

Valeals of Love

Family

Couple

An Idea Whose Time Has Come

Mind/Body

Source

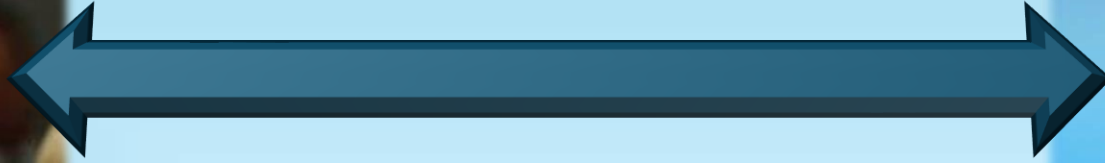
Nature

Soul

Peace



# An Idea Whose Time Has Come



*How Can We Break Through to Peace?*



# *We Need a New Movement*

Gay Rights Movement

Human Rights Movement

Anti-War/Peace Movement

Environmental Movement

Indigenous Rights Movement

AntiFa Movement





A scenic mountain landscape at sunset. The foreground is a lush meadow with tall green grass, vibrant blue flowers, and patches of red and orange foliage. In the background, rolling mountain ranges are visible under a bright orange and yellow sky, with the sun low on the horizon. The text "How Can We Realize our Highest Potential for Life" is overlaid in the center in a white, serif font with a red outline.

**How Can We Realize our  
Highest Potential for Life**



The background of the image is a vibrant landscape. In the foreground, there is a field of tall grass and various wildflowers, including blue and red ones. The middle ground shows a dense forest of evergreen trees. In the background, there are rolling mountains under a sky with a warm, orange and yellow sunset or sunrise glow. The text is overlaid on this scene in a large, bold, white font with a red outline.

**A Movement that Plants the  
Flag of Love's Purpose!**

**A Movement that  
Reveals a Plan for Peace!**

**A Movement that Exposes and  
Renders Broken Paradigms  
Obsolete**



Ideals of Love

Uprising  
Revolution  
from the Heart



# We are at a Tipping Point





# Journey Towards Peace



*Understanding*  
*Connection*  
*Abundance*  
**Love**

Consciousness

*Ignorance*  
*Separation*  
*Scarcity*  
**Fear**



**Development over Time**



# ***It's Hard to Believe in Peace***



Your beliefs become your thoughts, your thoughts become your words, your words become your actions, your actions become your habits, your habits become your values, your values become your destiny.

**Beliefs shape our  
lives, our  
consciousness,  
becoming self-  
fulfilling prophecies**

***Belief in Peace = Hope!***



We need a realistic  
Plan/Paradigm for Peace

Universal / Specific

Logical / Intuitive

Comprehensive / Simple



Religion

**The Big Picture**  
**Human History**

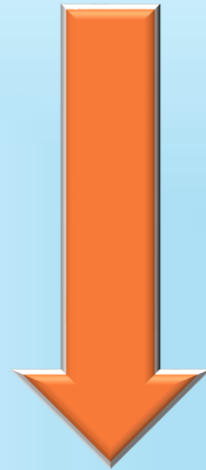
Academia

Economics

**Ideas**

Culture

Ideology



**Collective Consciousness**



Collective  
Consciousness



Individual  
Consciousness

*Self- Awareness*

The unexamined life  
is not worth living.

Socrates





Collective  
Consciousness



Individual  
Consciousness

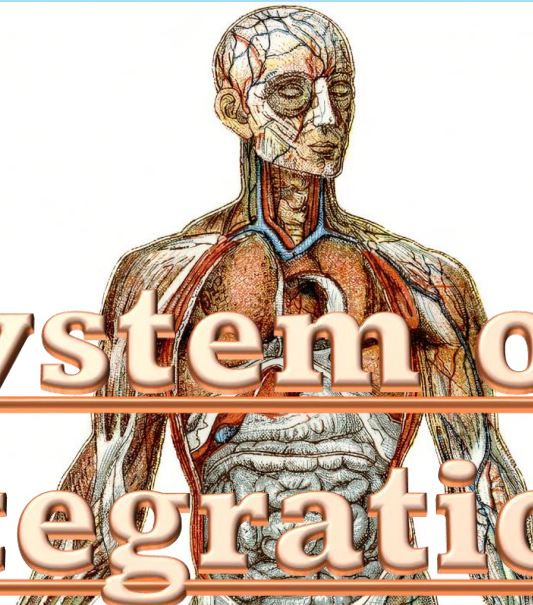


Whole



Individual

System of  
Integration





Religion

Ideology

Economics

Academia

Culture

NOT  
Integrated  
but  
Dis-Integrated



Cannot Bring World  
of Lasting Peace!

