

*Welcome to the  
Ideals of Love Experience!  
This is my manifesto for how to  
build a world of lasting peace.  
What's yours?*



*'Make no little plans; they have no magic to stir men's blood.'  
Daniel Burnham*

*Prepare for a Life Altering Journey!*



*All that truly matters is developing our capacity to Love, everything else is transient. Civilization should be organized around fulfilling Love, yet our paradigms are broken, lacking unity of purpose, threatening our very existence. We need a new paradigm, one that clarifies beyond all doubt that the unifying purpose of life and the Universe is Love.*



*The Ideals of Love Paradigm is founded  
upon seven sequential pillars, realizing a  
Practice of Enlightenment  
Framework for Relationships  
Blueprint for World Peace*

**Purpose-** *Ideals of Love reveals the imperative of having certainty of purpose for building our relationships.*

**Heart-** *Ideals of Love reveals we are connected to others as One in Heart- the key to inner peace, peaceful relationships, world peace.*

**Integration-** *Ideals of Love reveals that Love is realized in a system of integration. To be integrated is to live with integrity.*

**Beliefs-** *Ideals of Love reveal the Truth, Beauty and Goodness throughout the Universe, the standard for building our belief system of Love.*

**Alignment-** *Ideals of Love reveals what we value in our relationships, giving us visions of Love and conviction to commit to our missions.*

**Revolution-** *Ideals of Love reveals the inevitable disruption of all that perpetuates unlovingness.*

**Culture-** *Ideals of Love reveals a framework that leaders can use for harmonizing all areas of life, freeing all people to realize peace and happiness for all time.*



There is no relationship outside of a purpose.  
Purpose is cause, our *raison d'être*,  
motivation, incentive, our 'why'

*'Love is the only sane and satisfactory answer to the problem of human existence'*

*Erich Fromm*

# **What do you want for your Life?**

- Have peace, joy and passion**
- A knowing that goodness prevails**
- See the world thru the eyes of Love**
- Expand unique expression of Love**
- Develop virtues/ character of integrity**
- A big, compassionate, kind Heart**
- Healthy sense of body, sexuality**
- Hunger to learn, expand horizons**
- Nurturing, peaceful homelife**
- Circle of friends you Love like family**
- A lifelong, intimate relationship**
- Know the joy of parenting**
- Deep connection with nature**

- Appreciation for food and cooking**
- Hobbies that tap into your creativity**
- Career that utilizes your superpower**
- Joy of teamwork and collaboration**
- Satisfaction you made world better**
- Enjoy the fruits of your labor**
- Bless others in your abundance**
- Harvest your memories of Love**
- Surrounded by family in golden years**
- That the Love you sowed in your life  
created an eternal bond of Heart!**



*In my lifelong search for purpose, my conclusion is that every person longs for these same things. Imagine if throughout history we had been focused upon realizing these wonderful purposes for all people?*



*If happiness is what we all seek,  
why has history been filled with suffering?  
Why do we perpetuate conflict and strife?*



# Why is it so difficult to realize a lasting peace?

Paradigms are the systems we build our lives upon.

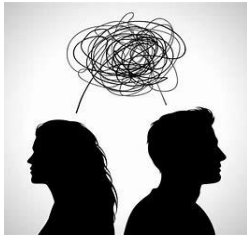
Our paradigms have taken us far, yet they are riddled with flawed, limiting, antiquated, confusing, magical thinking beliefs. They separate us from each other and from our connection to the natural world.

They are part of the problem.

The proof is all around us:

**Religious Tribalism:** strife throughout history- horrors committed in the name of God- hypocrisy on display- fearmongering leaders, cognitive dissonance and gaslighting, acquiesce personal responsibility, give rise to counter teachings to expose religions lies - reject any existence of spirit leading to nihilism, atheism, Communist authoritarians that commit unspeakable atrocities, human violations and mass murders.

**Personal Despair:** lose sense of our value-sabotage of Love- alienated from others- lonely place of depression, mutilation, victim mindset, projecting pain and anger justifying perverse selfishness expressed as sexism, racism, ageism, emotional, physical murder, dis-eased soul, epidemic of mental disorders- narcissism, bi-polar, schizophrenia, anorexia, phobias. Ignorant of continuum of Love/eternal existence- death becomes hopeless, perception that causes inconsolable heartache, dreaded endgame of mortal death. incalculable cost to all! Sexual objectification, optimized by the porn industry, devolves into worst vices: perversions, predators, rape, incest, child sex, domestic abuse, sex trafficking, slavery, hook-up culture, unwanted pregnancies, abortions, STDs, homophobia. Confusion about relationships, heartbreak, disillusionment, loneliness, depression, addiction, suicide.



