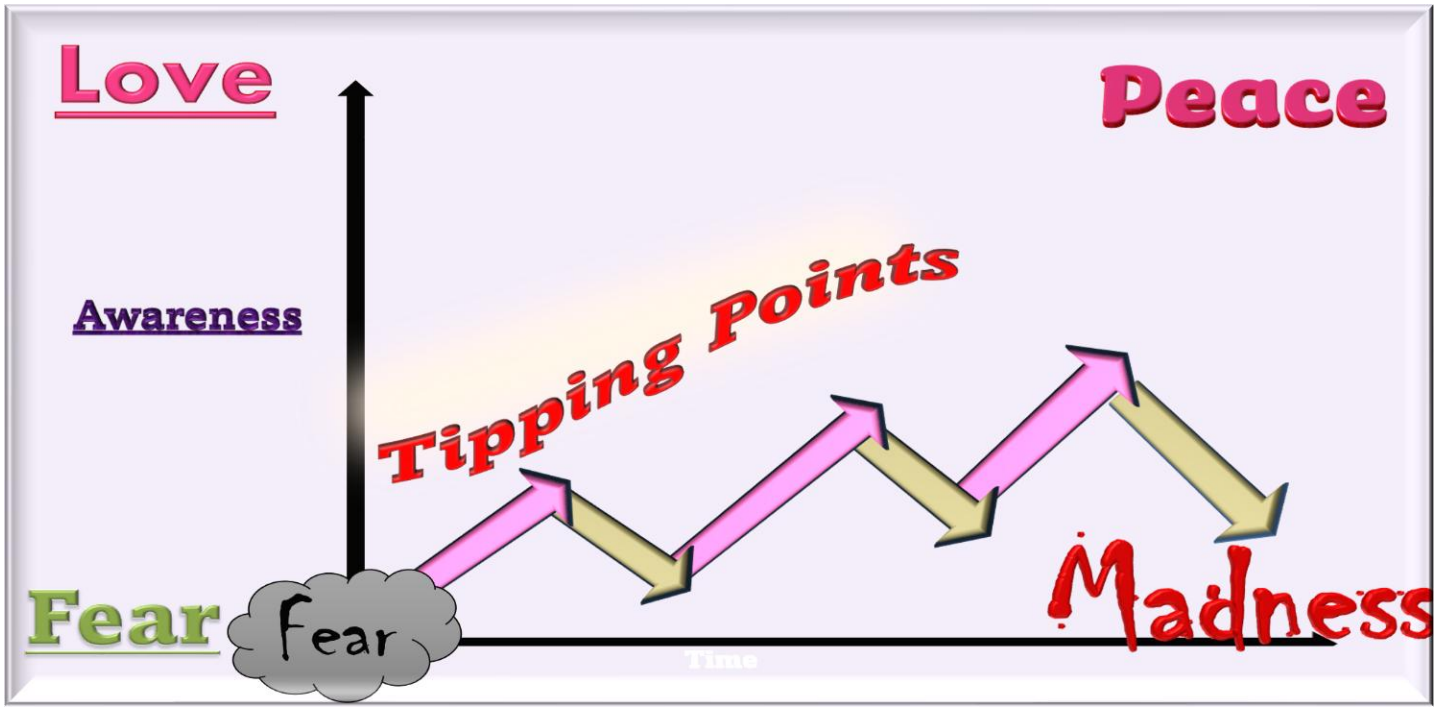
23. Perpetuation of Fear

Every time Love rises up, fear is there to meet it. Who and why would anyone want to perpetuate fear and madness?

1st- Status Quo- We are all invested in maintaining the status quo and instinctively resist change.

