

7 Point Intro Talk

1. What's going on? :

- What is going on in our world today? Depending on your outlook, it is either a very hopeful time or a very dangerous time we are living. The reality is that it is both. There is much promise for the future, while at the same time, we are on the brink of planetary destruction and the collapse of civilization.



- To compound the problem, living with so much uncertainty is the source of great anxiety, especially when that uncertainty is coupled with feeling powerless to do something about it.

- We all want to feel empowered, to have agency to make a difference. I would like to share with you a world view that has empowered my own life. It has allowed me to find my voice and take a stand, which is why I stand here, sharing with you now!

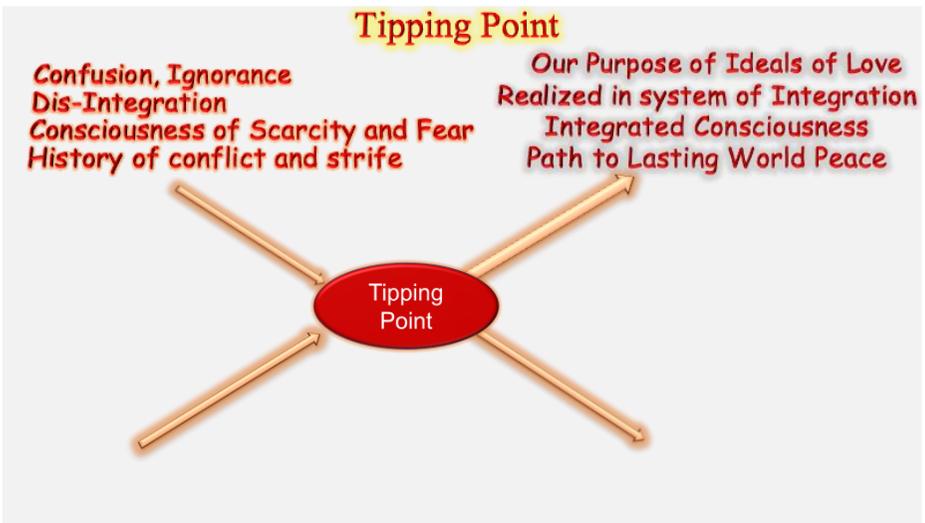
2. Tipping Point:

-We are at a threshold of history, illustrated in the tipping point theory. When we consider the overall human condition, it could be said that we are moving in an upward trajectory, climbing closer towards realizing a world we want to live in and build for the future.

- It is a place of happiness, prosperity, peace, where everything is working together towards mutual benefit. A world where

everyone lives together with utmost consideration for the well-being of their fellow people and all things.

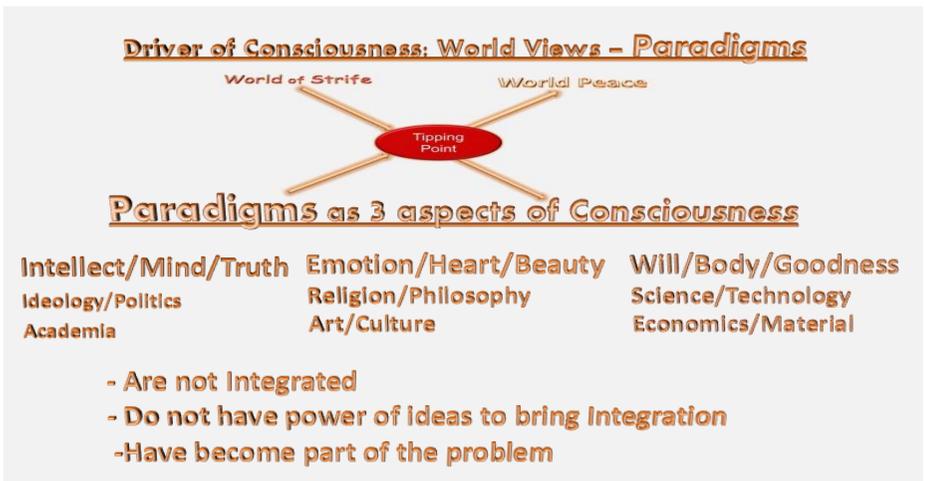
-What this describes is a system of integration, where the health of the whole is contingent on the health of the individual. Where our institutions function towards the benefit of all, starting with that very inward condition of wholeness within each person. It is a world of Integrated Consciousness.