Spiral Dynamics  
Model of  
Consciousness



Religion

Ideology

Economics

Academia

Culture

**Existing Paradigms**  
**are corrupted by**  
**antiquated, confusing,**  
**limiting and flawed**  
**beliefs**

***They have become***  
***Part of the problem!***





# **We Need a New Model of Consciousness**

**How to Reach the Essence of  
Consciousness to Develop Into a  
Peaceful Person who can build  
Peaceful Relationships/Communities  
to Realize World of Lasting Peace**



**A New Model of Consciousness**

***The Core Fundamentals for  
Developing Consciousness***

***What Do I Really Want?  
Put Focus on a Loved One***

***Bless the Life of Someone  
You Care About***



# ***The Blessings Exercise***

***Our  
Hopes  
and  
Wishes  
for  
Those  
We Love***

- *A knowingness the Universe conspires to their highest good*
- *A childlike wonder & deep appreciation for the miracle of life.*
- *A peaceful and calm mind, knowing that Love always prevails*
- *A strong sense in the goodness of life and all things*
- *A spiritual practice that affirms Source as Love*
- *The perspective to see the world through the eyes of Love*
- *That they have a childlike purity of heart, Love for all people*
- *A deep self-Love and knowingness of our unique value*
- *To develop the virtues of Love.*
- *A strong will to persevere in what they set out to accomplish*
- *A hunger and Love for learning*
- *A home life that is nurturing and safe.*
- *A great school community for developing their full character*
- *A healthy sense and respect of sexuality*
- *Experience an intimate relationship that lasts for life.*



***Our  
Hopes  
and  
Wishes  
for  
Those  
We Love***

- *A loving circle of relationships they can call 'Family'*
- *They develop the maturity of a parental love towards others.*
- *They experience the joy of parenting.*
- *They know the abundance of life, the abundance of Creation*
- *A deep Love for nature and for all living things*
- *Experience the Love of creation through outdoor activities*
- *Travel the world and experience what a wonderful place it is.*
- *A deep appreciation for food and cooking.*
- *Hobbies that put them in touch with our creativity*
- *A Fulfilling career that makes a positive impact on others*
- *That they enjoy the fruits of their labor*
- *They experience comradery of working with others*
- *The satisfaction that their lives made the world a better place*
- *They enjoy their golden years. surrounded by Love.*
- *They know the eternalness of the Love they have become.*