***Conflict within the Couple:*** What should be the most Stabilizing of relationships becomes the most destabilizing. Emotional neglect, Ignorance of purpose, selfishness, affairs, insult to trust- divorce, family divisions, all leading to a slew of other social problems.

***Breakdown of the Family:*** Missed opportunities for Love, afraid of strangers, treat others with suspect, rampant, endless conflict, lack of feeling safe. Murder, famine, poverty, homelessness, living in squalor, exploitation. *National* exceptionalism, culture of master over servant, slavery in the workplace, disenfranchised, manipulated slimy politicians who do the bidding of wealthy.

***Destruction of the Planet:*** Exploitation, poaching, corporate rape the land, toxic waste. deforestation, destruction of habitats. Unsustainable farming, pollute the air, poison the land with pesticides, killing off vital ecosystems. Modifying foods, hormones in livestock, disrupting nature, consequences we have yet to imagine- epidemics and pandemics. Denial and lies about global warming, damaging carbon footprint, disrupts weather patterns, disastrous storms and natural disasters, desertification, death of coral reefs, choking nature on all levels. Irreparable damage for generations to come.

***Perpetuation of strife:*** Nefarious leaders, ideologies that ruthlessly pillage innocent people. Unthinkable atrocities committed in the name of global dominance, selfish ambitions driven by fascist, authoritarian ideas. Mobilization of masses thru fearmongering, scapegoating, weaponizing ignorance, toxic nationalist fervor. Military Industrial Complex in all its waste, weapons of mass destruction, nuclear annihilation. Legacy of war, destruction of infrastructure, landmines, poisonous gases, lethal weapons, perpetuation of grievances, displacement of people, war crimes. Endless list of violations: industries that exploit vice, institutional corruption, greed driven capitalism, wall street speculation that adds no value, tax avoidance of 1%, political lobbying of wealthy, voter suppression, lack of equality, lack of healthcare, lack of government accountability, toxic work environments, nefarious artificial intelligence, dark web, etc, etc, etc...

Perplexed of our purpose, relegated to our  
lowest common denominator, held hostage  
to confusion and the whims of madmen



# Perplexity of Purpose

*A guitar creates beautiful music.*

*If ignorant of its purpose*

*someone might use it for firewood*

*Such is the confusion that exists in our world.*

*'We never see others, we see aspects of ourselves that fall over them.*

*Shadows and projections.'*

*Carl Jung*

***'We cannot solve our problems using the same thinking that created them' Einstein***



**We stand on the threshold of history, striving towards the world we know is meant to be, yet lacking the ideas to unite us in a shared purpose to get us there.**

*There is a solution; a new paradigm!  
One with the power of ideas to transcend the limitations  
of our current paradigms, one that can unite us in  
a shared purpose for realizing lasting peace.*



*'There is nothing more powerful  
than an idea whose time has come'*  
*Victor Hugo*

*What purpose has the power to serve  
at the core of lasting world peace?*

## **We Already Know!**

**In every area of life:**

- **Personal affirmations**
- **Spiritual prayers**
- **Parental guidance**
- **Education curriculums**
- **Commencement addresses**
- **Wedding vows**
- **Business goals**
- **National constitutions**
- **International charters**
- **Space exploration**

**In our Ideals**

# Ideals of Life's Potentiality

are realized in relationships,  
otherwise known as

## Love

Love is vitality we feel when connected

Love is awe we experience in creation

Love defies reason, giving all we have

Love is our essential, transcendent self

Love is expressed in infinite expansion

Love longs to be one with another

Love is passion and ecstasy

Love is the pure joy of being alive

Love knows no bound to care for others

*Let us unequivocally declare that  
the purpose of life is our Ideals of Love!*



*Declaration of Purpose  
is the Indispensable  
Foundation for Peace!*



***Certainty of Purpose brings awareness  
that our design of Love is one in the  
same with everything in the Universe.***



*The Universe is an expanse  
of truth, beauty & goodness,  
driven by a force that longs  
to realize Ideals of Love!*