- The other variable of the tipping point theory is that we are overcoming a world of separation, a dis-integrated consciousness. It would contain the exact opposite of everything integrated: separation, selfishness, scarcity and fear. It is the world of hatred, suffering and strife.

3. Broken Paradigms

- Looking back over the course of human history, we can see that it was the progressive advancement of worldviews that moved us out from the consciousness of fear towards the integrated consciousness. These worldviews were based upon beliefs, often derived from the teachings of enlightened individuals, ultimately becoming comprehensive social and cultural systems called 'Paradigms'. Our paradigms can be considered through the three aspects of consciousness: Intellect, Emotion and Will.



- We can credit the our paradigms for bringing humanity thus far, however, when we consider the state of the world, it is abundantly clear that they are not integrated, and therefore, do not have the power of ideas to give us our breakthrough into a world of lasting peace. On the contrary, they have become part of the problem. They are like a computer that has been infected with a virus, rendering it dysfunctional and useless.

4. Stuck

- The solution would be for people of conscience to take action, to take against the injustice and work towards peace for all. This is what good people are compelled to do.

What's the Solution? People of Conscience Take Action



- **Using same thinking that caused problem**
- **Not addressing root of the problem**
- **Not united in our shared purpose- solution**

-However, as much as we want to make a difference, many of the causes we invest in are not addressing the core of the problem. It can be compared to the triage hospital on a battlefield; regardless of how valiant the staff labors to save lives, the wounded soldiers will keep arriving until the war is put to a stop. They are using the very ideas that created the problems to try and fix them.

-Our motivation for making a difference is neutralized by our lack of clarity. we become resigned, cynical, even nihilistic in our thinking. We make justifications, escaping to teachings that tell us it's all an illusion anyway. We become distracted, placated and complacent. We lose our Ideals, seeing the world as it is, not as it should be. We have no power to stand up and speak out.

5. A New Paradigm

- The only solution is a new paradigm that is free from corrupted, unloving beliefs. It will have the power of ideas to secure an integrated consciousness, centered on a belief system constructed from our shared longing to realize world peace. It will be grounded within each person's striving to be an integrated person, a person who lives with integrity.

- You have found that paradigm! Ideals of Love is built upon the premise that our shared purpose that can be found when people connect to the Source of Love from their Heart, revealing to them their highest Ideals of Love. This purpose of life is fulfilled through Unchanging Truths, Unique Beauty and Universal Goodness. It is our point of reference for building a Loving belief system, securing the Integrated Consciousness.

-This teaching is completely intuitive, allowing us to immediately apply it to our lives. The simplest way to do that is by using the Ideals of Love symbol. It is an anchor for striving to be a person of integrity, a token of peaceful relationships, the talisman of an integrated consciousness. It is available as a keyring, a button, stickers, phone pocket, patch, artwork and apparel.



6. Our Tipping Point Breakthrough

- We can now understand that the tipping point happens within each individual. It is a process I have deemed ‘the seven D’s’. It starts in **Denial** that anything is wrong. There is definitely something wrong, invariably leading to the sense of being **Disconnected**- a result of our paradigms failing us integrate and instead dis-integrating us. We feel the absence of what we long for the most; Love. This unpleasant reality compels us to seek out **Distractions**, such as entertainment, hobbies, chasing money. Since these things are unfulfilling in and of themselves, we become **Disillusioned**, where everything becomes empty and meaningless, a nihilistic state of mind. We seek to **Desensitize** and detach from our feelings using drugs, video games, gambling, sex, food, etc. Once we have exhausted these fixes, we hit bottom and are left with **Despair**. It leaves us with only one option, to become **Determined** to find a way forward. Congratulations- You have found the way!