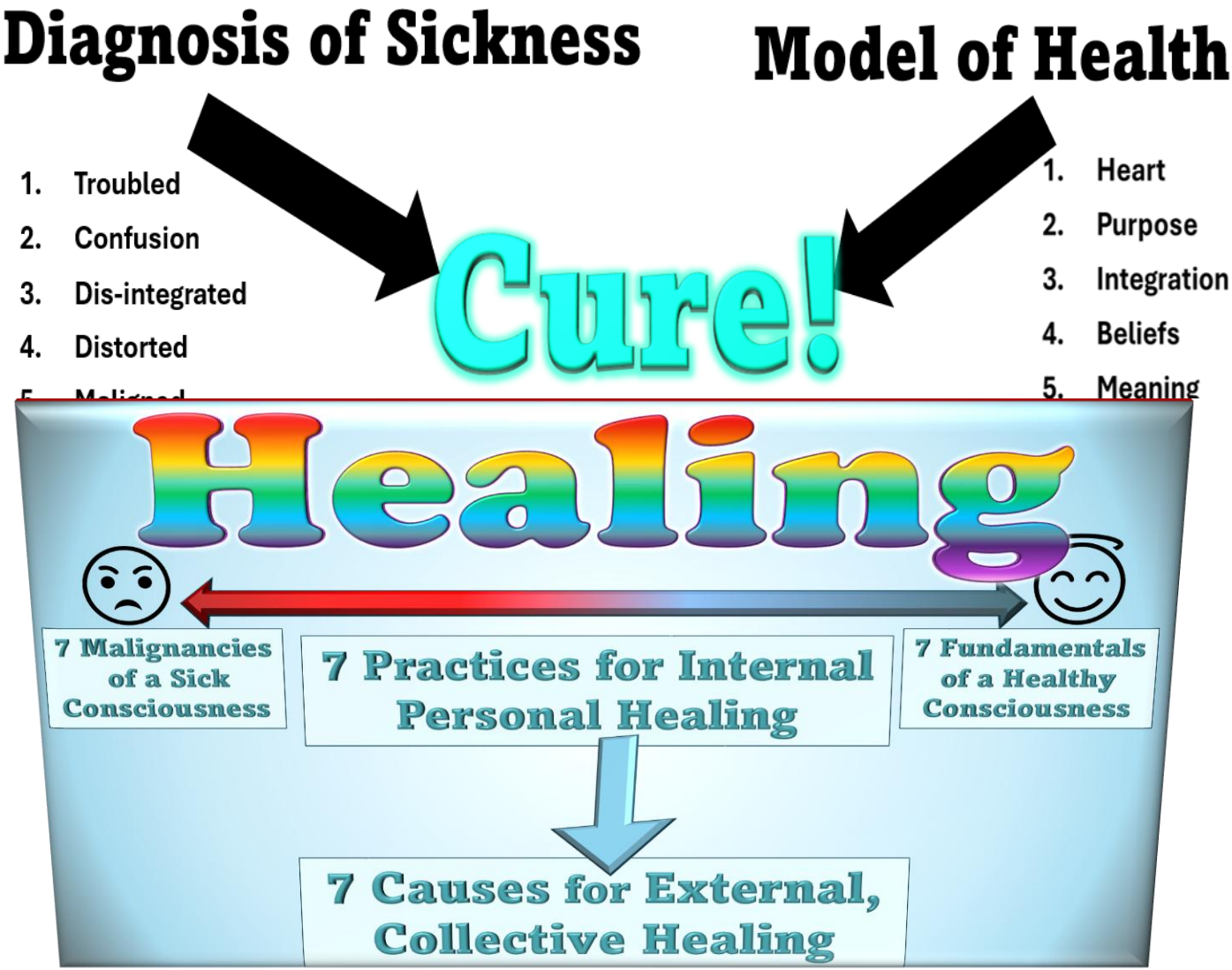
2nd- Fearmongers. There are those who exploit fear as a means of power and control.

3rd- Broken Paradigms; Our current teachings do not have the power of ideas to break us free from fear.



24. The Final Breakthrough

We have a model of health that has diagnosed our malignancies. Now we can identify the cures that will have a maximum impact on healing our lives and restoring us to a state of peace!



A Movement for Peace



Restoring our Peace

Throughout history and in every corner of the world, humanity has sought our healing. The Ideals of Love Paradigm is a platform for the very best of our healing practices.







Sev Healing Practices

Ideals of Love Paradigm

7 Core Elements of Health	7 Core Malignancies of Sickness	7 Healing Practices Internal, Personal Self	7 Healing Causes External, Collective Self
1.Purpose	1.Distortion	1Pursue Knowledge	1.Articulate Stories
2.Heart	2.Violation	2.Cultivate Caring	2.Champion Heart
3.Integrity	3.Division	3.Embody Goodness	3.Edify Integrity
4.Beliefs	4.Delusional	4.Evolve Beliefs	4.Facilitate Breakthrough
5.Meaning	5.Corrupted	5.Internalize SIVVM	5.Align Relationships
6.Expansion	6.Metastasized	6.Deliberate Interactions	6.Empower Service
7.Peace	7.Madness	7.Cherish Awareness	7.Celebrate Progress

1st Practice:

Pursue Knowledge

Knowing Ideals of Love as the Truth of our Shared Purpose
is the Intellectual Foundation in Our Becoming of Peace.



2nd Practice: Cultivate Caring

Healing our Estrangement from Heart is accomplished by cultivating our capacity to care, even when it's difficult.