**Blessing others puts us in touch with  
kindness, compassion and caring**

**We cultivate our  
connection to the  
Wisdom of 'Love' within**

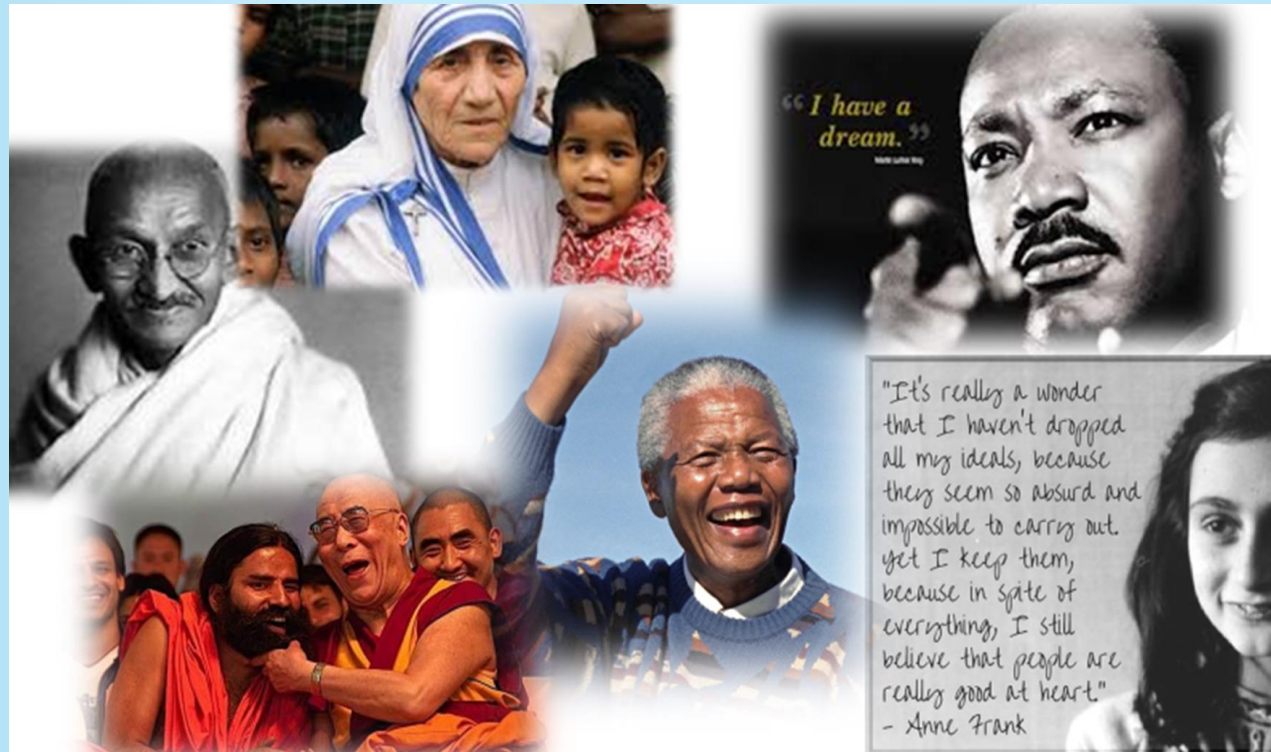


# Growth

**Physical Body = External Growth**

**Consciousness = Internal Growth**

**Mature  
Healthy  
Happy**







# Heart



Once connected to  
Heart, we know our  
Purpose

1. Heart

2. Purpose



# Naming Our Purpose

Our Blessings are what  
we strive to realize in life.