***‘Once you make a decision, The Universe  
conspires in your favor to make it happen’***

***Ralph Waldo Emerson***

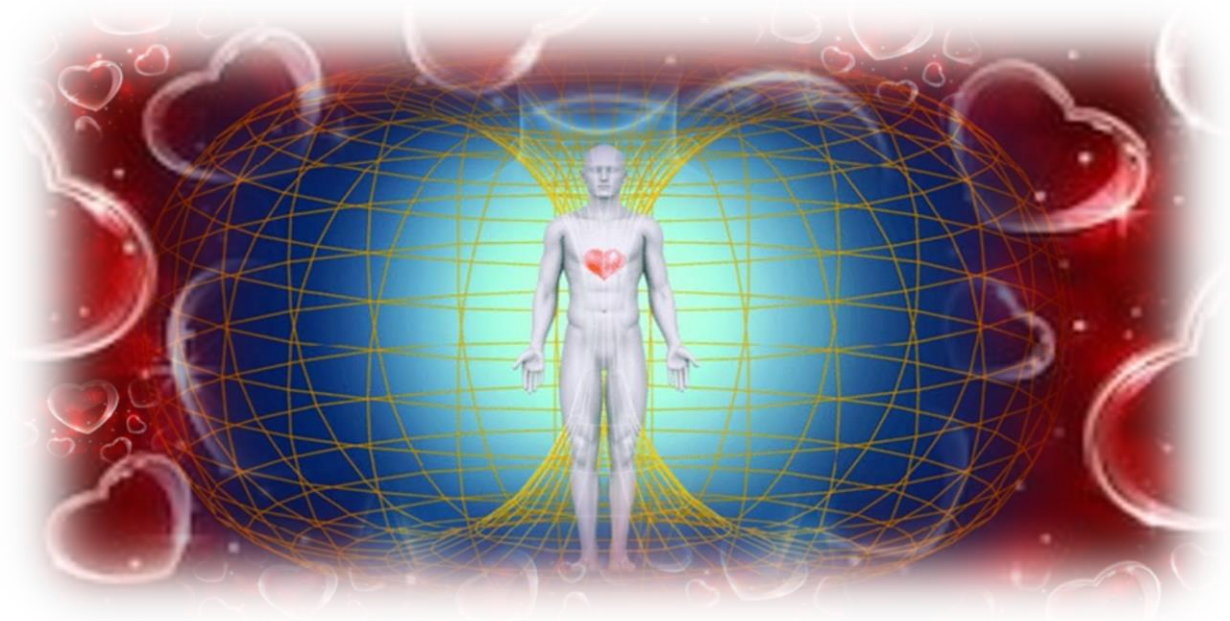
***Reflect on a time in your life when the force of Ideals of Love was conspiring in your favor.***



***My Force of Ideals of Love Story***

*My wife and I were introduced by our spiritual leader and married three days later. Our messianic movement believed we could save the world through interracial and international marriages. We had five children in five years. Our arranged marriage was tested when my career as a mortgage broker imploded in the financial crisis of 2008. Our home was foreclosed on, and we moved in with my parents, coinciding with their failing health. Our plan was to stay a year, but when my father fell, we became fulltime caregivers. Together with my 11 siblings, we cared for my parents for the next ten years. Many unresolved family dynamics surfaced, in need of healing. My father's passing was at home, surrounded by family. There was a feeling that we had done right by my parents and by each other. Through it all, our children gained a deep Love within a three-generation household, and the siblings worked through many childhood issues. But the greatest breakthrough was gained for our marriage. Megan's dedication to my parents' care won my heart to the core. After thirty-three years, we are more in Love now than ever. It confirmed how the force of our Ideals of Love guided us through our challenges, always conspiring towards our highest good.*

# 2<sup>nd</sup> Pillar Hearts



For Ideals of Love to be our unifying purpose,  
we must know what they are, from where they  
originate, and how they connect us to each other.

*The surest way to Love is to contemplate the well-being  
of those we care about and the life of every child.*



**Taken at the scene of an opioid overdose, the child still in his car seat.**

*Let us take a journey to where our Love resides*

*'Wherever one person takes another into the care of their heart,  
they have the power to bless.'*

*John O'donahue*

## Connecting to the Source of Caring and Compassion from Within



Reflect upon your highest hopes  
and wishes for your Beloved  
for all the children of the world

# Our List of Blessings

- *A knowingness the Universe conspires to their highest good*
- *Childlike wonder & deep appreciation for the miracle of life.*
- *A peaceful and calm mind, knowing that Love always prevails*
- *A strong sense in the goodness of life and all things*
- *A spiritual practice that affirms Source as Love*
- *The perspective to see the world through the eyes of Love*
- *That they have a childlike purity of heart, Love for all people*
- *A deep self-Love and knowingness of their Divine uniqueness*
- *They develop within themselves the virtues of Love.*
- *A strong will to persevere in what they set out to accomplish*
- *A hunger and Love for learning*
- *A home life that is nurturing and safe.*
- *Wholesome and happy friendships*
- *A great school community for developing their full character*
- *That they have a healthy sense and respect of sexuality*
- *They experience an intimate relationship that lasts for life.*
- *A loving circle of relationships they can call 'Family'*
- *They develop the maturity of a parental heart towards others.*
- *They experience the incredible joy of parenting.*
- *To know the abundance of life, the abundance of Creation*
- *A deep Love for nature and for all living things*
- *To experience the Love of creation through outdoor activities*
- *That they travel the world to see what a wonderful place it is.*
- *A deep appreciation for food and cooking.*
- *They have hobbies that put them in touch with their creativity*
- *A Fulfilling career that makes a positive impact on others*
- *That they enjoy the fruits of their labor*
- *The joy and comradery of working with others as a team*
- *The satisfaction that their lives made the world a better place*
- *That they can enjoy their golden years. surrounded by Love.*