Opioid addicted parents with child in car.



Empathy is a critical quality of caring.

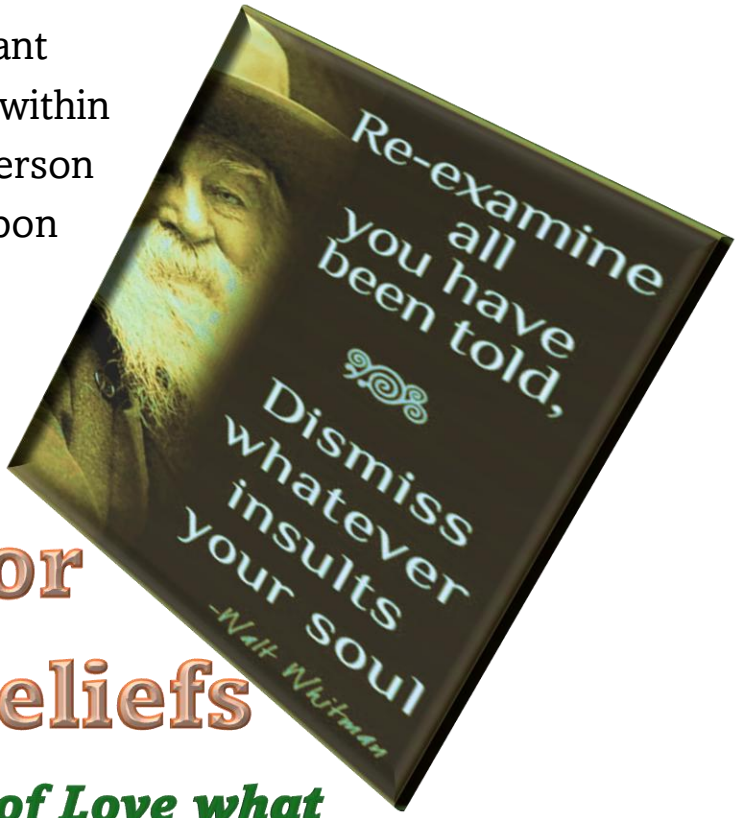
3rd Practice: Embody Goodness

Striving to live an integrated life is the embodiment of goodness for all our relationships and the very definition of being a person of integrity.



4th Practice: Evolve Beliefs

Over time and with constant repetition, our beliefs get baked within our consciousness, shaping the person we have become. It is squarely upon each individual to discern their own belief system.



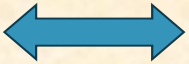
TBGIL

A Practice for Evolving our Beliefs

By asking of each Ideals of Love what is truthful, beautiful and good, we ground our belief system.We are then able to discern any given point of reference of Truth, Beauty, Goodness. By examining consequences of choices made from our beliefs, if it does not result in Peace, we discard said belief and

Choose Again!

Intellect
Emotion
Will



Truth
Beauty
Goodness

TBGIL Point of Reference

Ideal of Love: ‘ Universe Conspires in my Favor’

Truth/what is truthful to me about this Ideal?

I have experienced this many times in life.

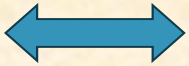
Beauty/what attracts me to this Ideal?

See the Universe as ‘My Beloved”

Goodness/what compels me to act upon this Ideal?

I move boldly forward in direction of my dreams!

Intellect
Emotion
Will



Truth
Beauty
Goodness

TBGIL Point of Reference

Ideal of Love: ‘ Experience intimacy that lasts a lifetime

Truth/what is truthful to me about this Ideal?

We are sexual beings throughout our life

Beauty/what attracts me to this Ideal?

Lifetime intimacy deepens over the years

Goodness/what compels me to act upon this Ideal?

Mental, physical, spiritual well-being, Stay faithful

5th Practice: Internalize Meaning

Always be Intentional of Internalizing Your

Seven Integrated Values, Visions, Mission

– Internalize what is valuable about any person, place or thing for expanding Ideals of Love.

– Envision expanding Ideals of Love with a person, place or thing.

– Commit to thoughts, words, actions for expanding Ideals of Love



Seven Integrated Values, Visions, Missions

Relationship Area- Couple:

Why do I Value this relationship for Realizing Love?:

It is the Story of Us, Epicenter of Love for our Family, Intimate knowing of another, Joy of sharing a journey

What do I Envision for Realizing Love?:

Being together for rest of life, supporting each other, travel, grandparenting together

What will I commit to doing to Realize Love?:

Deepen my capacity to Love, Anticipate her wants/needs-make plans, Support other couples through sharing SIVVM

6th Practice: Deliberate Interactions

Becoming deliberate is best served by taking time to anticipate what of our thoughts, words and actions result in peace. This is the definition of Intentional Living.