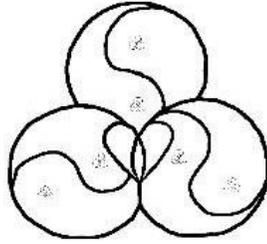
Our Tipping Point Breakthrough



7. The Revolution

- We are emancipated! When we reach a critical mass of people who have connected to their Heart and develop an integrated consciousness, it will overthrow the dis-integrated consciousness, rendering flawed beliefs obsolete and irrelevant. We will find our voice, empower other people, become a force of nature.
- This shift in consciousness will have the effect of challenging the power structures that perpetuate and are invested in the status quo, who feel threatened by any kind of change. Even our own lives and relationships will be disrupted.
- To become fully emancipated from the futility and suffering of the world as it is, to truly live life to the fullest and become a powerful agent of change, we must accept the reality that a revolution is needed. It shall be a revolution that brings us into a new age. This revolution will not be fought with guns but from an awakening to Love. Welcome to the Revolution of Heart!





7 Premises

This content is the outline for the Ideals of Love Experience workshop. It seek out empirical evidence and transformational experience to support the premises that this paradigm has the power to bring a world of lasting peace.

I

Our Shared, Unifying Purpose

1. What Everyone Wants

I've traveled the nation and world, have lived in many places and met people from all walks of life. I can say from this personal observation that everyone wants a variation of the same things.

-Personal:

Everyone wants to realize their fullest potential, avoid making costly mistakes, find their voice, live a life filled with purpose, develop themselves through education and skills to be on a trajectory that guarantees the highest chance for success. Everyone wants to be thought of as a person of integrity, they want to be lovable, to be loved by many. They want to be

happy, to have peace of mind and health of body. Everyone wants to feel, when they reach the end of their journey, that they have lived a meaningful and joyful life.

-Relationships:

Everyone wants to be in healthy relationships, experience lasting passion for another, , having a voice and agency in the world, a knowingness in their convictions, that what they are doing is in the best interest of life. Ultimately, if all people were able to achieve this, we would live in a world of lasting.

-World:

Everyone wants to be successful in their endeavors, wants to have prosperity and to bless the lives of others. They want to experience the beauty and wonder of nature, to preserve the planet for future generations. Everyone wants to live in a healthy environment, a caring culture, and ultimately a world of lasting peace.

2. Hope for Peace

- Extraordinary:

It is truly amazing that we can identify that everyone shares the same hopes and desires for life. Why is that a big deal? A shared purpose is the prerequisite for building relationships, both on a personal level and amongst nations. That we have a unifying purpose means the prospect of actually achieving lasting peace is not just a dream but can be an actual reality.

3. Name It

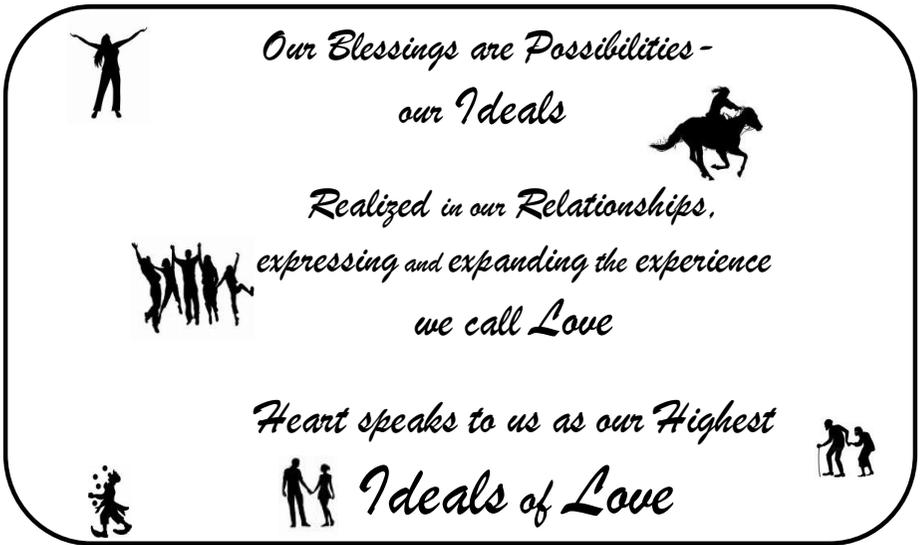
-Ideals:

What do we call this shared purpose? These are the possibility thinking we have in our youth, when we are idealistic.