## Did all these Blessings resonate with you?

Participants of the Blessings Exercise unanimously experienced as the truth beauty and goodness of Love within these shared blessings .

What Name do we give this place of Love's wisdom that people from all walks of life identify with?

What universal symbol of Love do we all share?

Big Heart

Growing Our Heart

Heart to Heart

Sacred Heart

Light Hearted

Hearts on fire

Heart Wrenching



Sweetheart

Heartache Take Heart

Bless your Heart

Kindhearted

Heart of Gold

One Heart

Heart's Desire

## I Love you with All My Heart!

*'Take my Heart, take my whole life too, for I can't help falling in Love with you' Elvis*

*By contemplating our hopes for others, we  
connected to an inner wisdom that cares for all.  
This is what it means to live from our Heart.*



**Our Impulse to Care comes from our Heart.**

**It is our Guiding Light, Inspiring us in our  
highest Ideals of Love. It fills us with hope,  
renews us, giving us courage to Love.**



*As a couple longs to care for a child, could it be we are borne out from this same longing to Love?*



*We inherit a capacity to Love. We are guided to cultivate virtues of Love. We instinctively emulate Parental Heart towards others.*

*What better way to grasp our place in the Cosmos!  
More power must be directed our place in the Cosmos!*

***Seeing from a Parental Heart is to see everything in its fullest potential. Such a viewpoint is the prerequisite for lasting peace.***

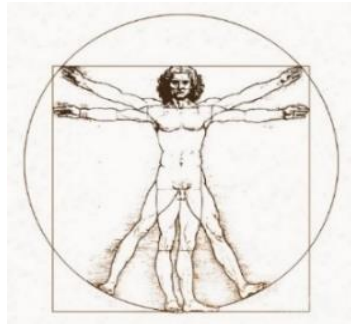


# 3<sup>rd</sup> Pillar Integration

Actualizing a World of Heart

What system strives towards Love?

- Everything works together harmoniously
- Health of Individual = Health of Whole
- Health of Whole = Health of Individual
  - ~ What happens to one impacts all
  - ~ The Intention is always for the best
  - ~ Everything plays its unique role



# *Integrated Relationships Dwell within a System of Integration*

Love unites everything  
on fulfilling the  
shared purpose of  
producing healthy  
happy, harmonious  
relationships



*I am in the universe and the universe is in me*

***Systems of Integration are designed to realize the highest good for all relationships. Ideals of Love reveal seven relationship areas.***

*1<sup>st</sup> Source, Parental Heart  
2<sup>nd</sup> Soul, Essence of Being  
3<sup>rd</sup> Physical Mind/Body  
4<sup>th</sup> Committed Couple  
5<sup>th</sup> Family, One Heart  
6<sup>th</sup> Nature, Universe  
7<sup>th</sup> Co-Creating Peace*

**One who strives to consistently realize love in all their relationships is Integrated = Integrity**



m

anchors us in our striving.  
It is our token of integrity,  
our talisman of wisdom,  
our charm of peace.

*It was inspired from the*

Three Great Blessings



That which does not Integrate Dis-integrates

Integration exposes the disintegration of Love,  
a state of separation from one's own Heart

Why would anyone willingly participate in a  
system of division, alienation, suffering and fear?

'They win us with honest trifles to betray us in  
gravest consequences' Shakespeare



What perpetuates our self-inflicted foolishness?

Why do we keep repeating the same mistakes?

There is one explanation to this willful  
ignorance and deceit - Unloving Beliefs



# 4<sup>th</sup> Pillar Beliefs

Power to Create and Destroy

Brings Ideals into Reality

Existence was First a Belief

Life is as Big as Largest Belief

The Clearer our Beliefs,

the more likely will be the desired outcome.

Believe you can, Believe you can't-you are right!