To Live with Intention is to Choose Love.

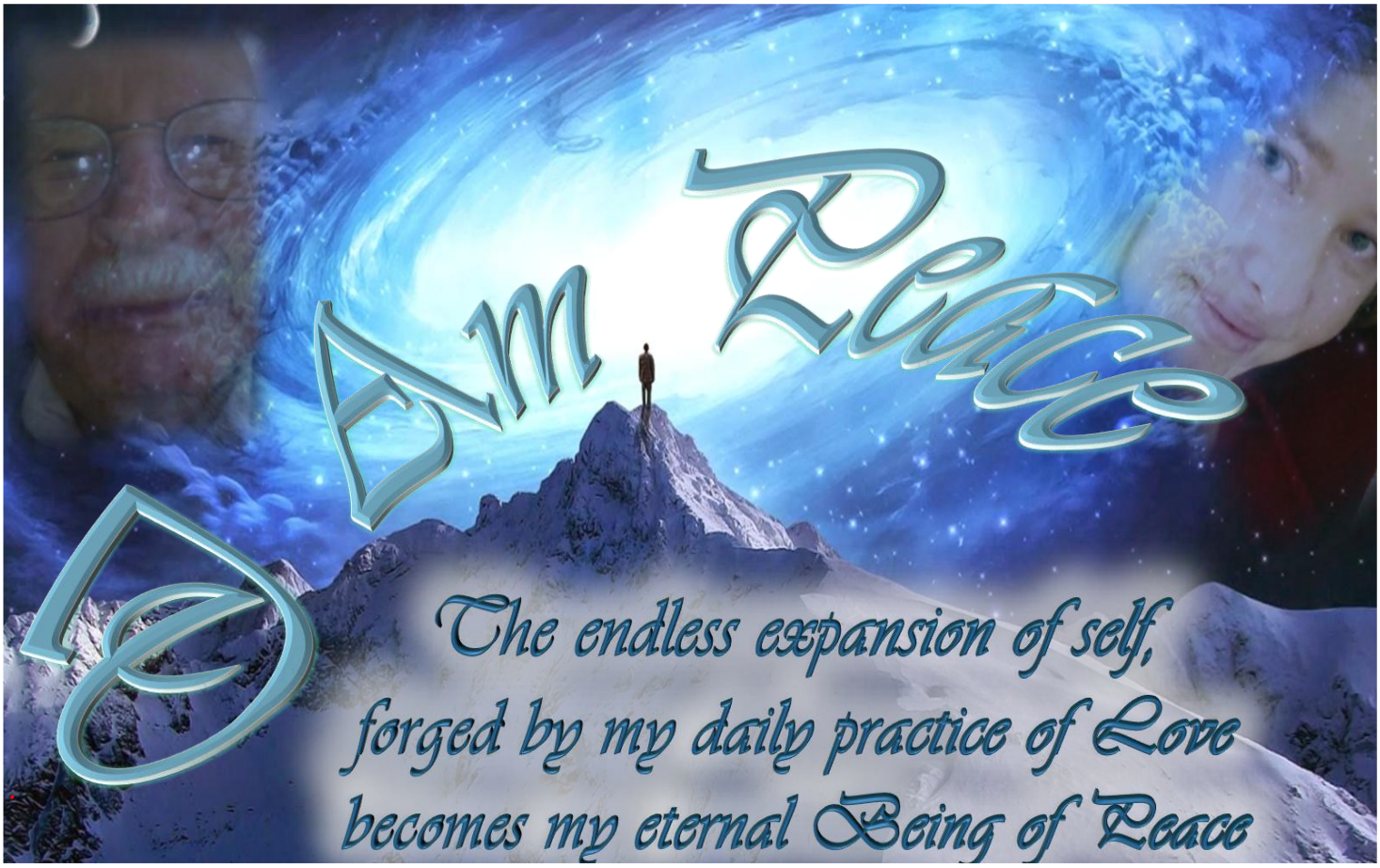


7th Practice: Cherish Awareness

Renew and Self-Awareness of the Practice of Reflection, Repentance, Redetermination,



Nourish Our Peace through Mindfulness, Gratitude, Forgiveness, Humor



Seven Healing Causes

1. Articulate Stories
2. Champion Heart
3. Edify Integrity
4. Facilitate Breakthrough
5. Align Relationships
6. Empower Service
7. Celebrate Progress

'Be the Change you wish to see in the world'
Gandhi

1st Cause: Articulate Stories

Our Clarity gives us confidence to share Love's purpose, exposing fear as light exposes and drives our darkness!





