



# Hospice Highlights

## **VOLUNTEER WITH US**

and go on a journey of discovery. Many people are not familiar with what we do at Hospice and mistakenly think it is all about death and dying (aka doom and gloom). And, yes, there is that, but also so much more.

The first thing that new Volunteers notice is the office is filled with fun and laughter because we really enjoy what we do. And what we do is help people. What's not to love, right?

Next, they realize that they are becoming more comfortable talking about those tough topics. No one wants to think about death, but I hate to tell you...it is inevitable. So if we get comfortable with it now things might go smoother when the time comes. Why not spend the rest of your days making peace with it instead of dreading it?

And eventually the Newbies find their niche. This is when they decide what areas of Hospice they would like to become more involved with. And there are so many directions they could choose from when covid permits.

- Calling a shut-in once a week just to say hi.
- Talking to someone about Advance Care Planning.
- Playing cards with someone in hospital.
- Relaxing and chatting at Video Club.
- Laughing it up at Book Club.
- Helping with fundraising.
- Helping someone make a legacy video.
- Helping with our Caregiver program.

This, and so much more. Give us a call and let us know where you would like to volunteer.  
250-635-4811

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**Terrace Hospice Society**

**<http://terracehospice.org/>**

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