# How are Beliefs Formed?

Intellect = We believe is Truth

Emotion = Attracts us as Beauty

Will = We determine as Goodness

Intellect = Truth  
Emotion = Beauty  
Will = Goodness

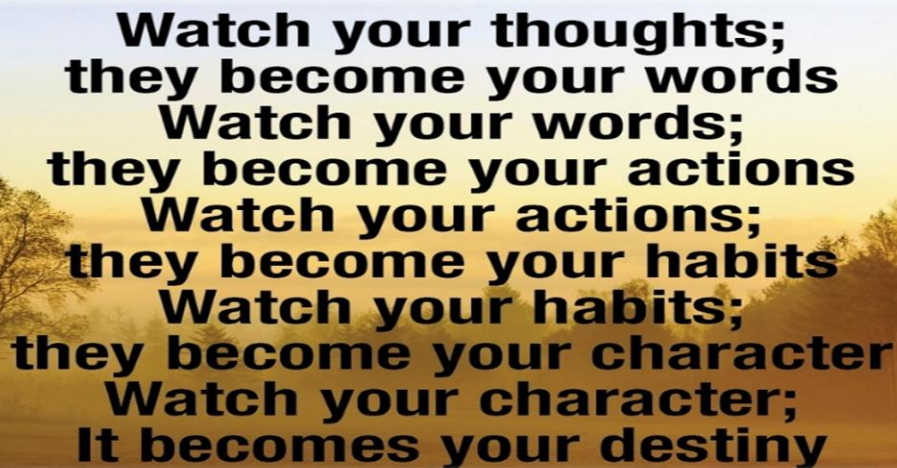
# Consciousness



# Becoming

*Intellect, Emotion & Will = Consciousness*

*Acting upon our beliefs shapes us into the person we become.  
Baked in over the years, beliefs harden us to live out the  
self-fulfilling destiny we have settled on.*



**Watch your thoughts;  
they become your words  
Watch your words;  
they become your actions  
Watch your actions;  
they become your habits  
Watch your habits;  
they become your character  
Watch your character;  
It becomes your destiny**

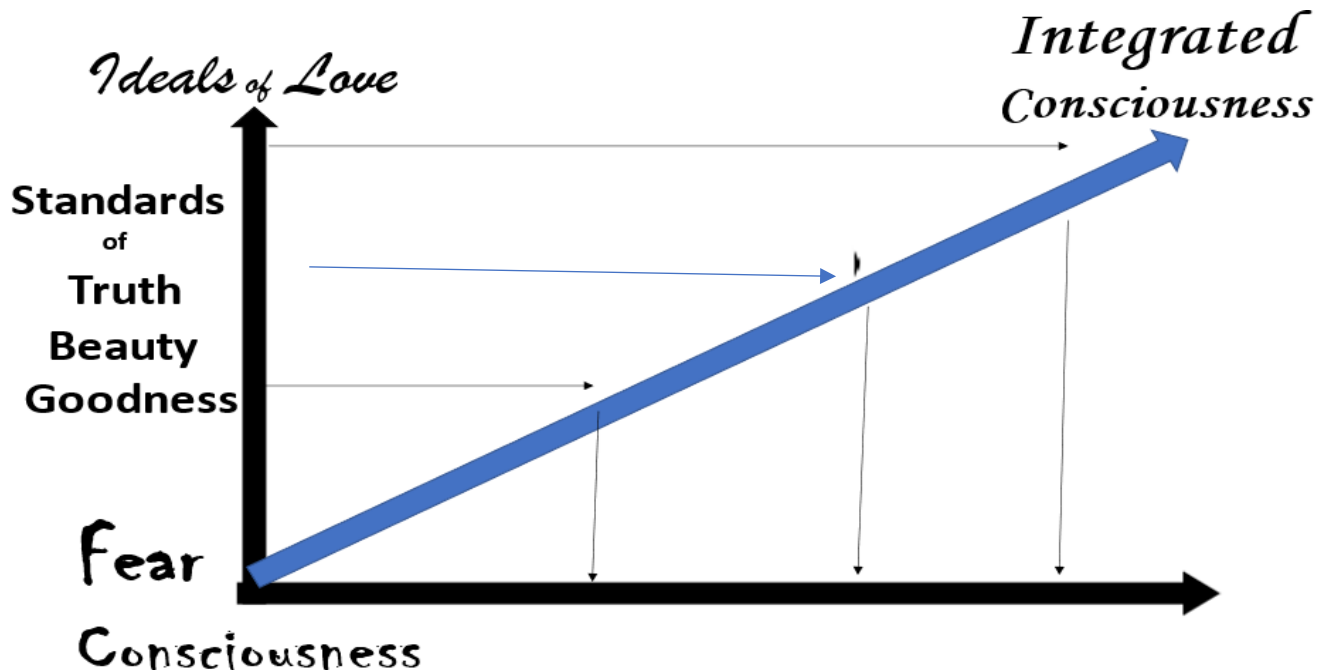
*We receive our beliefs from the*  
***Collective Consciousness***