2nd Cause: Champion Heart

The universal capacity to care is our connection to Heart.
Let us never again allow for the violation of Heart.



In the world of Heart, people will be tripping over each other to preform acts of kindness!



Hold others capable of cultivating connection to Heart

3rd Cause: Illuminate Integrity

Share this sublime symbol as a representation of our Shared Knowing of Purpose, Heart, Integrity

Ideals of Love Symbol

Anchor of Integrity

Token of Wisdom

Talisman of Peace

Charm of Joy

Amulet of Devotion

Mandala of Protection



Artwork,
Graphics,
Swag,
Stickers,
Apparel,
Books



Illuminate Integrity while exposing the divisiveness and breakdown of working out of disintegration

Relation	Integration	Disintegration
1st: Source of Love	One Heart, compassion, Spiritual practices, Inter-faith cooperation, harmony of physical/spiritual.	Religious doctrine of exclusivity, hypocrisy, intolerance, patriarchal master God of judgement, atheism
2nd: Soul, I am Love	Knowing divine value, personal growth and development, self-awareness practices, counseling, youth issues, rights of all people, self-esteem of Love.	Self-loathing, low self-worth, Nihilistic philosophies, suicide, alienation, ignorance of spiritual value, seeing self and others only from external.
3rd : Mind/Body of Love	Health and exercise, diet programs, sports, recreation, education, arts, communication skills, public, mindfulness, yoga	conceit, self-Mutilation, obesity, anorexia, hedonistic lifestyle, intellectual dishonesty, willful ignorance, unloving words, actions.
4th : Committed Couple	Relationship education, meeting and dating, prep, sex ed., weddings, committed gay couples, mentoring, programs supporting healthy marriage	No model for building lasting relationships, divorce, loveless marriages, infidelity, sexual abuse, objectification, porn, loneliness, sexism, homophobia, domestic abuse
5th: One Family of Love	healing historical enmity, connecting generations, building community/connection, support those raising children- teachers, coaches, parents, promote peace organizations.	Racism, sexism, ageism, xenophobia, alt-right politics, white supremist, hook-up culture, unwanted pregnancies, broken homes, individualist culture.
6th: Nature Creation of Love	Conservation, stewardship, proactive on reducing carbon footprint, recycling, resources that sustain our lives, appreciation for abundance.	Global warming, non-regenerative consumption, rampant consumerism, unsustainable farming, pollution, exploitation of earth, rampant waste, loss of eco-systems, willful ignorance
7th. Creators	Heart centered governance, equality, human rights, freedom, unleashing creative potential, building for the future.	Alt-right, poverty, starvation, military industrial complex, corruption, fascism, materialistic communism, authoritarianism, consumerism

4th Cause: Facilitate Breakthroughs

Using the critical thinking of our Intellect, the intuition to inner Knowing of our emotions and the freedom to respond to consequences of our will!

peaceful disruptor





Be a Catalyst for Change



Share This Teaching!

5th Cause: Align Relationships

Alas, we have the foundation and the framework for building lasting, meaningful relationships centered on Ideals of Love











- Dating, Engaged, Marriage Prep
- Married, Partners
- Gay, Straight, Trans







-Family/Community/Organizations

6th Cause: Empower Service

People of Heart must claim their power to serve the world



Empower Service

Generate Power by Giving and Receiving Loving thoughts, words, actions!

Whatever you can do or dream you can, begin it. Boldness has genius, magic, and power in it.

Johann Wolfgang von Goethe





you. As you let your own light shine, you indirectly give others permission to do the same."

Marrianne Williamson

7th Cause: Celebrate Progress

The culminating result of working the practices/causes is a sense of celebration. The final cause is to build Ideals of Love communities centered on live/virtual Sharing Circles.



The remaining pages are bonuses (like clips at the end of a movie). Since Amazon self-publishing required my book to be 79 pages, I thought I'd share some of the more entertaining slides I've made over the years. Enjoy 😊



A rendition of the future, traveling the cosmos in our Peace mobiles. The apes are our ancestors discovering Ideals of Love.



Here I am with my children, who have unwittingly joined me in my crusade to save humanity!



Somehow I thought it was a good idea to have a bunch of my loved ones hanging out of a giant sequoia.



I guess I was extra open to spiritual influences the day I made this one. A rendering of Celestial Ideals of Love!



That's All Folks