They are the declaration of peace of our governments. The commencement speeches at our graduation, the vows at our weddings, the affirmations of for live, the things we aspire to, our highest possibilities for living, our Ideals.

- Our Becoming of Love:

All of these Ideals ultimately are about relationship, they are about connection and harmony and joy. It's all about learning how to give and receive the person that we are, our becoming of Love.



-Our Life Purpose, Purpose of Civilization:

It can be said that our Ideals of Love are the purpose of life and the purpose of the whole of civilization- to create a world where everyone has the ability to realize their highest Ideals of Love.

II

Broken Paradigms

1. The Human Condition:

- Perpetual Suffering:

For some, this premise is absurd. They point at the intense suffering and misery that contradicts every one of these hopes and wishes. People are suffering, they feel separated and lonely, even committing suicide, much of it from self-inflicted wounds. Relationships are fighting and breaking down all the time, destroying families and compounding trauma into future generations. All of this is collectively experienced by the environment and the destruction of our planet.

-Meant to Be:

People would argue that in the history of humanity, we have never achieved lasting peace, meaning that there must be something else at play regarding our purpose and the human condition. Our Ideals of Love have always been out of reach, so they cannot be our purpose.

-If I can't have it...

Some people feel that since they are not able to experience these Ideals of Love for their own lives so nobody should be able to. Such resentment renders this all useless. They would say it is setting people up for false expectations, which can be even worse than having hope.

2. Beliefs

-Who we Become:

If we were to get to the bottom of this dichotomy, what would it be? That human beings have the capacity to make

choices. The way we choose in every choice that comes our way has the power to affect totally different outcomes. The force that drives our choices are our beliefs. We all know from personal experience the power of our beliefs. They shape our everyday activities, shaping the person we become, the relationships we build and the destiny of our lives.

-How they are Made:

We create beliefs by engaging our intellect, emotion and will- our consciousness. Most of our beliefs are taught to us by others, through word and example. Because beliefs are the function of individual consciousness, we all have a unique construct of our belief systems, our paradigm of life. At the same time, we are all part of a social contract and derive our beliefs from collective paradigms, as in our religions and ideologies.

3. Part of the Problem

-Mixed Results:

Clearly, we all have varying degrees of success in fulfilling our Ideals of Love, which we can conclude is because of the degree that our beliefs either serve us and do not serve us. Is there anyone who has an optimal construct of beliefs that they are able to live their best life? Perhaps there are, yet the crucial question is whether there exists a collective paradigm that is able to bring humanity into a world of lasting peace?

As I see it, the vast majority of individuals are suffering from paradigms that are littered with limiting, flawed and confusing beliefs, exposed in the self-sabotaging nature of their own behavior. Furthermore, all of humanities existing

paradigms have failed to bring peace and have actually become part of the problem.

-Computer Virus:

Our personal and collective paradigms are broken. Like a computer infected with a virus, embedded in current paradigms are beliefs that corrupt the effectiveness of the whole system. There is no existing paradigm has the power of beliefs to bring world peace.

III

Create a Paradigm of Peace

1. We Need a new Paradigm

-A New Urp:

The solution is a new paradigm. An analogy for constructing this teaching is to imagine colonizing a new planet, and you are assigned to design the foundational principles for building a civilization. What criteria would you use for seeking out the best practices we have learned thus far while leaving the worst?

- Organized on Love's Purpose:

For this paradigm to truly deliver lasting peace, it must have powerful ideas that can transcend all the limitations of our current paradigms. It would not be platitudes strung together, but a concrete construct that was 100% organized on beliefs to realize our shared purpose of Ideals of Love.

-System of Integration:

Like the human body, the organization of individual units that are organized on fulfilling a common

purpose can't help but to be mutually beneficial to everyone involved. Every cell is independently healthy and fulfilling its function towards the health of the whole. This model is the answer to all our political and cultural issues, where the purpose of the individual and the purpose of the whole are one.