*Different standards of Truth, Beauty and Goodness shape the beliefs embedded in our belief systems/ paradigms, impacting all relationships and our potential for Love.*



*'No man is an island'*     *Thomas Merton*

# The Spectrum of Consciousness



-On one end of the spectrum -

**Integrated Consciousness**

-on the other end of the spectrum-

Disintegrated relationships, alienating us,  
feeling alone, creating a scarcity mindset, a  
fearful place to be - **Fear Consciousness**

***How do we secure an integrated consciousness?  
People of Love strived to align their beliefs  
with the wisdom from their Heart***



**Truth, Beauty & Goodness**

**in the design of Love all around us.**

**Observing them in our Ideals of  
Love allows us to capture our  
own beliefs from the Heart.**



*Truth Beauty Goodness Ideals Love- TBGIL Beliefs  
Purpose Centered, from the Heart, with Integrity*

*Universal Truths manifested as  
infinite varieties of Unique Beauty,  
towards Ultimate Goodness of all.*

# *TBGIL Practice*

## *Ask of any Ideal of Love: (Jaz' Examples)*

*Truth:* *What is intellectually true about this? What universal principle is at work?*

*Beauty:* *What is emotionally beautiful, uniquely amazing that attracts us to this?*

*Goodness:* *What is willfully good, an ultimate result of goodness this brings to all?*

### *A knowing that the Universe is conspiring to support us*

**Truth:** There is a force that has been at work in our lives that always wants the best for us.

**Beauty:** See everything as a gift, filled with gratitude, sense of being cared for.

**Goodness:** Confidence that it will all work out in the end, a positive outlook on life.

### *To experience the joy of serving others*

**Truth:** Our deepest joy comes when we want nothing more than to make others happy.

**Beauty:** A serving Heart brings joy into the world

**Goodness:** Harmony is everyone is serving everyone.

### *To have the discipline and passion to master a skill*

**Truth:** We have character to accomplish great things.

**Beauty:** Bringing mastery expresses & expands Love

**Goodness:** Elevating our potential is a gift to everyone

### *That our lives are blessed with lifelong intimacy*

**Truth:** Intimacy is within the design of every person

**Beauty:** Intimacy is a powerful expression of Love

**Goodness:** Sex strengthens our commitment, enhances our joy together and is good for our health

### *A home life that is nurturing and safe*

**Truth:** Knowing our self-worth of Love starts at home

**Beauty:** A happy home life is what all people are attracted to be a part of

**Goodness:** Healthy homes are the foundation for healthy societies

### *That we know life is designed to be abundant, as throughout nature*

**Truth:** Nature is abundant, teaching us that we too can live abundantly

**Beauty:** Abundance feels nurturing, that we are always cared for

**Goodness:** An abundance mindset makes us generous towards others

### *Enjoy our creativity and the satisfaction of the result of our labor*

**Truth:** we have the power to bring Ideals into reality

**Beauty:** Being satisfied with our work is a joyful feeling

**Goodness:** Our labor adds value and creates wealth for the benefit of all people and for posterity

*These are your <sup>4f</sup>Beliefs of Love!*



# *Owning our Becoming*

*'Our deepest fear is not that we are inadequate.  
Our deepest fear is that we are  
powerful beyond measure.'*

*Marianne Williamson*



*True Freedom is Embracing our Response-ability  
to Create Loving Consequences out from our Beliefs*

TBGIL Centered Conversations are  
Intellectually Truthful - Authentic  
Emotionally Beautiful- Inspiring  
Willfully Good- Motivating

Tradition  
Beliefs

Faith  
Beliefs

Social  
Beliefs

Economic  
Beliefs

TBGIL Beliefs

Ideological  
Beliefs

Like Planets orbit the Sun,  
TBGIL Beliefs are my Center,  
informing all other Beliefs

# 5<sup>th</sup> Pillar Alignment

*I don't care what you believe until I believe that you care*



*Ideals of Love is our point of reference for  
identifying values, visions and missions  
that serve in realizing our purpose.*

*Life's most precious gift are the bonds  
of heart we forged along our journey.*



***When making a choice, ask yourself:***

***Why is this person/place/thing Valuable to me?***

***What Visions do I have for realizing Love?***

***What Missions am I willing to commit to?***

# Aligned with the Purpose of Love

Intellect, Emotion, Will

Truth, Beauty, Goodness

Values, Visions, Missions

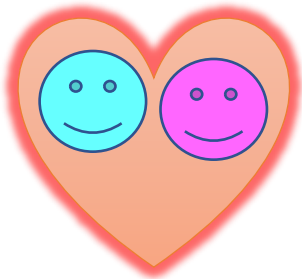
Thinking, Feeling, Doing

Mind, Spirit, Body

*Internalizing our Seven Integrated Values, Visions, Missions is the foundation for building relationships, becoming our internal compass, spontaneously guiding our thinking, feeling and doing, shaping our mind, spirit and body*