Personal affirmations

Commencement Speeches

Wedding vows

National Constitutions

## Our Ideals

All about experiencing

Love



1. Heart
2. Purpose



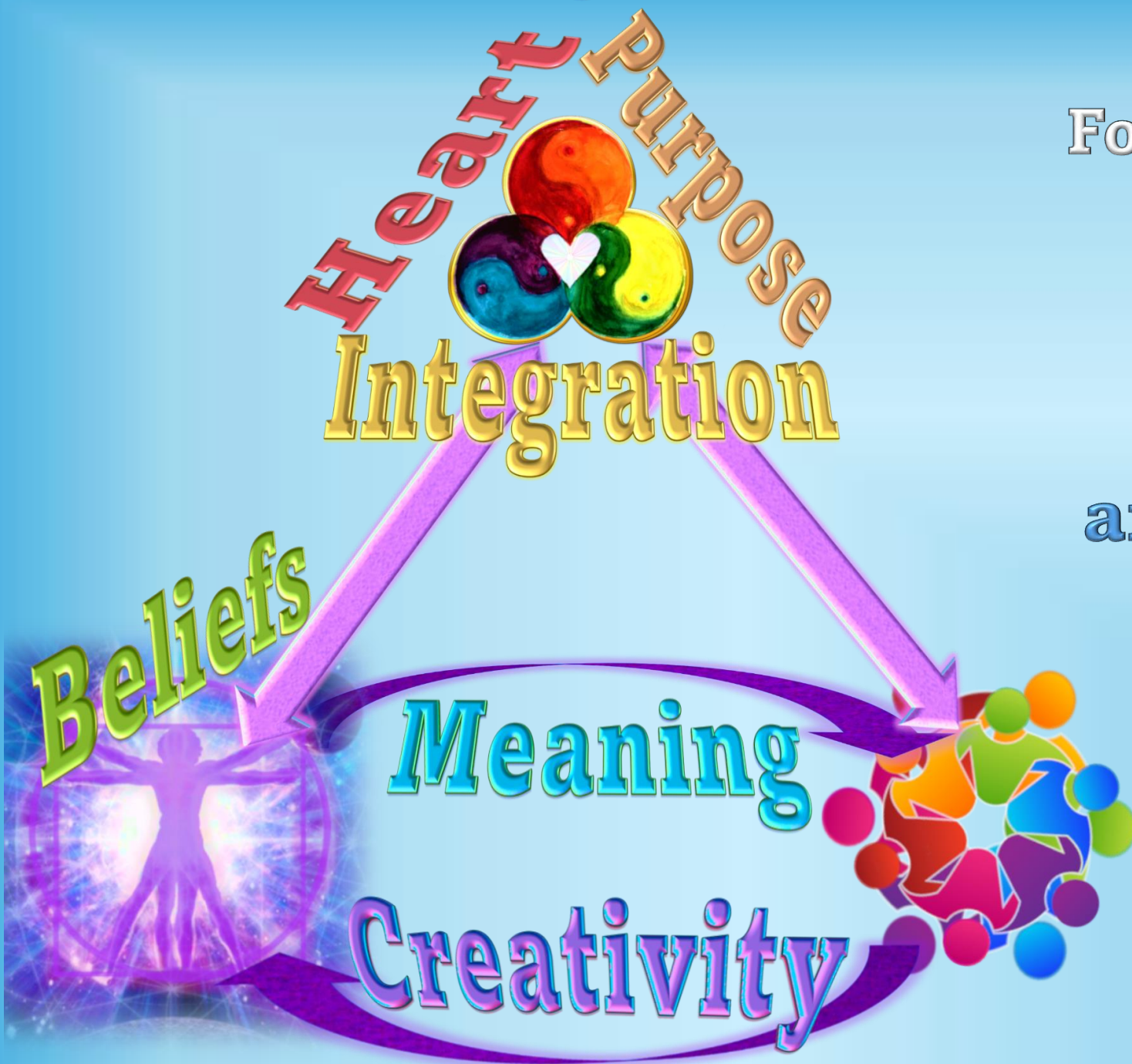
3. Our Shared Purpose of  
Love connects Everything in  
a system of Integration



Foundation for  
developing healthy  
consciousness  
*Air / Food / Sunlight*

Differentiation  
The Becoming of 'I'  
*Education*





Fundamentals  
For developing a healthy  
consciousness

Our values, visions  
and missions generate  
thoughts, words  
and actions, the  
creative process for  
growth and  
expansion.





**Our Life Journey  
Centered on Love  
Results in Peace**



# Growth

**The 7 Core Fundamentals  
for Developing  
A Mature, Healthy, Happy  
Consciousness**



# **A New Model of Consciousness**

**Malignant/Unhealthy**



## **Malignancies**

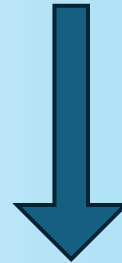


**Healthy / Mature**



**7 Malignancies  
of a Sick  
Consciousness**

**Model of Health**  
**Diagnosis of Sickness**  
**Cure for Restoring Health**



**7 Core  
Fundamentals of  
a Healthy  
Consciousness**

**7 Practices for  
Healing  
Consciousness**







# The Ultimate Consciousness Movement

Malignant/Unhealthy



**Malignancie**



Healthy / Mature



**7 Malignancies  
of a Sick  
Consciousness**

**7 Core  
Fundamentals of  
a Healthy  
Consciousness**

**7 Practices for  
Healing Individual  
Consciousness**


**Causes for Securing  
Peace in Collective  
Consciousness**

***Uprising  
Revolution  
from the Heart***





# The Audacity!



"When life itself seems  
lunatic, who knows where  
madness lies?

Too much sanity may  
be mad.

But maddest of all  
is to see the world as it is,  
not as it should be!"

Don Quixote

**We are responsible for the  
Consequences of our choices.**

**Ideals of Love is my  
self-examined response  
for making choices.**

***What's yours?***





# *Uprising*

*Post-Election Zoom*

*Saturday, Nov. 9 8am MDT*

*Go to [IdealsofLove.com](http://IdealsofLove.com) for Zoom link*