-Unanimous Agreement:

Yet to reach such a result would mean that every single person would need to be in agreement with fulfilling this purpose of Ideals of Love. This is where all other paradigms have failed.

2. Wisdom from Within

- Not from Without:

Can we force people to believe in this purpose? absolutely not. Why not? Belief is a function of an individual recognizing their ability to respond to choices. If this responsibility is taken away, the person will not have ownership over the consequences of their choices, to hold themselves accountable for their own lives. This is true freedom, and is the prerequisite to people choosing to contribute to the whole as the way to advance their own good. Otherwise, we experience the opposite, as with religious hypocrisy.



- Blessings Exercise:

How do we bring people into the knowledge that the purpose of life is Ideals of Love? If it really exists, it will be

what we feel for others, for those we Love. in the Blessings Exercise, we Imagine your hopes and wishes for those you Love.

(Check out the Blessings Exercise on page 38).

- Blessings are our Ideals of Love:

We see that the Blessings list is the Same list we created on what everyone wants, our Ideals of Love! This means that by considering our Love for others, we tapped into the very purpose of our life.

3.The Seat of Love

- Parental Love:

The first takeaway we can share is that when putting our focus on the well-being of another, we access the deepest place of caring within. In the human experience, we can agree that there is no greater experience of Love than that of a parent towards their child. This transcends biological relationships- it is a condition of caring for another, the capacity of parental Love.

-Heart:

The space within that allows us to express such depth of Love has gone by many names, but the most universal name that transcends all barriers is the name Heart. On many levels, Heart captures this place within more that all others. Heart is so powerful is in the vernacular which we use it to describe our lives and relationships. And so it is that Heart is the first pillar of our new paradigm.

IV

Ideals of Love by Design

1. Oneness

- Designed to Love:

If the premise is that every person is compelled to strive towards their highest Ideals of Love, then that drive must be coming from within our very design. As birds fly south and bears hibernate, humans long to realize their Ideals of Love.

-Source of Love:

We are not the Source, the designer of Love. We have to choose to be connected to the source of Love. The Blessings Practice shows our capacity to Love. We have that wisdom. This has been recognized throughout the ages. But by the very nature of Love, it is a relationship that we must choose to be in. What we recognize when we connect with that place, we know we have a unique place, our divine being, while at the same time are connected to the Source of Love and connected to all. In this respect, we can say that even the Source of Love is striving for and longing to realize Ideals of Love.

-Oneness of Heart:

When we recognize our connection to Source, it is as a child's connection to their parent, meaning that we are all siblings in one family. Thus, we recognize all things are connected to one Heart and share the same purpose of Ideals of Love. Since it is within our design, it is in the design of all things in the Universe.

2. Ideals of Love Manifested

-Purpose of Universe:

This is powerful because the Universe is a manifestation of the Ideals of Love we want to realize through our beliefs in its purpose. Ergo, we can see that all things are realized from the purpose of Love.

-Truth, Beauty and Goodness:

We can observe the Unchanging Truths, The infinite variety of Unique expressions of Beauty, and the harmonious expansion of the higher Goodness of everything working together.

3. Beliefs of Love

-Building Beliefs:

Now we have the TBG that manifested IL throughout the Universe as our reference so we can engage the list of Ideals of Love using our Intellect, Emotion, Will to ask ourselves what about them are True, are Beautiful and are Good.

-Point of Reference:

for the first time ever, we recognize that the Universe is our external point of reference of the manifestation of Love that we can intentionally build a belief system that is 100% centered on fulfilling our purpose of Love. These are our beliefs of Love.

-Litmus Test:

How do we know when we have built a belief system of Love? Beliefs of Love want nothing more than to see the happiness of others. In a world of the paradigm of Love, people will be tripping over each other to perform acts of kindness.

V

ILP Transforms Consciousness

1.Integration

-System of Integration:

What we see when we in the truth, beauty and goodness of our Ideals of Love is that they apply to all areas of life, all relationships. TBGIL reveals that Ideals of Love is a system of integration, working together in perfect harmony.