***SIVVM includes all relationship areas,  
bringing in diverse points of view,  
fostering curiosity, unleashing creativity***

*Seven Integrated Values Visions Missions  
Supreme Relationship Methodology.*



**Couples SIVVM**

**Family SIVVM**



**Organization SIVVM**



# 6<sup>th</sup> Pillar Revolution

*'I feel safe in the midst of my enemies, for truth  
is all powerful and will prevail' Sojourner Truth*

**Ideals of Love Paradigm  
exposes all that is not Loving,  
disrupting the status quo,  
overthrowing obsolete paradigms,  
rendering belief systems irrelevant,  
Igniting a Revolution from the Heart!**

**With Heart as our authority, people  
will be tripping over each other  
to perform acts of kindness**



**In the world of Heart, society is organized  
towards fulfilling our Ideals of Love.  
Relationships not centered on this  
purpose shall invariably fade away.**



*Religious, ideological, economic and cultural paradigms will dissolve into one, integrated paradigm of our Ideals of Love.*

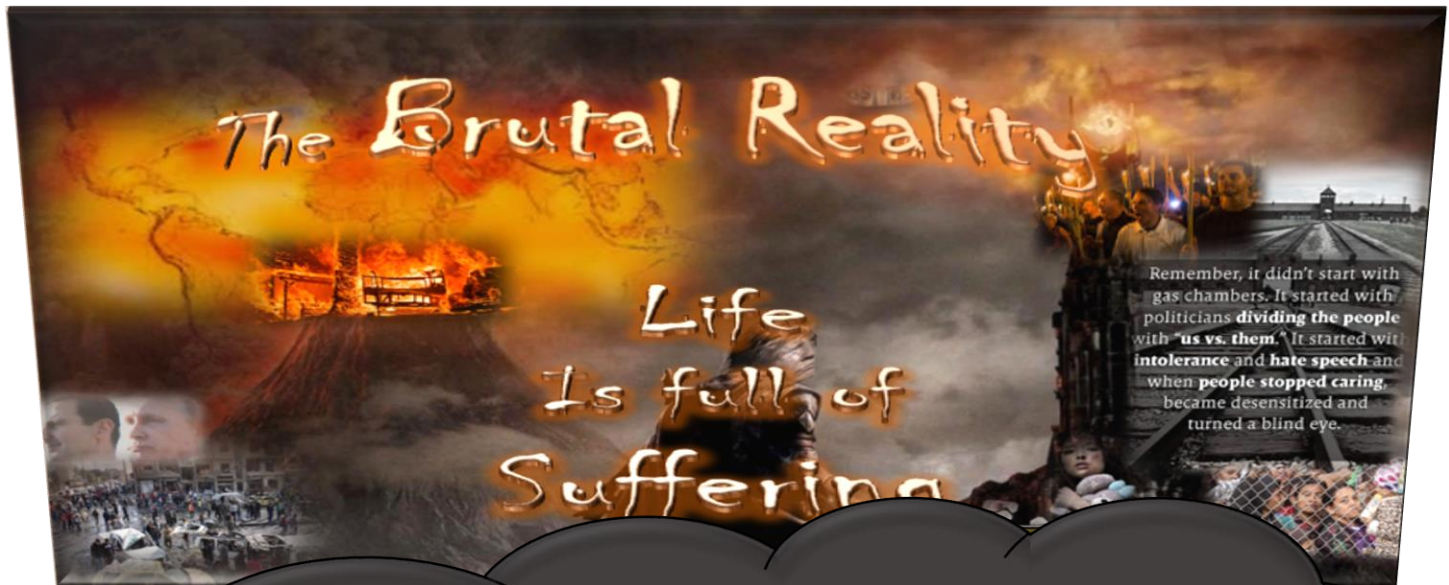


*The place we go to worship will be the sanctuary of each other's Heart.*

*Once free from dogmas, we become champions of Love's purpose as warriors of Heart.*