-Seven Areas:

To become intentional in our relationships, we need to name what they are. We can divide our Ideals of Love into seven relationship areas: Source, Mind, Body, Couple, Family, Creators, Nature.

2. Integrated Consciousness

TBGIL has transformed our consciousness. Like an alchemist, we have experienced a mind treatment. It has lifted our thinking to the highest realms, the highest standard of Love. This is what it means to have an Integrated Consciousness. It is the very essence of all spiritual and life teachings. Spiral dynamics, oneness of all, in the name of God. Yet have they been able to do it? How do they get us there and maintain it? They have clearly failed us.

-Integrity Defined

With these beliefs of Love, we are compelled to show up in every relationship with the intention of bringing Love. With an integrated consciousness, we want to show up as an integrated person, the very definition of having integrity. Everyone wants to be thought of as a person of integrity, but now we understand the real definition of this. Individuals,

Relationships, Organizations, Governments should all be held to integrity.

3. ILP Symbol

-Anchored

We will always be faced with choices, some of them not so clear, but if we are always striving to have integrity, it is our best chance of living a life of peace and harmony within ourselves and all relationships. We must anchor ourselves, using a symbol that represents all we have shared.



VI

Ideals Become Reality

1. Values, Visions, Missions:

Once we recognize that our becoming of Love is contingent on our connection to everything else, we long to understand what our unique contribution to the whole will be. This is our calling, our genius, our divine expression. We find from the alignment of our beliefs with TBGIL by asking ourselves what we hold as Valuable, what Visions we have and what we are willing to commit to as our Mission. ‘Alignment’ is the 5th Pillar. Now we can be intentional in our engagement with others, connecting to those who share in our Values, Visions and Missions.



2. Creators

Our freedom to choose unleashes our power to create. As co-creators, bringing together our unique genius, there is no end to what we can do! By acting, we express, experiment, experience and expand- the essence of growing into the person we are becoming. Centered on Love’s Purpose, we can’t help

but to become a greater and greater embodiment of Love that we are.

3. Family

The sum total of our results is the essence of relationship, that we experience each other as one family. When we strive to realize our Ideals of Love, we live as an integrated world. It is the ultimate vanguard of peace, we will never be able to hurt another or wage war again.

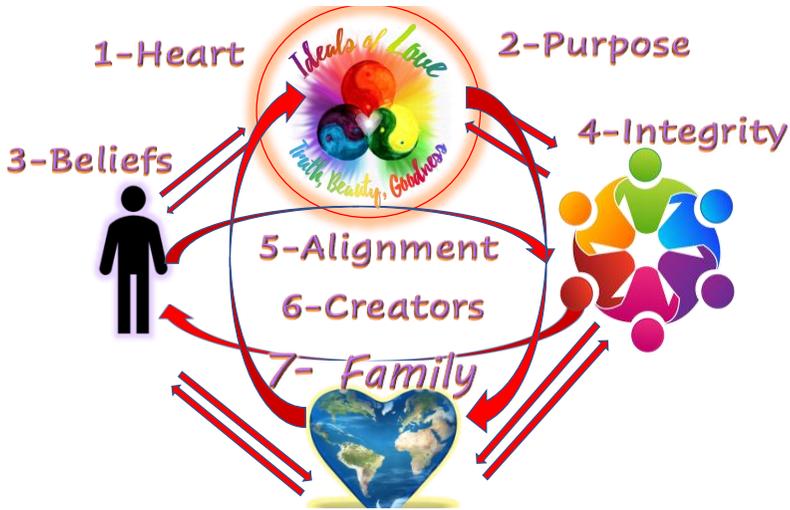
VII

Ideals of Love Paradigm is the Model of Health

1. Seven Pillars, Model of Health

The culmination of the previous six premises is that we have identified a model for realizing our purpose of life. It is a model of perfect health, like the human body, centered on heart, centered on our purpose of Ideals of Love. These are the seven pillars of a new paradigm.

We can illustrate how these seven points work together as sequential process of the model of Health diagram. Heart and Purpose are our Source, Beliefs are our choice to engage Ideals of Love, Integrity is our awareness of interconnectedness, Alignment our intentional engagement with others, Creators our power of creativity, and Family, the result of Ideals of Love.