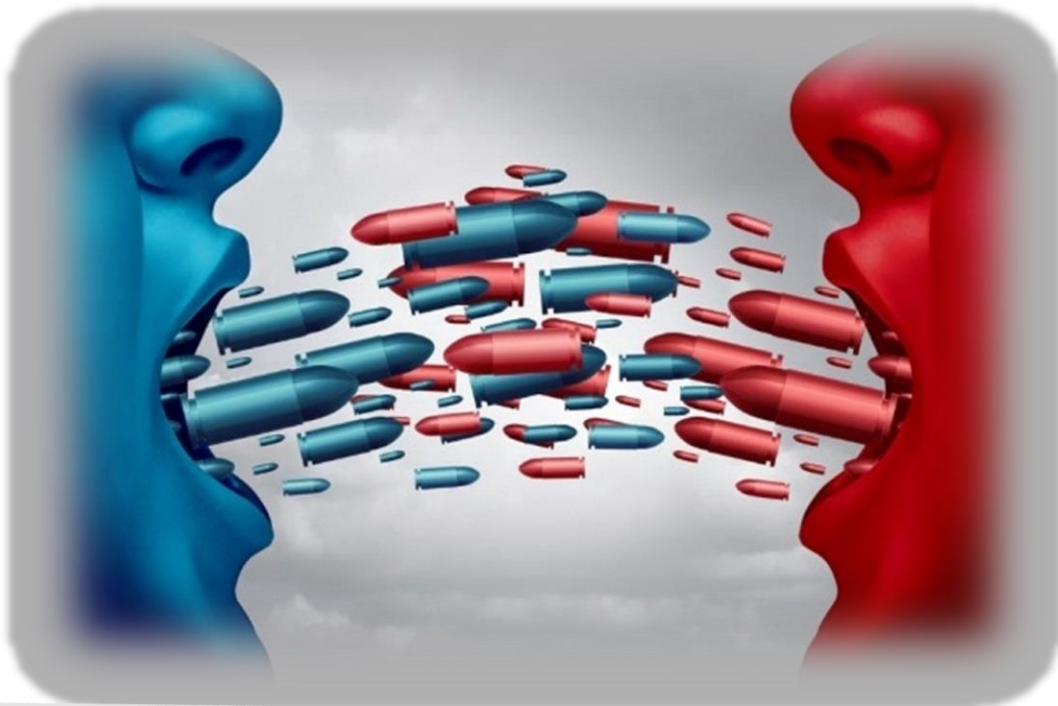
*'Our greatest strength lies in the gentleness of our Heart'* *Rumi*

# Not everyone is ready to live in the Age of Ideals of Love



Humanity is struggling, managing the fallout of broken paradigms, living in scarcity, vulnerable to confusion, exploited by those who activate limiting, flawed beliefs.

# How do we Realize the Peace of an Integrated Consciousness while living in Violence from the lies of a Fear Consciousness???



*'We're all islands shouting lies at each other  
across seas of misunderstanding' Rudyard Kipling*

*Ideals of Love transforms our lives and relationships,  
emulating hope and happiness to everyone we meet.*



*When people see others dwelling in the  
peace of an integrated consciousness,  
they will naturally want to follow*

# 7th Pillar *Culture*

*'None are Free until All are Free' MLK*



Culture is a Product of our Paradigms.  
A Paradigm of Love Creates a Culture of Peace

*Peace is a harmonious culture  
created from within, expanding out to the  
couple, family, community and world.*



*Cultures of Peace are Built by  
Leaders of Integrity, Chosen  
for the Depth of their Heart.*

*Certainty of Purpose Fills us with Courage,  
liberating us to stand up & speak out!*



*Peace Leaders are Love Advocates*

*Peace Leaders are Love Advocates*

*Conversations of Love unleash  
the power of connection for  
creating cultures of peace*

*The Meaning of Life is found in the fulfillment we experience while supporting others on their journey.*



A culture of caring by sharing

1<sup>st</sup> Source: Sharing answers to the mysteries of existence

2<sup>nd</sup> Soul: **Sharing the core fundamentals of Life**

3<sup>rd</sup> Mind/Body: **Sharing personal growth, self-acceptance**

4<sup>th</sup> Couple: **Sharing True Love, relationship enrichment**

5<sup>th</sup> Family: **Sharing parent ed, family cohesion, community**

6<sup>th</sup> Nature: **Sharing sustainable prosperity, healthy planet**

7<sup>th</sup> World Peace: **Sharing agency to impact the future**



Be  
the change  
you want to see  
in the world

Mahatma Gandhi

The Future is NOW



ILP is yours for the taking.  
Do Great Things!

Student groups, Dating  
platform, Couples workshops,  
Family camps, Community  
gatherings, Employ  
enrichment, Business  
networking, Spiritual Retreats,  
Social change, global activism



*A possibility seen by one is merely a dream.  
When it is seen by a few, it becomes a vision.  
When it is seen by many, it becomes a reality  
Thank You for seeing what's possible!*

“When life seems lunatic, who knows where madness lies?

Perhaps too much sanity may be mad.

But maddest of all is to see the world as it is and not as it should be!”

Don Quixote