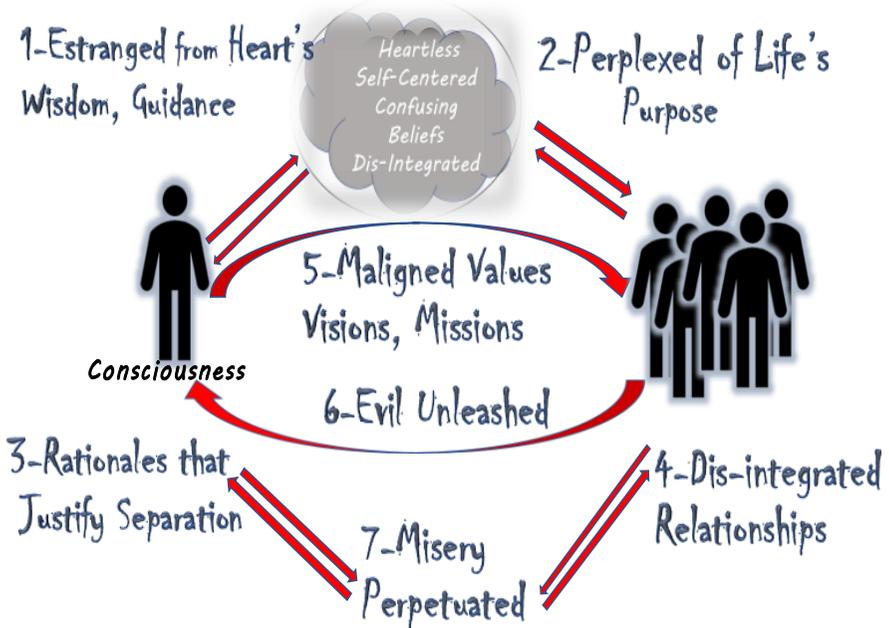


2. Seven Problems, Exposing our Sickness

If The Seven Pillars are the model of perfect health, then the misery that has plagued humanity for all time is the inverted opposite of the Pillars- the Seven Problems. Indeed, the 1st Problem- ‘Estranged’, is a life that is separated from their own Heart. Considering every problem, be it person, relationship or global they all share this common denominator- an insufficient amount of compassion. The 2nd Problem is an obvious extension of the first- Perplexed of purpose. When we are not clear of our purpose, the default is to place ourselves as the center of purpose. The consequence is that our beliefs, lacking the standard of the truth, beauty and goodness of our Ideals of Love, become ‘Rationales’- the 3rd Problem. We seek to justify our separation from Heart and our self-centered existence. These beliefs are confused, flawed and limiting, leading to a consciousness of ‘Dis-integration’, the 4th Problem. This is a

state of alienation from our Source of Love, from our authentic self and from others, which is a fearful place to be, leading us to a scarcity/survival mindset where it's all about 'me'- what some refer to as our 'Ego'.

The Values, Visions and Missions of someone who has become so distanced from their original purpose can be described as 'Maligned'-the 5th Problem. Like the dial of a radio, these people are tuned into one consideration in their relationships- 'what is in it for me?' 'Evil'- the 6th Problem, refers to the worst of what people act upon in seeking out their desires, leading to a world of perpetual 'Misery', the 7th Problem.



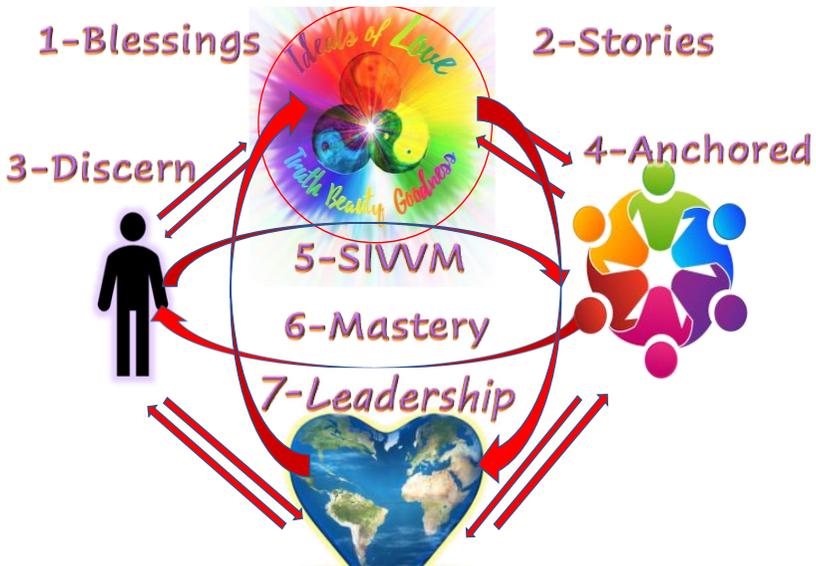
3. 7 Practices, Cure for Healing

On the premise of our model of health and diagnosis of what ails us, we can imagine the treatment, the practices that

will be the cure for healing. Our 1st, Practice, Getting into our Heart, can be accomplished by ‘Blessings’ the lives of others, as a way to access the deepest place of Heart, Loving like a parent. Finding certainty in the Purpose of life as our Ideals of Love requires of us to drive out the current stories of fear, separation and selfishness by telling the stories of Love’s purpose fulfilled. The evidence is all around us and throughout our lives, we just need to own these stories and become drivers of the narrative of Love! The 3rd Practice is to re-examine all we have been told and dismiss that which insults our soul. This is a process of ‘Discernment’, making our Heart the authority and Source of all our beliefs through the use of TBGIL.

The 4th Practice is to ‘Anchor’ our integrated consciousness in the Ideals of Love Symbol. This powerful symbol is a constant trigger for us to consider whether our thoughts, words and actions are coming from a place of integration - known as Integrity.

On the foundation of the first four practices, we can engage our relationships with the utmost intentionality. This can be accomplished through a radical, new approach for developing our values, visions and missions, called ‘The Seven Integrated Values, Visions, Missions- ‘SIVVM’ our 5th Practice. Now our relationships are able to unleash their fullest potential for creating a life and world of Love by each person and each organization bringing ‘Mastery’ to their offering. This 6th Practice is the mastery of expressing and expanding our becoming of Love.



-Leadership

The final, 7th Practice- ‘Leadership’, is a to stand up and speak out for Love. Those who find their voice and the courage to speak it are the leaders of a new world. They are the people who shall ignite the long awaited revolution.

This Victor Hugo believed that ideas have the power to shift our perceptions, allowing us to break through to a higher level of consciousness. Great things were accomplished through our existing paradigms, but they do not have the power of their ideas to bring us into the world of lasting peace. Embedded within them are the limiting, flawed and confusing beliefs that are the cause of all dis-integration. ILP tells religion, academia, ideologies, and culture to discard unloving belief and render them irrelevant.

-Disruptors

As our consciousness rises, it shall overthrow beliefs that do not serve in fulfilling Love's purpose. This is why the mention of a new paradigm suggests a disruption of the status quo, a call to tear down the old ways and erect a new set of ideas.

When change threatens the establishment, the reaction can become insidious. Those who are invested in positions of power and wealth want to maintain the status quo, and therefore feel justified to discourage others from changing. They are the unteachables, those who don't care about truth, those who do and say anything for their own benefit. They will make the right wrong, smearing the message, persecuting the messenger, convoluting the facts, telling outright lies, going so far as to inflict bodily harm through torture and murder. Until Love's purpose is secured, good people do not have the luxury of being passive observers. We need to find within ourselves the readiness to stand up and speak out, to be revolutionaries.

-Call to Action:

Creating a world of One Heart shall be the final and most important revolution in all human history. Those who are able to grasp the power of this new paradigm and are passionate to rid the world of suffering will commit to developing the capacity to share with and touch the hearts of all. As such, Ideals of Love is a movement that shall raise up leaders, provide the tools, training and a powerful platform for all who are called to partake. I hope you will join the cause.